

The Runestone: Voice of the Asatru Folk Assembly



Asatru Folk Assembly

Asatru is about roots... It's about connections... It's about coming Home.

www.runestone.org

March 2026

 Runestone.org

 Email the Witan

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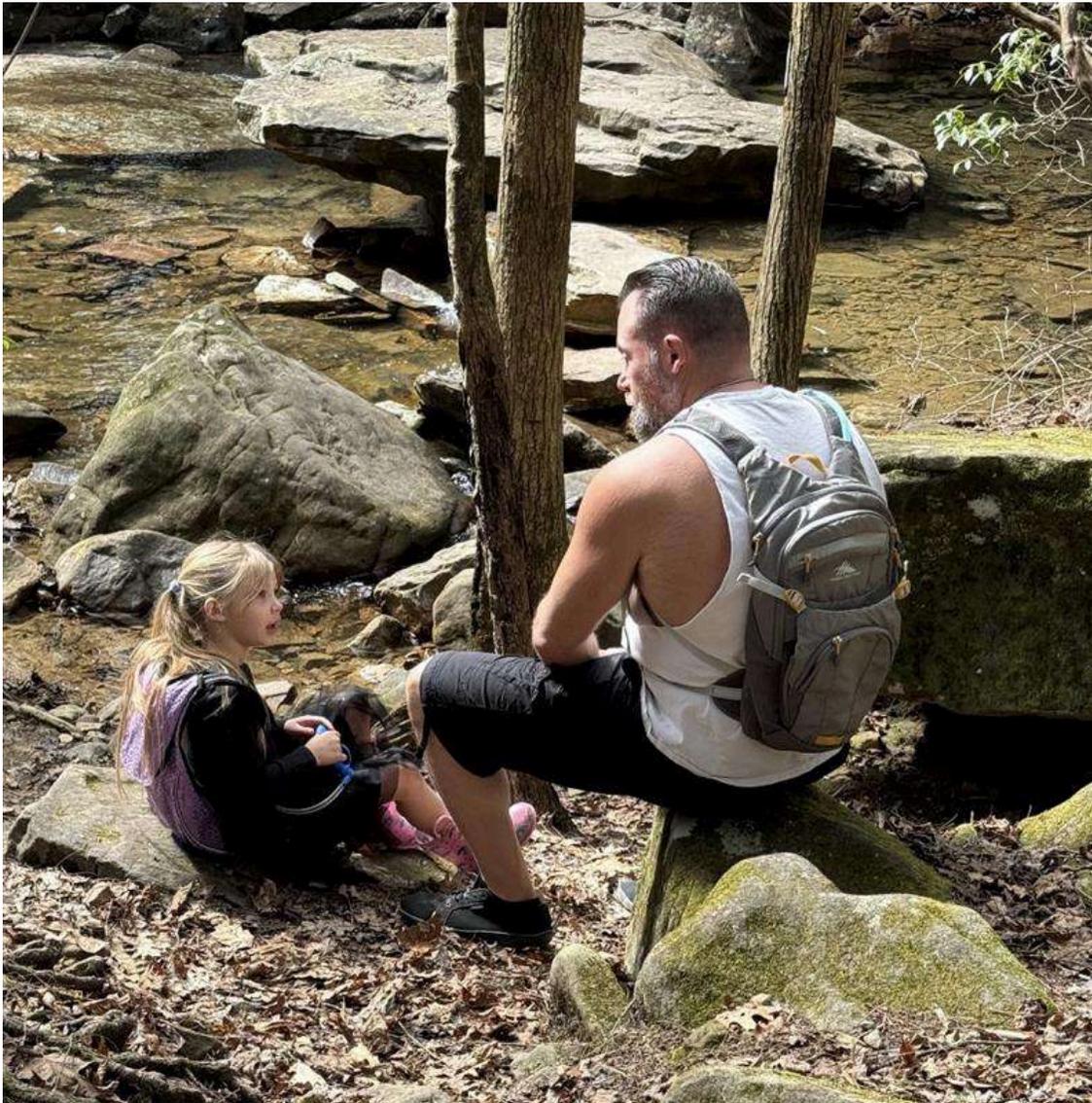
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Donate to the AFA

Words from the Allsherjargoði



It is a beautiful morning here in Jackson County, Tennessee! It has been amazing to be so close to so many members and 8 driving hours from 3 Hofs. Because we are close to members, in February we have done Moots and AFA interaction every week and more than that at times. Proximity has always been a challenge in modern Ásatrú but we have

come a long way in overcoming this hurdle. We are still at a stage where getting the life you want, the community you want, the spouse you want may require moving. That is a challenge for sure but it is absolutely a challenge you CAN do and should consider.

When our AFA family resolve to move to the towns/counties where we have Hofs, we will see the AFA's might and the lives of our members dramatically elevated. I am inviting you ALL to move here, to Jackson County, so we can build the Home of Victory and make this THE AFA stronghold! If Tennessee is not your preference, consider moving to Brownsville, California, Linden, North Carolina, Murdock, Minnesota, White Springs, Florida, or Austintown, Ohio. This is a big step, but it is one worth considering.

If you are not ready to move to AFA hubs, I would invite you all to consider Folkbuilding so that you can build an AFA hub near you! Folkbuilding is the best way to accomplish this BUT you can also just be an enthusiastic host for local activity and a Folkbuilder in your district would appreciate the help.

In my experience, if you are willing to make bold moves, the Gods often reward you in ways obvious and subtle.

Heill the Æsir!

Heill the Folk!

Heill the AFA!



NEEDED:

- Architect for Týrshof (metal construction, Tennessee)
- Grant Writer/Grant Finder

- Social Service Sherpa (guide and hand-hold members to get benefits they are eligible for)
- Veterans Administration Sherpa (guide and hand-hold members to get benefits they are eligible for)
- People to make VNS Shorts (we have a system that is easy in quick, we need consistent helpers)

Interested parties please email me at mattflavel@runestone.org

Announcements, News, & Noteworthy

- 2/5 - Herman Oswald Drake received his name before the Æsir



Matthew D. Flavel
Allsherjargoði, Asatru Folk Assembly
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Words from the Spekingr

Your Donations to the AFA are Tax-Deductible!



Hello!

As it is tax season in the US, I want to remind you that if you itemize your tax return (about 10% of returns are itemized, 90% take standard deduction), then you will want to ask the Asatru Folk Assembly for your annual donation total.

So, if you have your taxes ready to file and you are definitely itemizing, please email me (cerickson@runestone.org) asking for your 2025 donations letter. If you take the standard deduction, this is not necessary. Otherwise, keep your money!

See [Publication 526 \(2025\), Charitable Contributions](#) | [Internal Revenue Service](#).

Hail Victory!



Spekingr Clifford Erickson
cerickson@runestone.org

Reconstruction of the Aryan Soul: Sacredness of Time



<https://youtu.be/uzTJNSAOEO4>

Spekingr Brandy Fassett
bfassett@runestone.org



Frith, a Foundational Principle



https://youtu.be/fVTX_IP-NAk



Spekingr Daniel Young
dyoung@runestone.org

Words from the Goðar

Runic Perspicacity



Keep aiming to win. Be specific in your intention. Live like participation trophies were never a thing, because they aren't. You want the gold of victory, not some cheap plastic thumbs up.

It will never get easier, but the victories will get sweeter. Stop viewing easy as a good thing. Nothing easy ever mattered. When you decide on the victorious path, your life will be better. The conquering spirit surrounding you will light your path and clear your way as you reach for the next win.



The idea of the Right Thing is very popular, but the reality isn't. Right Action isn't whatever trendy righteous indignation sells a bunch of merch. It isn't a silly tattoo that has no real meaning. It's not standing there screaming how right you are.

Right Action starts with a daily choice to align yourself with your Folk Soul and Divine Order. It's internalizing the daily rituals that bind us as a people. It's making piety a daily thing, because you're in the presence of the Divine every day.

Right Action is ritual made into a life. Live well.



The more that you have within, the more that you're shielded from on the outside. Gather and collect strength, so that when you need to you can give it your all. Be able to push forward on all fronts, instead of spinning around on just one thing. A well rounded existence radiates out, and obstacles and attacks are more likely to bounce off of it.

Send hardships flying!

Hail the Folk!



Gyðja Anna Plourde
aplourde@runestone.org

A Thank You



Like many in the AFA, both my wife and I are averse to asking for aid. Especially financial aid. The idea that every individual daily needs to stand on their own is deeply ingrained in our culture, even in one as socialistic as the Swedish one. There is a quiet disdain, a dishonor if someone needs to ask for money. We are not spared this mentality. The lone-wolf mentality. The message: “you have to be self-sufficient!” is all-pervasive in society. Particularly in white societies. We don’t want to be a burden on others.

When we requested help from Folk Services, we instead decided to see it as an opportunity for us to try and strengthen the bond we have to the AFA, as it were. We had a need, and there was support to be had. What would happen if we asked for that

support? The same support network we had been giving to for many years?

“Loyalty” is easy when there is no strain. When all is well, when everyone is employed, when everyone is happy and satisfied, it is easy to remain “loyal.”

Loyalty matters when there IS strain. When all is not well. The bond is tried when one is in need, and the other can choose to help (thus practicing loyalty) or choose to walk away, to do nothing.

We have found that the people of the AFA are the loyal sort. The noble sort, who, when one is in need, show up. Thank you so much for all who donated to, and shared, our request for help. And thank you to all the people that help build Frith within the AFA daily.

Hail the Givers!

Hail the AFA!

— Erik Lugnet, member, Freyshof

Do Right and fear no one

Ásatrú Trúlögmál



Ásatrú Trúloðgmál: The fundamental beliefs of the Asatru Folk Assembly.

You can find it on our website at <https://www.runestone.org/trulogmal>.

We have known for a long time that a clear expression of the fundamental beliefs of the AFA was needed and recently, we took the first steps in presenting that in a clear and straight forward way. Please know this is the first step and is by no means all-encompassing. The intention here is to express the very fundamentals of our religion in one place, in a way that is easy for our AFA family to reference as well as a document to explain our religion to those who ask: "What is it that you guys believe?"

Hail the Heroes of Ásatrú that paved the way!

Hail the Asatru Folk Assembly!

Hail the Æsir!

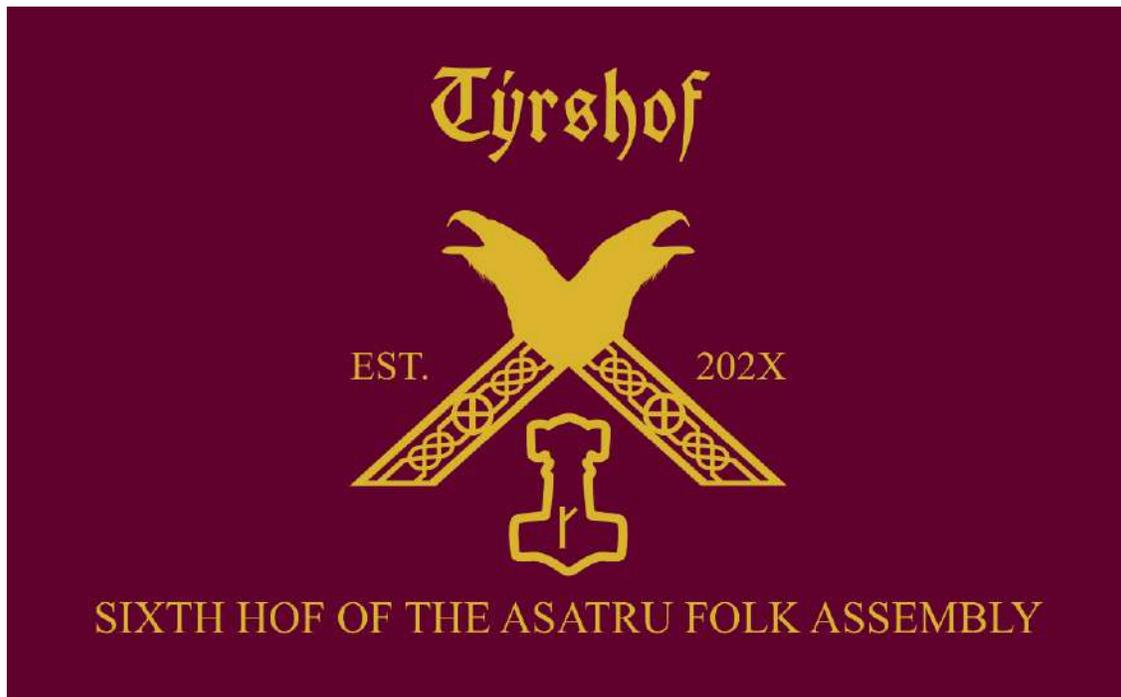


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The Quest for Týrshof

Yet remains that one of the Æsir who is called Týr: he is most daring, and best in stoutness of heart, and he has much authority over victory in battle; it is good for men of valor to invoke him. It is a proverb, that he is Týr-valiant, who surpasses other men and does not waver. He is wise, so that it is also said, that he that is wisest is Týr-prudent. This is one token of his daring: when the Æsir enticed Fenris-Wolf to take upon him the fetter Gleipnir, the wolf did not believe them, that they would loose him, until they laid Týr's hand into his mouth as a pledge. But when the Æsir would not loose him, then he bit off the hand at the place now called 'the wolf's joint;' and Týr is one-handed, and is not called a reconciler of men.

— Gylfaginning 25



Donate to make it happen at <https://store.runestone.org/product/sigrheim/>

Týrshof will be a very different task than our previous hofs. Týrshof will be built from the ground up as a hof to Lord Týr. Týrshof will be built at the AFA capital, Sigrheim, in Jackson County, Tennessee. The Æsir have blessed us with tremendous inspiration on this project and I look forward to sharing that with you as this project takes shape. Due to your tremendous generosity, I believe we will be starting on Týrshof much sooner than some might imagine.

This is the list of things that need to happen before we can break ground on Týrshof:

1. We need to pay off Freyshof; we are currently 35.5% paid owing \$79,538. (\$109/member would pay it off today!)
2. We need to find an architect that works with metal buildings. Ideally, this person will be eager to do this sort of project.
3. We need to assemble a team of members with relevant skills and experience to help with the process. As of now we need site prep people, foundation people, architects/engineers, steel construction people, metal artists.

As developments are made, we will keep you updated and amend the steps necessary and the progress on those steps. This is a historic project and we are ready and resolved to accomplish this amazing task for Týr and the Æsir.

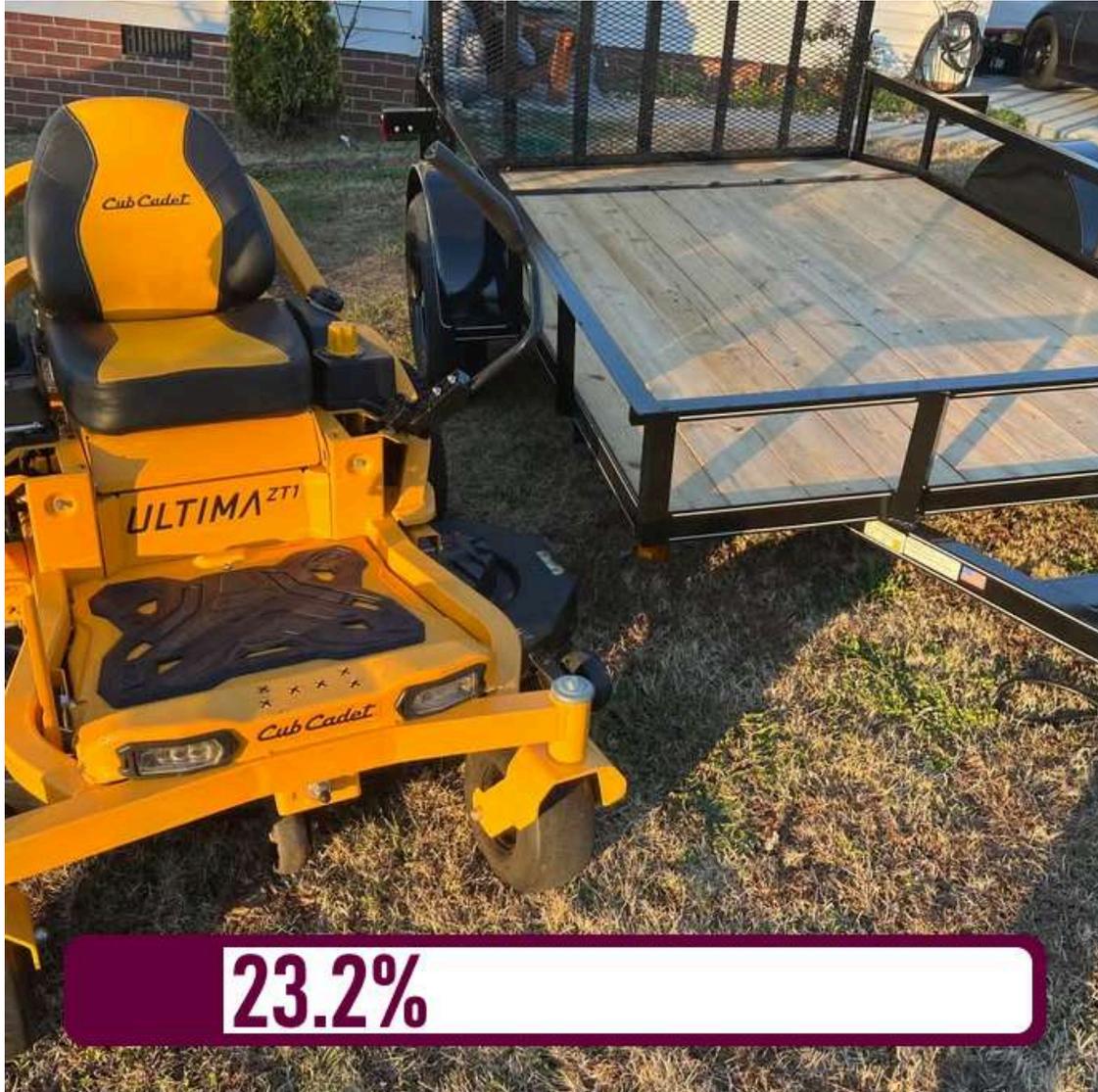
Heill Týr!



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Sigrheim: Home of Victory

Sigrheim Mower Fund



Donate at <https://store.runestone.org/product/mower/>

Last summer, our lawnmower was stolen from Sigrheim. As the capital of our church, this land is more than just acreage—it is a place we consecrated to Týr and the Æsir, a place we gather for holy days, moots, workdays, and the steady building of our future of Victory. We owe it to the Gods—and to one another—to keep Sigrheim beautiful, cared for, and ready to welcome our Folk.



But to do that, we need a new mower.

The cost isn't small, but hiring someone else to maintain the land is exorbitantly more expensive over any period of time—even over a single year, let alone over the lifespan of a proper mower. Last year, we did everything we could to secure that mower: tarps, wheel-locks, and placement out of sight. It still wasn't enough. And as much as we'd love to, we simply can't be on-site 24/7 to guard it.

This time, we have a solution. Along with a new mower, we plan to purchase a small trailer so we can transport the equipment back and forth—keeping it safe, protected, and out of the hands of whoever thinks Sigrheim is their personal shopping center. With this setup, we can continue to be good stewards for the property the way it deserves to be maintained.

But we need your help.

We've been diligent, comparing prices, hunting for deals, and ensuring we spend wisely. We will continue to do so as we raise these funds before any purchase is made. But we can only make this happen together. Every dollar moves us closer to being able to continue proper upkeep Sigrheim and ensuring it remains a place of pride, gathering, and holiness for years to come.

If you can contribute, please do.

If you can share the fundraiser, please share.

Let's restore what was taken, protect what we steward, and keep Sigrheim worthy of the Folk and the Æsir.

Donate at <https://store.runestone.org/product/mower/>



Folkbuilder Nicholas Rice
nrice@runestone.org

Victory Never Sleeps



Victory Never Sleeps, a weekly podcast, airing Wednesdays at 8pm Central, produced by the Asatru Folk Assembly, hosted by Allsherjargoði Matthew Flavel, and featuring weekly special guests speaking on spiritual topics pertaining to our Folk. The show doesn't stop until the questions quit rolling in. Come listen and learn about a variety of topics and truths relevant to our modern Ásatrú Folk.

Æsir. Virtues. Runes. Beliefs.
Doctrine. Cosmology. Literature.
Holidays. Heroes. Lore.

Help support the stream and keep the cameras rolling!

Catch us LIVE with new episodes on Wednesdays at 8pm Central & 6pm Pacific on YouTube, Twitter, Odysee, VK, Rumble, and Twitch. Audio versions drop on Spotify, Apple Podcasts, iHeartRadio, and Amazon Podcasts after the new episodes air.

Check out the full playlist of 180+ episodes comprising many 100's of hours of previous recordings on our [YouTube](#).



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AFA Ásatrú Academy



Check out the Ásatrú Academy at AsatruAcademy.org



The poster features a central shield with four quadrants: top-left (trident), top-right (dagger), bottom-left (horn), and bottom-right (T-shaped symbol). The shield is flanked by oak leaves and topped with a book showing the runes 'S' and 'F'. A banner below the shield reads 'Asatru Academy'. The entire design is set within a decorative, braided border.

Asatru Academy
Now Enrolling!
K-12th Grades!

Með vitani, vinna Sigr!
“Through knowledge, Victory!”

Visit AsatruAcademy.org

Remembrance & Holy Days



Holy Days | Asatru Folk Assembly.

- > January 9 - Raud the Strong <
- > January 17 - Porrablót <
- > January 18 - King Blót-Sveinn of Sweden <
- > February 1 - King Eanfrith of Bernicia <
- > February 9 - Eyvind Kinnrifa <
- > February 21 - Disaping <
- > March 9 - Olvir of Egg <
- > March 20 - Austra (observed on March 21) <
- > March 26 - Winguric <
- > April 9 - Jarl Hákon Sigurðarson <
- > April 10 - John "Stubba" Yeowell <
- > April 30 - Nornanótt (observed on April 18) <
- > May 1 - Sumarmál (observed on May 16) <
- > May 9 - Járnскеggja <
- > May 22 - John "Hoskuld" Gibbs-Bailey <
- > June 9 - King Athanaric of the Visigoths <
- > June 13 - Erik Klasson <
- > June 21 - Miðsumar (observed on June 20) <
- > July 4 - Sveinbjörn Beinteinsson <
- > July 15 - Alexander Rud Mills <
- > July 18 - Sigrblót <
- > August 1 - King Osric of Deira <
- > August 9 - King Radbod of Frisia <
- > August 15 - Freyfaxi <
- > September 9 - Prince Hermann of the Cherusci <
- > September 12 - Else Christensen <
- > September 22 - Haustblót (observed on September 19) <
- > October 4 - Goði Þorsteinn Guðjónsson <
- > October 5 - Meister Guido von List <
- > October 15 - Birthday of Founder Stephen McNallen <
- > October 17 - Vetrnætr <

- > October 23 - King Aoric <
- > October 27 - Ragnvald Odinskarl <
- > November 9 - Queen Sigríðr of Sweden <
- > November 11 - Einherjablót (observed on November 21) <
- > November 18 - King Sexræd <
- > December 9 - Egill Skallagrímsson <
- > November 18 - King Sæward <
- > December 20-31 - Jól (observed on December 19) <

Days of Remembrance

Goði Ölvir of Egg | March 9th



1021 𐌰

Ölvir of Egg, who lived in the early 11th century and died in 1021, was a goði in the region of Trondheim, Norway. Since this story takes place 20 years after Olaf Tryggvason was deposed, Christianization was all but complete in Norway. The Norwegians still remaining faithful to the Æsir did so in secrecy, as they would be

tortured and killed if they were discovered.

King Olaf II of Norway, often referred to as “Saint Olaf,” began to hear rumors of Ásatrú gatherings in Ölvir’s region of Trondheim. As the goði of the area, Ölvir was sent to appear before the king and explain himself on two separate occasions. Both times, he carefully convinced Olaf that these were not Ásatrú gatherings, but simply great feasts and secular community events. Olaf appeared convinced, but told some of his spies to keep an eye on Trondheim and Ölvir.

Olaf’s spies later informed him that an Austra gathering was being prepared in Trondheim, and the king had heard enough. He set out with five ships and 300 men towards Trondheim. They arrived in the dark, and successfully ambushed Ölvir and all of his folk brave enough to have kept their troth to the Æsir. Ölvir and many of his people were tortured and killed, stamping out Ásatrú for the next 900 years.

Ölvir’s story is inspiring in a way different than those of Rauðr the Strong or King Radbod of Frisia. Ölvir unfortunately had to hide his people’s love and worship of the Æsir, and he had to lie to Olaf for the good of his folk. Since our folk have always been a noble people, we do not like to be dishonest or hear that our heroes have ever been dishonest. However, it’s important to remember that the Hávamál tells us to repay kindness with kindness, but to also repay treachery with treachery.

Ölvir was not deceiving a friend, or even a good man, but a despotic king pushing a foreign faith on his own subjects. Ölvir lied for the good of his Folk, and for their dedication to the Æsir, and would then go right back to being proudly Ásatrú and officiating rituals for his community. His piety and devotion never wavered, and even when hiding his Ásatrú from the murderous king, he adhered to advice given to us by the All-Father.

Let this tale be an inspiring one to all of our folk, so that we may be Ásatrú even when it’s inconvenient!

Hail Ölvir of Egg!

Winguric



Winguric of the Thervingi tribe of the Goths lived during the time of most of our other Gothic Heilagmenn, around 375 CE. Byzantine sources called him an “archon of the Goths,” as he was one of King Athanaric’s main commanders.

In the year 375, Winguric was ordered by King Athanaric to help him root out the Thervingi Goths who betrayed the Æsir by becoming Christian. To do this, Winguric placed an idol of one of our Gods in a wagon and paraded it through a village in the region of Crimea. Those Goths who showed reverence and piety towards the idol were left alone, while the ones who did not were exposed as Christians.

These Thervingi Christians were taken by Winguric to a tent where other Arian Christians were practicing their foreign faith, and the tent was lit on fire with the 308 Christians inside. This event is said to have happened on the 26th of March, 375 CE.

While we know precious little about Winguric, we do know that he served his king and his Gods with an unwavering sense of loyalty and piety. He, along with many of the noble Gothic peoples, was determined to fight on behalf of the Æsir by stemming the tide of the alien faith of Christianity.

May we all endeavor to be openly Ásatrú, and may we all strive to be victorious in bringing the rest of our people home to the Æsir!

Hail Winguric!

Holiday

Austra | March 20th (Observed March 21st)



Hail Austrā, conquering Goddess of the Dawn, radiant Lady of Spring! You ride boldly out of the east, conquering all before you! May your light chase away the darkness! May your warmth banish the cold!

Austrā is the celebration marking the beginning of Spring. The cold, dreary days of winter are finally coming to an end. The sun is warming the frozen soil. Life is once stirring from the depths. Austrā is a celebration in every way. Our ancestors celebrated life and the survival of another long winter. They celebrated the birth of lambs, calves,

and horses. They celebrated the blossoming fertility of the world around them.

In today's fast and hectic world now is a good time to stop and take a deep breath. Let the sun warm your face and take the time to thank the Gods and the Ancestors for seeing you through another cold winter. Shake off the influences of the winter blues. Now is the time to get your hands dirty.

The small plot of the garden that you planned for during the Dísaping is almost ready for planting. Keep that soil turned and soft. Keep fertilizing it. It is too cold to plant seeds directly into the ground, but this is a good time to begin your seeds inside. Plant them and keep them warm. Set yourself up for success. If you are not working on a garden, then you should be moving from the planning stages of your Dísaping project into the beginning of the active stages. The winter months are stationary by nature, but winter is over. Now it is time to leave the introspection in favor of action. With industriousness, we can change the world. Start small and move always onward.

Hail Austra!

Upcoming National Event

Austra | March 20th-22nd



RSVP at <https://store.runestone.org/product/austra/>

Austra at Þórshof, an Asatru Folk Assembly national event, is scheduled for March 20-22 at our very own Þórshof in Linden, North Carolina!

There will be fun and games for the children, classes for the adults, and good meals for all, and memories to be made. We have an assortment of different activities for people of all ages in attendance. Classes to be held will cover a wide range of topics.

Please RSVP to get more information and to ensure we have enough food to feed all of our guests. Please register one ticket for each member of your family who will be attending. This event is completely free to attend.

As always, we will be having an auction of unique and one-of-a-kind Asatru-related items. All auction proceeds go to help fund these amazing events. We ask anyone who

would like to donate to this great cause to please donate an item to the auction or bring your cash to bid! Anyone wanting to set up a vendor table at this event please feel free, all we ask is a donation of a commensurate item to the auction.

RSVP at <https://store.runestone.org/product/austra/>



Spekingr Daniel Young
dyoung@runestone.org

Be a Doer



We need you to volunteer for the AFA!

Yes, you. We have work to do and need folk who are artists, editors, writers, accountants, lawyers, publicists, reputation managers, professionals of all manner, technical support, web developers, system admins, tradesmen, craftswomen, and more. See the list of amazing projects we have below. We will find a way for you to help our Folk.

Please email volunteer@runestone.org to help us make a difference in our world.

Want to Get Involved?



Baby Blanket Project

The Women of the AFA are proud to be continuing this fine and noble work we call the Baby Blanket Project! We're committed to ensuring all new babies born within the AFA are gifted a handmade — knit, crocheted, or woven — baby blanket! It's just our little way of celebrating each new addition to our folk!

This project has been going strong since 2020 and has been a resounding success! The Ladies of the AFA have knitted, crocheted, and sewn beautiful baby blankets for over 120 of our littlest folk, with more on the way. They've been delivered everywhere from Alaska to Florida to California to Sweden!

If you are a member of the AFA who is expecting a baby, please let your Folkbuilder know so that we can get a blanket to you. If you would like to contribute, either

financially or by volunteering as a baby blanket crafter, let your Folkbuilder know about that as well, and we will get you in touch with the right people. It's so rewarding to see your handicraft being loved by our precious wee-Folk!

Would you like a blanket for your newborn, or to donate and help with yarn costs (yarn is expensive!)? Please email babyblanket@runestone.org today! Thank you!



Folk Services



For some, it may be a natural disaster. For others an unexpected change in health, and for some just an unforeseen chain of events. Whatever the case may be sometimes we find ourselves in a sticky situation, and although we try and to work and do our best to pull ourselves out, sometimes we may need the help of our Folk community to give us a hand...

That's when our folks Services Program comes in. We give one-time monetary grants to those members in need. These folks are so grateful and we know that once they get back on track they will contribute to this fund. For those that are able, we are in need of funds so we can be prepared for when these situations arise in our community. If you're able please place a donation today. Even a small donation adds up in the grand scheme of things and even \$5 or \$10 can help if enough people pitch in. If even a fraction of the folks who like the page did that each month, imagine the possibilities!

AFA Folk Services is intended to provide modest, one-time monetary grants to AFA members in dire need of basic services. It is also to be a source for referrals and information to help members get help beyond what the AFA can directly provide. For more information, please email folkservices@runestone.org.

Your contributions are earnestly solicited and of course, are tax-deductible! Please donate to Folk Services or one of our other AFA Fundraisers at <http://www.runestone.org/donate/>.

Thanks in advance!

Calling All Folk Photographers

Took some awesome pics at a moot or event? Were you at the Hof recently?



We'd love to see 'em. Send to Photos@Runestone.org

We have a real need for hi-res photographs of our members' gathering, being active in their kindreds, and showing what it means to live Asatru!



If you are willing to donate some hi-res photos for use in promotions such as the AFA Calendar, the AFA website, our publications, and more please email them to the AFA at photos@runestone.org. The larger the resolution the better, so please email them from the device where the photo was taken.

Eir's Blessings



Everybody needs a little extra help sometimes. Women, being the frithy creatures that we are, are uniquely suited to the task of manipulating energy for the purpose of healing. Magic, you could say.

Do you have a health concern and need a little extra energy? Are you battling with a mental illness like depression or PTSD? Is your baby having a hard time with teething? If you've answered yes at all, reach out

to us. Once a month women of the AFA will get together to perform healing rituals all across the globe. If you would like to be included, please send a message to let us know!

At the same time, Women of the AFA! If you are interested in helping to create a frithful, healing magic, let us know! It's easy, but it makes a huge difference to those in our community who need our help!

You can reach us at EirsBlessings@runestone.org

Last Will and Testament

Recently, several members of our AFA family have passed beyond the veil. One was an old man in ill health, two were young men in the prime of life... all died with no legal will on record. Sadly, in two of these cases, our dead AFA members did not have their wishes respected regarding their funerals nor the final resting places of their remains.



We never know when tragedy will strike. We have a responsibility to our loved ones, we have a responsibility to our own legacies, to plan for our passing, and to make our wishes known. Planning for and contemplating our death is uncomfortable. Hopefully, we all have plenty of time for that down the road, but we can't count on that. Maybe we worry about expenses or hiring a lawyer. We all have excuses to put things off until later, unfortunately, sometimes the clock runs out before "later" happens.

We have found an amazing resource for our U.S. members to make legally binding wills in minutes online for **free**. This site also has resources to make Advanced Medical Directives and Powers of Attorney. It takes only **minutes** at <https://www.doyourownwill.com/>.

Please make your will **today**.

The AFA would like to collect signed original copies of wills for all our members and store them. We want to ensure that when members of our AFA family die, their wishes are honoured. Please send these to:

Allen Turnage

PO Box 16027
Tallahassee FL, 32317



Witan Allen Turnage
aturnage@runestone.org

AFA Prison Ministry



The importance of this AFA Prison Ministry is so much more than just for those who are actually incarcerated, it benefits not only them as followers of Asatru but their families and loved ones on the outside as they will see the noticeable change in their demeanor and demand that our faith commands for them to lead a noble life. We all are future ancestors and will help them be examples of our faith and not be a burden or a product of recidivism.

We are compiling letters from prisoners that are Educational, Empowering, and Encouraging along with special spiritual writings from our Gothar to create a quarterly newsletter to be distributed to inmates, institutions, and jails. Our mission is not about providing free books or literature to bored prisoners who simply want free stuff. We intend on making real-world change for the better of our folk.

""No packed rooms in the prisons; in each institution I have only a few people; occasionally about a dozen, but 5-6 is more common. I certainly do not want the Fellowship to be a club for cons, or ex-cons; the advantage is that when in prison the inmates have time to discuss and digest what they read, a point that often is lost to people on the outside in the hubbub of daily concerns" - Else Christensen

By the example of our Folkmother, Else Christensen, we will also be going into prisons as we are able to. Some of our Gothar and other leadership, will be going into the prisons to hold study groups, lead blot, and encourage continued growth in the folk inside.

If you have a loved one who is incarcerated or know of someone who is Folkish and will benefit from this ministry, please contact us at prisonministry@runestone.org.



Or if you'd like to donate to this ministry, there's a donation earmark set up on our site at <https://store.runestone.org/product/prison-ministry-fund/>. The donations will be used to get small ritual items and books into the prisons and the hands of our Folk inside.

**Artisans of the AFA
Support Our Folk**



**Handmade Shaving Soap,
Artisan Fragrances,
& Luxury Grooming Products.**

For Men and Women.

ElysianSoapShop.com




Operating out of Brodheadsville, Pennsylvania, Elysian Soap Shop offers one-of-a-kind handcrafted fragrances and grooming products, often inspired by mythological and historical themes. Our products are crafted with attention to detail and creativity. AFA members can use the code RUNESTONE for a special discount of 25% off your order.

— Shannon, member, Freyshof

Ancestral Food and Culture

Prasselküchen



Bake 350 - 30 minutes, until topping is turning golden

Dough

- 2 sticks butter (1 cup) (I soften them a bit in the microwave}
- 2/3 cup sugar
- 1 egg + 2 Tblsp rum
- 2 1/3 cup flour
- 2 tsp. Baking powder
- 8-12 oz marmalade (any flavor) (that is jelly to us in America – seedless)

Streusel

- 2 sticks butter (I keep these in the coldest part of the frig until needed – I cut them up)
- 2 cups flour
- 6 oz sugar (3/4 cup)
- 1 tsp vanilla

Dough - With mixer (I use a Kitchen Aid), mix butter, sugar, egg, and rum and baking powder. Add flour to form soft dough.

Spread dough on a greased 11 x 17 baking sheet with your hands.

Spread Marmalade over the dough once Streusel is ready..

Make the streusel:

Mix butter with the vanilla. Mix flour with the sugar, add to the butter. Mix with mixer or with your hands. If the crumbs are too dry add 1 or 2 Tblsp milk. Add crumbs over marmalade... (I prefer large chunks so I pick up a handful and squeeze it in my hand and drop chunks on the küchen.)

I was given this recipe by two German women immigrants. I came to know them during the years I sang in the Harmonie (German Choir) at the Turn Verein in Sacramento CA. I asked them time and time again and finally after enough years had passed and I was no longer “new,” they came to practice one night with the recipe written down for me. They had gotten together and translated it from German to English and from grams to cups. I asked them why they called it Prasselküchen when the other Germans called it Streusel Kücken. They looked at each other and spoke back and forth and then looked at back at me. They didn’t really know, but thought it must be dialect from the region they were from. Both ladies made the Prasselkücken for our Kaffee Haus at all of the Turn Verein events and they looked completely different. One had small crumbs for the streusel and the other had large chunks. It is basically a rich shortbread, make it your own.

— Diane Schachterle (Oma), member, Óðinshof

Pulla: A Finnish Austra Bread



Ingredients

- 2 cups milk
- 1/2 cup warm water
- 1 Tablespoon yeast
- 1 cup white sugar

- 1 teaspoon salt
- 1 teaspoon ground cardamom
- 4 eggs, beaten
- 9 cups flour
- 1/2 cup butter, melted
- 1 egg, beaten
- 2 Tablespoons sugar

Directions

- Heat the milk in a small saucepan until it bubbles. Remove from heat and let cool till lukewarm.
- Dissolve the yeast in the warm water. Stir in the milk, sugar, salt, cardamom, 4 eggs, and enough flour to make a batter (approx. 2 cups). Beat until dough is smooth and elastic. Add approx. 3 cups flour and mix well; the dough will be smooth and glossy. Add the melted butter and stir well. Beat till dough is glossy, stir in remaining flour till dough is stiff.
- Turn out of the bowl onto a floured surface, cover with mixing bowl, and let rest for 15 minutes. Knead till smooth and satiny. Place in lightly greased bowl, turning to grease top of dough. Cover and let rise. After dough doubles, punch down and let rise till almost doubled.
- Turn out onto floured surface and divide into four parts. Divide each into thirds. Roll each piece into a 12-16 inch rope. Braid. There should be four large braided loaves. Let rise on baking sheets for 20 minutes.
- Brush each loaf with egg wash and sprinkle with sugar. Bake at 400 degrees F. for 25-30 minutes. Check occasionally because the bottoms burn easily.
- Good with butter or made into French toast.



Annika Peterson
Apprentice Folkbuilder
apeterson@runestone.org

AFA Reminder Texts

GET AFA TEXTS STRAIGHT TO YOUR PHONE



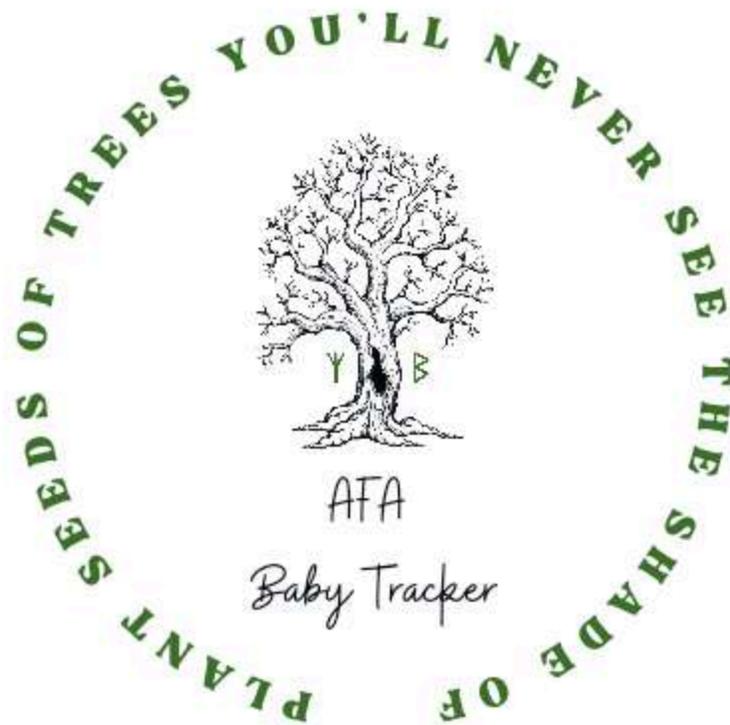
REMINDERS, DAILY SPIRITUAL,
PRAYER REQUESTS

CONTACT SIERRA AT
schapman@runestone.org



Folkbuilder Sierra Chapman
schapman@runestone.org

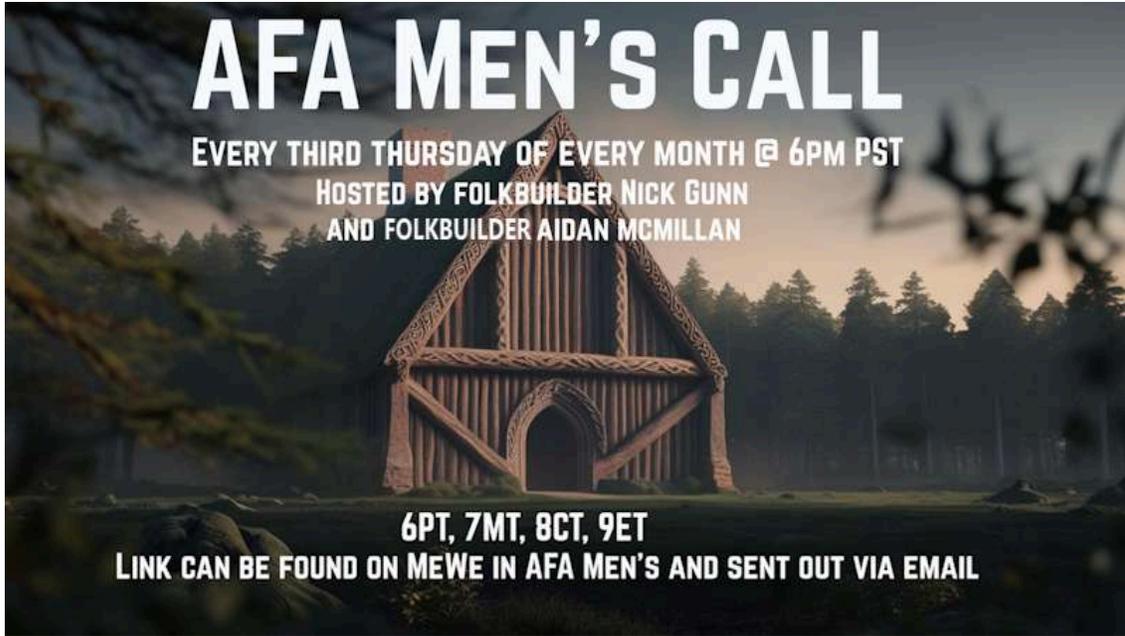
Baby Tracker



To show the growth of our Folk we present to you an ongoing baby tracker. We have been keeping track of how many children have been and are born within the AFA from 2022 and onwards. The ongoing tracking is proof that we are building something sustainable for the future of our Folk, which is a place for these children to grow up within and a place where they can feel proud of who they are!

Total babies born in 2026: 2

Online Events and Meetings



AFA MEN'S CALL
 EVERY THIRD THURSDAY OF EVERY MONTH @ 6PM PST
 HOSTED BY FOLKBUILDER NICK GUNN
 AND FOLKBUILDER AIDAN MCMILLAN

6PT, 7MT, 8CT, 9ET
 LINK CAN BE FOUND ON MEWE IN AFA MEN'S AND SENT OUT VIA EMAIL



Ladies Book Study
 THE WELL AND THE TREE: WORLD AND TIME IN EARLY GERMANIC CULTURE

Every first Monday of the month
 5pm PT/6pm MT/7pm CT/8pm ET
 PDF and meeting link available on MeWe or by request
landerson@runestone.org





AFA Eldri
Tuesday Teams meetings

March 10th & 24th
5:00 AT, 6:00 PT, 7:00 MT, 8:00 CT, 9:00 ET

*For Folks over 50.
Come chat with us!*

For more information
Gyöja Sheila McNallen
sheila@runestone.org

European Book Study
Hávamál

First Sunday of the month

18:00-19:00 CET

via
Teams

Contact elugnet@runestone.org



Please join us on Sunday, March 15 at 1:00pm EST! We are going to be talking about Isa and Jera. Bring your notebooks, coffee, and thoughts, and let's talk about it! We will see you there. For details, contact Gyðja Plourde at aplourde@runestone.org

Just for Fun



Blessed Austra to you all!

HOW MANY?

Instructions: Count each item, then tally them into the boxes below:

The items to be counted are:

- 1 carrot (top left)
- 1 basket of 4 eggs (middle left)
- 1 chick on a wheel (middle)
- 1 rabbit and 1 star-patterned egg (middle right)
- 1 chick with a bow and 4 small eggs (top right)
- 1 carrot (middle right)
- 1 chick on a wheel (bottom left)
- 1 rabbit and 1 star-patterned egg (bottom middle)
- 1 basket of 4 eggs (bottom right)
- 1 carrot (bottom right)

Feel free to send your colored creations or finished puzzle to press@runestone.org for a shout-out in the next issue!

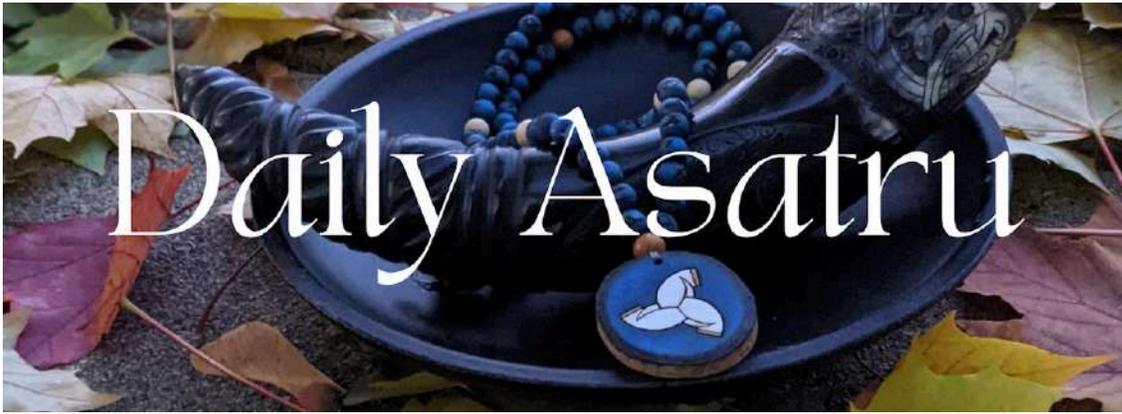
CONNECT THE DOTS



The picture is of a:

Enjoy! Hail Austr!

Grow Your Daily Practice



Please join me in the daily practice of Ásatrú, the worship of the Æsir & Ásynjur, and on the journey to spiritual awareness and understanding each day of 2026.

All members of the Asatru Folk Assembly are welcome to be a part of this group on MeWe. It is a "side quest," or rather, a pet project of mine, to help our Folk find a daily practice of their own through examples, study, and active worship.

Please join us:

<https://mewe.com/join/dailyasatruwithbrandy>

We'll also be following a schedule listed here in *The Runestone* of weekly prayer days broken down monthly alongside accompanying prayers to the Æsir. Here's everything we'll need until the newsletter.

March Feasts

March 4th

Feast of Baldr

March 11th

Feast of Nanna

March 18th

Feast of Eir

March 25th

Feast of the Ancestors

Hail to Baldr, the shining light,
Son of Óðinn, pure and bright.
Born of Frigg, with face so fair,
Beloved son, beyond compare.

In Breiðablik, your hall so pure,
Where nothing unclean can endure.
Husband to Nanna, father of Forseti,
Ruler of the golden age, just and steady.

Baldr, we honor your holy name,
Bless us who keep your flame.



Nanna shines in golden hue,
Loyal to kin, her heart so true.
Bound in love, she followed him,
To Hel's cold halls, her light undimmed.

Wife of Baldr, in death she stayed,
A bond unbroken, unafraid.
Devoted wife and mother, wise and kind,
Her love and duty intertwined.

Teach us piety, firm and bright,
Loyalty and devotion's light.



Hail Eir, healer of the soul,
With gentle hands, you make us whole.
In times of sickness, you ease the strain,
And bring us peace through every pain.

Comforter of body and mind,
You help us heal and leave behind
The wounds that hurt, the grief we know,
And teach us how to let it go.

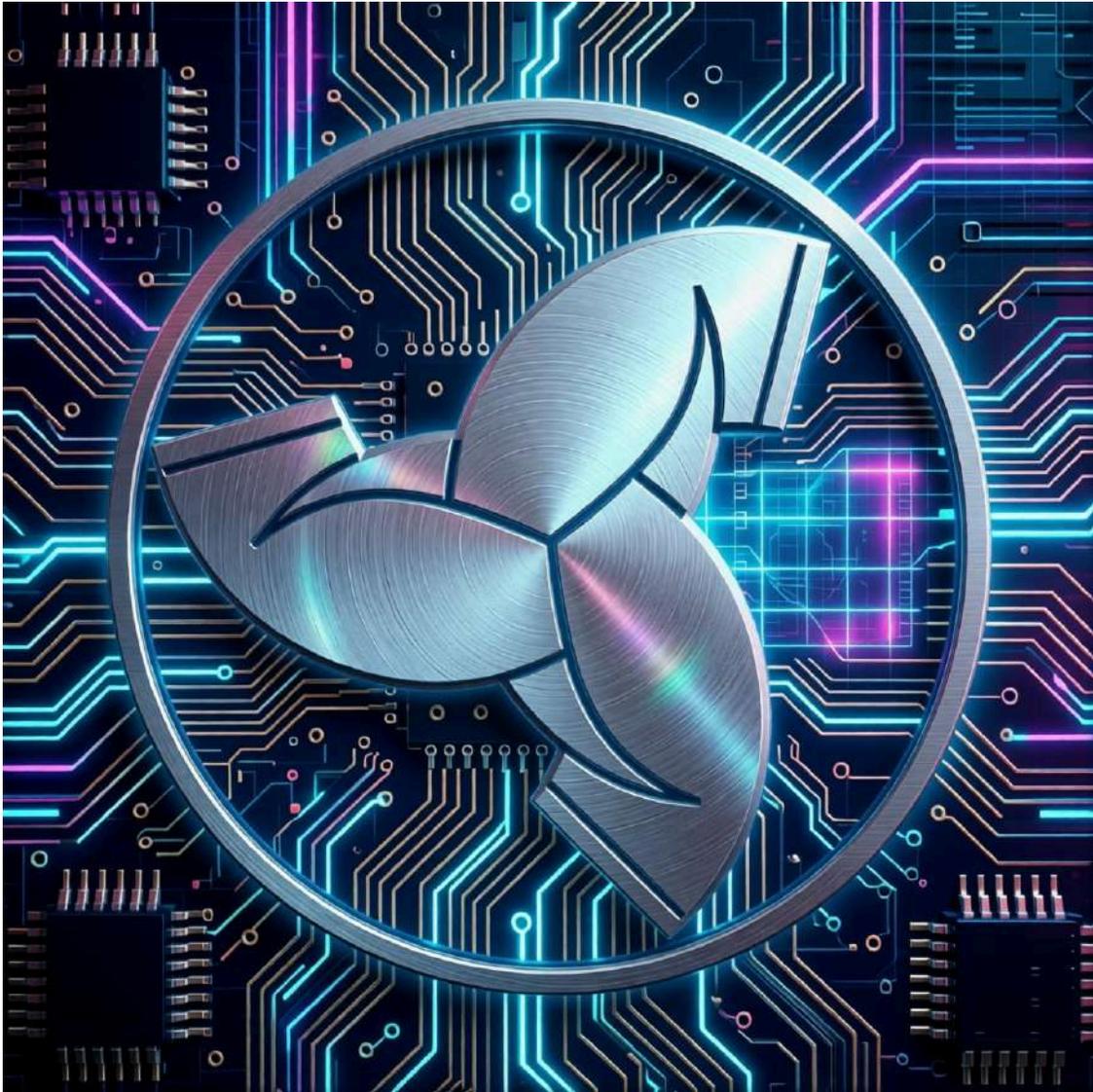
Eir, help me heal, restore my light,
And guide me toward my inner might.



Spekingr Brandy Fassett
bfassett@runestone.org

AFA STEMCELS

*Science, Technology, Engineering, and Math
Community Education and Learning Service*



STEMCELS (Science Technology Engineering Mathematics Community Education and Learning Service) has now entered its second phase. We are working to build out a "virtual hackerspace" experience where members can go to work on projects, collaborate, and experiment.

We are also expanding to include tech development in our available services (mentorship and career networking). This will allow us to provide services to the broader AFA community while simultaneously giving training and experience to the STEMCELS members.

We have a website that you can reach at stemcels.org. Additionally, we now offer project git hosting to confirmed AFA members.

We have some ambitious plans, and are currently seeking the engineers and architects who can help us build out the infrastructure that will become the virtual roads and bridges of our future. At the moment, we are especially interested in those with experience in web dev (backend and frontend), and those with experience in web service deployment and hosting.

- If you are interested in networking or career training, reach out.
- If you have a project that you'd like to pitch, reach out.
- If you are a developer and want to help build things (or participate in fun projects with your friends!), reach out.

You can email us at stemcels@runestone.org.



Spekingr Clifford Erickson
cerickson@runestone.org

Ásatrú Basics

New to 2026, the AFA will be hosting online classes taught by our Goðar and leadership on a variety of basic Ásatrú concepts. Open to all members, reach out to Spekingr Fassett at bfassett@runestone.org for more information and the link.



ANCESTOR WORSHIP

Connecting with your ancestors

With

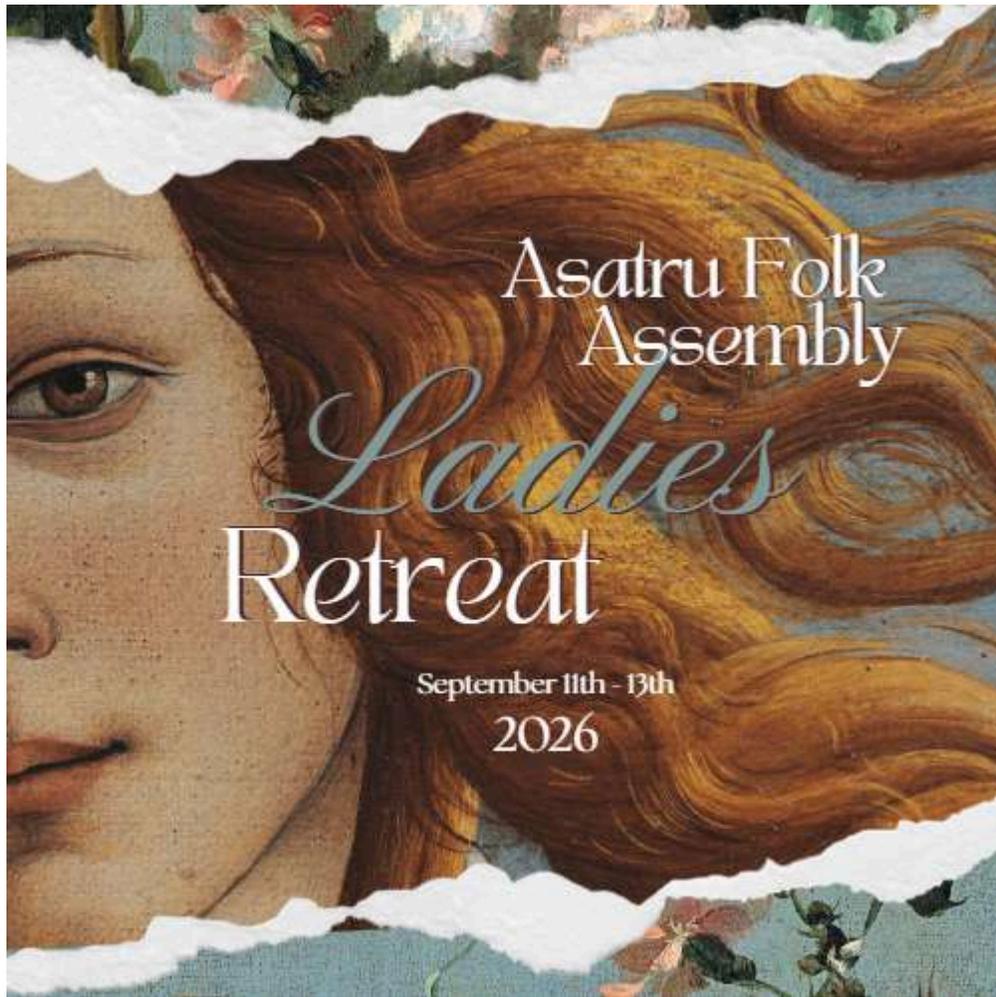
Gyðja Sara Ault

Saturday, March 14

8pm central



2026 Ladies' Retreat







ASATRU FOLK ASSEMBLY
LADIES RETREAT
 SEPTEMBER 11TH - 13TH 2026
 @ ÓÐINSHOF
 MEDITATIVE WORKSHOPS,
 FEMININE LADIES EMPOWERMENT
 FRITH WEAVING

*CHILD FREE EVENT.
 MATURE YOUNG LADIES 13+
 WHO WILL ACTIVELY PARTICIPATE
 ENCOURAGED TO JOIN



Óðinshof
 First Hof of the Asatru Folk Assembly





www.odinshof.org

Food Pantry at Óðinshof

With Verve to Serve



What is “verve”?

vigour and spirit or enthusiasm:

You can be closed-off or open-hearted. You can fill that heart with pride and personal power from doing what is right. Others see you; you are acknowledged, respected and considered a “good person.” What’s the downside? Not too much, in my opinion. Óðinshof volunteers have VERVE!



Next month marks the five-year anniversary of the Óðinshof Food Pantry. The check-in list that I carry shows 657 surnames representing thousands of individual household members. My husband and I have driven thousands of miles and put in thousands of hours each year making this AFA program flourish.



Our message to the local community has been, “We’ll be there, rain or shine.” We’ve had our share of drenching rains, but February brought us something different. A late winter snowfall blanketed the foothills of the Sierras with inches of snow causing travel difficulties and power outages. Our inability to pick up food from the IFM meant we’d need a different date for that. For the first time ever, we pushed out our event by one week. By the time we got into town, the Interfaith Food Ministry had abundant food this time so we made it to Brownsville well-set for the monthly food pantry.



Changing our date meant changing our Disaping schedule since we were a bit shorthanded this month. However, Ryan Skinner's family, including his wife and four kids, stepped right up to fill over 60 bags Saturday afternoon. The next day, we had a team of five setting up tables outside at 9:30. Fewer families came due to our date changes, but that meant we could be extra generous. It was clear that some families could use an extra bag or two.

It had been a mellow weekend all around. By the time we finished on Sunday, we'd given food to 37 families representing 91 individuals. *Hail, those with verve!*

Also...

NEW HOF STEWARD ~

I'm pleased to introduce Jason Greene who just stepped up to take on the role of the Óðinshof Hof Steward. He's one of those quiet, good-natured, generous men who lives by the NNV. Although he's been in the AFA for less than a year, he's been devoted to the Æsir for years. He's helped with work days in the past, plus most of our Sunday food pantry distributions. How lucky for us since he lives a mile down the road in Brownsville! This means that we'll be planning a Work Day every month and continuing our commitment to trash pick-up through the California Adopt-a-Highway Program.

If you want to reach out to Jason with suggestions or an offer to help, he can be reached at jgreene@runestone.org. I can also relay messages to him. Hail the Doers!



Hofgyðja Sheila McNallen
sheila@runestone.org

Dísaping at Óðinshof

Spring Planning & Planting Begin



In olden days, the first event of springtime was the traditional rite of planting seeds, which would be harvested later in the year. At the same time, a different kind of seeds were ritually planted - the seeds of our personal wishes, hopes, and intentions. This rite was known as "Dísaping," also known by the agrarian term, "Charming of the Plow."

At Óðinshof this last weekend, we celebrated this traditional rite in several ways. On one level, we "planted seeds" as we performed our morning Sumbl, now a regular way of beginning our weekends at the Hof. Nine of us were seated around the large serving table, beneath the watchful gaze of Óðinn's mural. We pulled the curtains and reduced the lighting to the glow of candles. The transition was immediate, with a calmness and peace that is part of turning inwards.



After three rounds of toasts, the ritual moved to the guided meditation by Gyðja Lauren Anderson. Though we never left the room, her mesmerizing words took our minds slowly down a path into a meadow where an old wooden plow was waiting for us. After the meditation was done, we emerged with the feeling we had experienced the presence of our Holy Ones - and of course, we had.

Later, the men spent their time outdoors, beneath patches of clouds and bright sunshine while the ladies gathered around our old plow that had been placed on the dais next to Óðinn's altar. Bedecking the plow with various flowers and wide ribbons, they wrapped the decorations down the length of the plow handles. Later, the plow was carried to the ritual circle and placed by the firestead.



Gyðja Lauren and I gathered our Folk to the outdoor tables near the ritual circle, where we discussed the "cutting of the furrows, planting seeds, and nurturing growth" which is the theme for this event. I spoke on personal goals, career building, and free job training in our area. Complacency and lack of ambition do not describe Aryan Man; taking another look at the Nine Noble Virtues and planning small, daily victories, do.

The Dísir of this Dísablót who were joining us in this day's ritual were not our "mothers" like the ones at Winter Nights, but were the Ásynjur, the goddess-handmaidens of Frigg. This pantheon of twelve women listed in the Gylfaginning are beautifully integrated into our religious framework for ladies and men alike. Gyðja Lauren presented a much deeper look at the nature of the Ásynjur as we completed our preparations for the Dísablót. We were ready to honor the Holy Ones.



At dark, with the ritual fire blazing, I led two Hornbearers and four more ladies into the circle. After the invocation to the Holy Disir, I handed white roses and baby's breath clusters which each lady placed into a vase while calling out to one of the Ásynjur. From "heart, to hand, to horn," Gyðja Lauren carried the horn for the Folk to bless, while I chanted:

"This is the time to plant seeds in furrow dark,
This is the time to plant deeds within our heart,
(all chanted) Ingwaz, Ingwaz, Laguz"

The horn was offered to the Dísir with love and gratitude. Another horn, held high, received the blessings of the Dísir, and was carried around the circle for each to drink the holy nectar and hail a goddess. I then stood by the flower-adorned plow, splashing it liberally with mead. At that point, one of our ladies who's learning healing arts put her tools before me to receive a blessing of mead. Her tools? Her hands! And with that, it made sense that everyone in that circle used their hands for noble means to do good work. Hands were quickly presented for their own splash of mead blessings.



As the ritual was coming to a close, my husband led a procession to first go to the plow, imagining the work that had been done with it, and envisioning the might of our ancestors who used other tools to make their way through life. Seeking that strength, hands gripped the plow handles. And then, each person placed a pinch of poppy seeds in a large flower pot to embed their personal intentions along with others on this day.

We then processed back to the Hall - to first stand before Óðinn and hail Him, and then to have a serene dinner by candlelight with Folk who felt like family. In reflection, the slow-paced day and simple meals were a perfect match. As complex this ritual was, it evolved in a particular way that seemed right for the intentions of this holy tide of Dísaping. I felt I had achieved my goals with this ritual; that we were ready for the Holy Tides before us.

Hofgyðja Sheila McNallen
sheila@runestone.org



Upcoming Events at Óðinshof

The graphic is a calendar for Óðinshof in 2026, centered around a horse illustration. The title "Óðinshof 2026 Event Calendar" is prominently displayed in the center. Surrounding the center are twelve event cards, each with a name in Old Norse, the month, and the date.

Event Name	Month	Date
Einherjablót	November	21st
Fól	December	18th-20th
Þorrablót	January	17th
Disaping	February	21st
Deitrætr	October	17th
Austra	March	21st
Hauttblót	September	19th
Nornanótt	April	18th
Freyfaxi	August	15th
Sigrblót	July	18th
Míðsumar	June	19th-21st
Sumarmál	May	16th

Austra at Óðinshof

March 21st

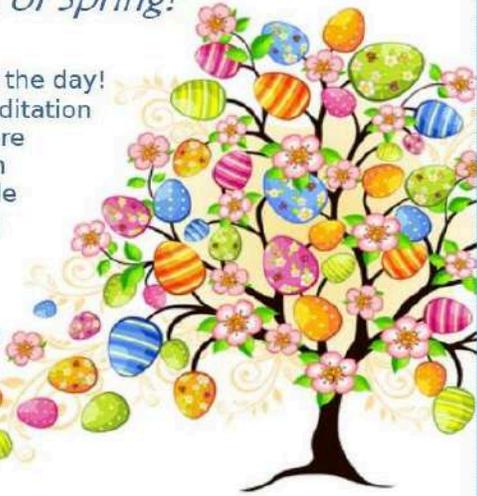
Come celebrate the Rites of Spring!

KINDER ACTIVITIES throughout the day!
Morning Sumbi & Guided Meditation
Lunch - Presentations/Lore
Ladies' Tea/Men's Team
Dinner - Auction/Raffle
Food Pantry Bagging

RSVP, please! Help us with planning!

Gyðja McNallen
sheila@runestone.org
530-575-8692

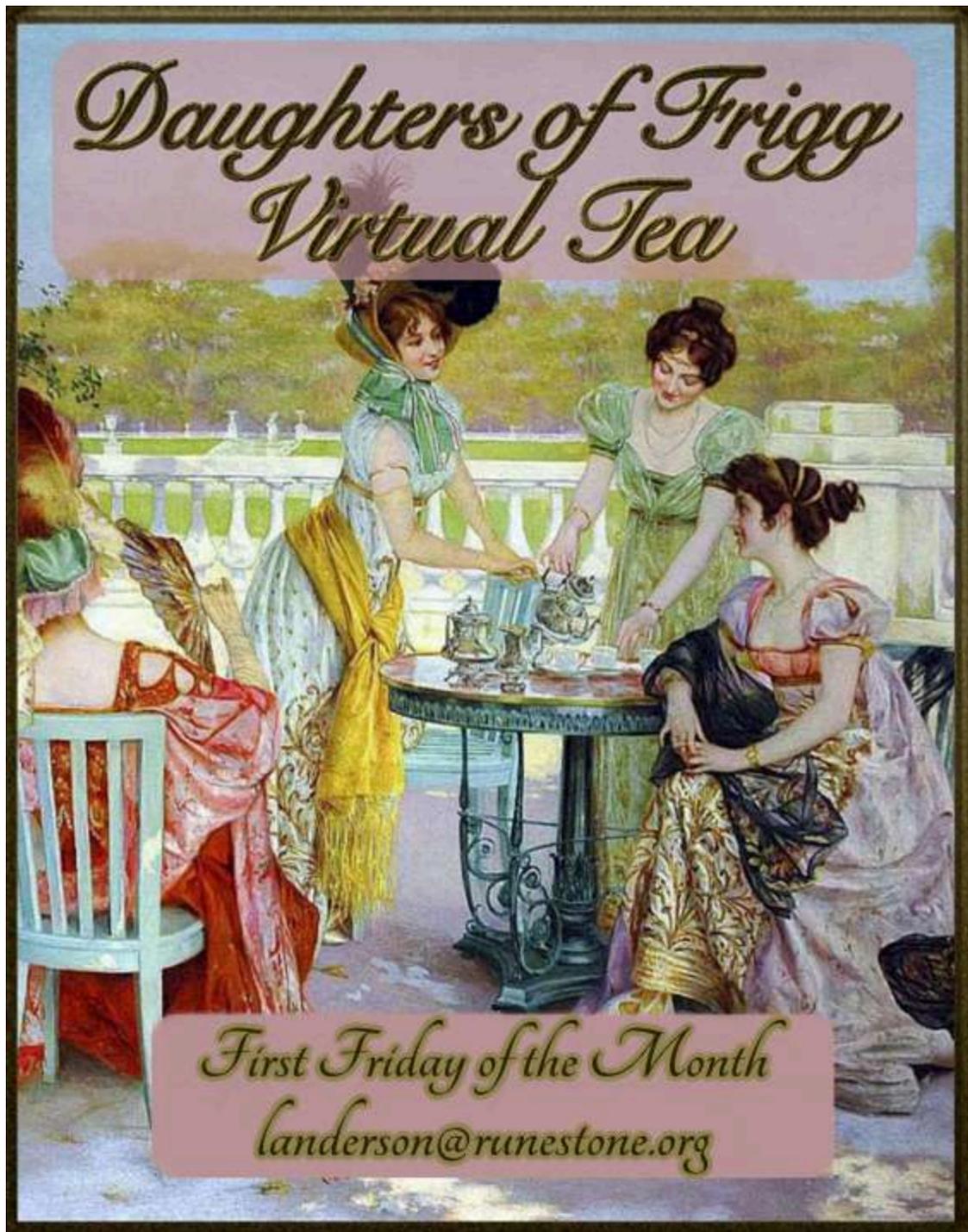
SUNDAY
Food Pantry 9:00 - 11:00
Event cleanup



Óðinshof Wishlist



Monthly Virtual Members' Meetings



*Daughters of Frigg
Virtual Tea*

*First Friday of the Month
landerson@runestone.org*



Monthly Members' Meeting

Óðinshof

Monthly Members' Meeting

Last Friday of the Month at 7pm Pacific



**Links Emailed and Posted to MeWe
Contact Any Folkbuilder for Assistance**

Don't forget the last Friday of the month we have our Óðinshof Monthly Membership Meeting! This month we will be talking about Dísaping formerly known as Charming of the Plow, as well as our Heilagmaðr. We will talk about runic magic and how to incorporate Ásatrú Book studies into your daily life! You won't wanna miss this.



Folkbuilder Sierra Chapman
schapman@runestone.org

Arizona

Moots





Folkbuilder Lou Nickerson
lnickerson@runestone.org

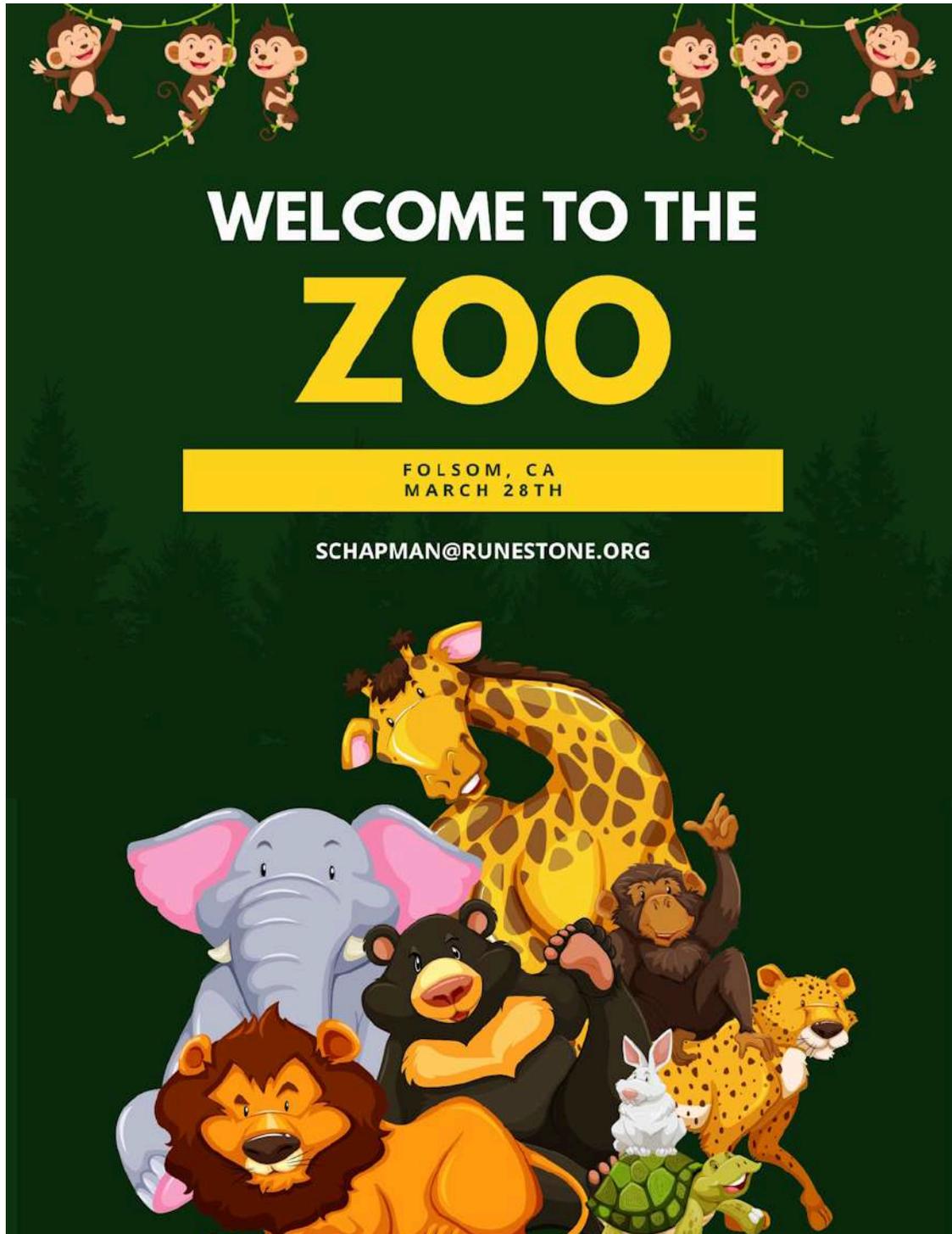
California

Gold-Panning Moot



Folkbuilder Ryan Skinner
rskinner@runestone.org

Upcoming Events



Please join me and the kiddos for a zoo and picnic moot! Bring your own food, entry fee for the Zoo, and let's have a great time!



Folkbuilder Sierra Chapman
schapman@runestone.org

Impromptu Moot



Gyðja Lauren Anderson
landerson@runestone.org

Colorado

Colorado Dísablót



High up in the Rocky Mountains of Colorado at 9000 feet elevation, nine Folk gathered to celebrate Dísablót. While the south and low elevations are able to charm plows, we honor the Dísir at this time.

We shared lore about who the Dísir are and their roles in our lives. Our Blót to the Dísir was beautiful. We also asked Skaði for snow because it's been a very warm and snowless winter this year. For us Coloradans, water is life. We also provide water to many of the southwestern states.

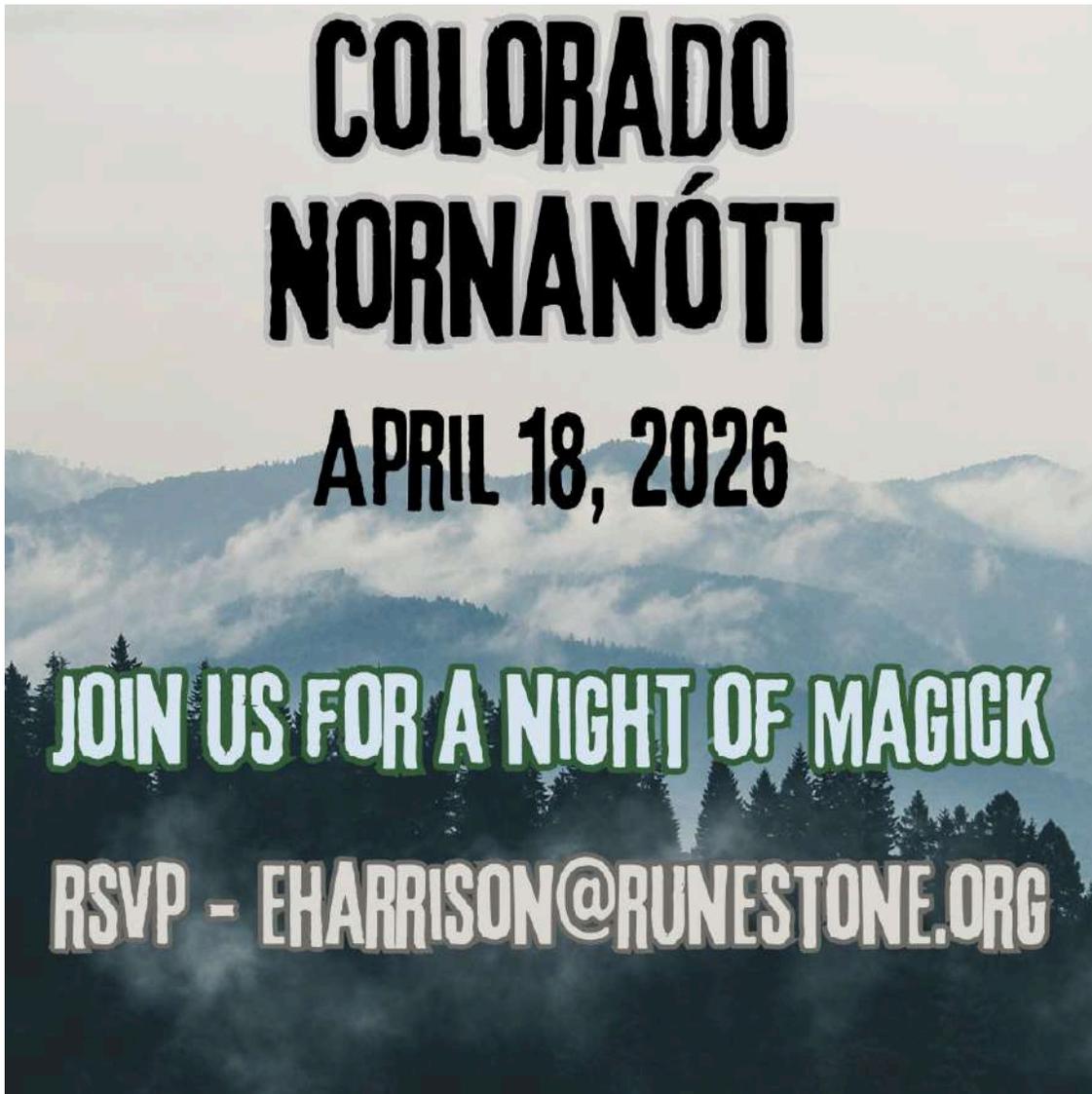


We had an amazing array in our potluck of delicious foods. And Sumbl followed all. Hailing the Gods and Goddesses, our Ancestors, and much more!

We hope you join us for Austra on Sunday, March 22nd! Bring your kids. We'll have lots of fun with an egg hunt and more!

Upcoming Events





Erin Harrison
Apprentice Folkbuilder
eharrison@runestone.org

Idaho

Ladies' Coffee Moot



Annika Peterson
Apprentice Folkbuilder
apeterson@runestone.org

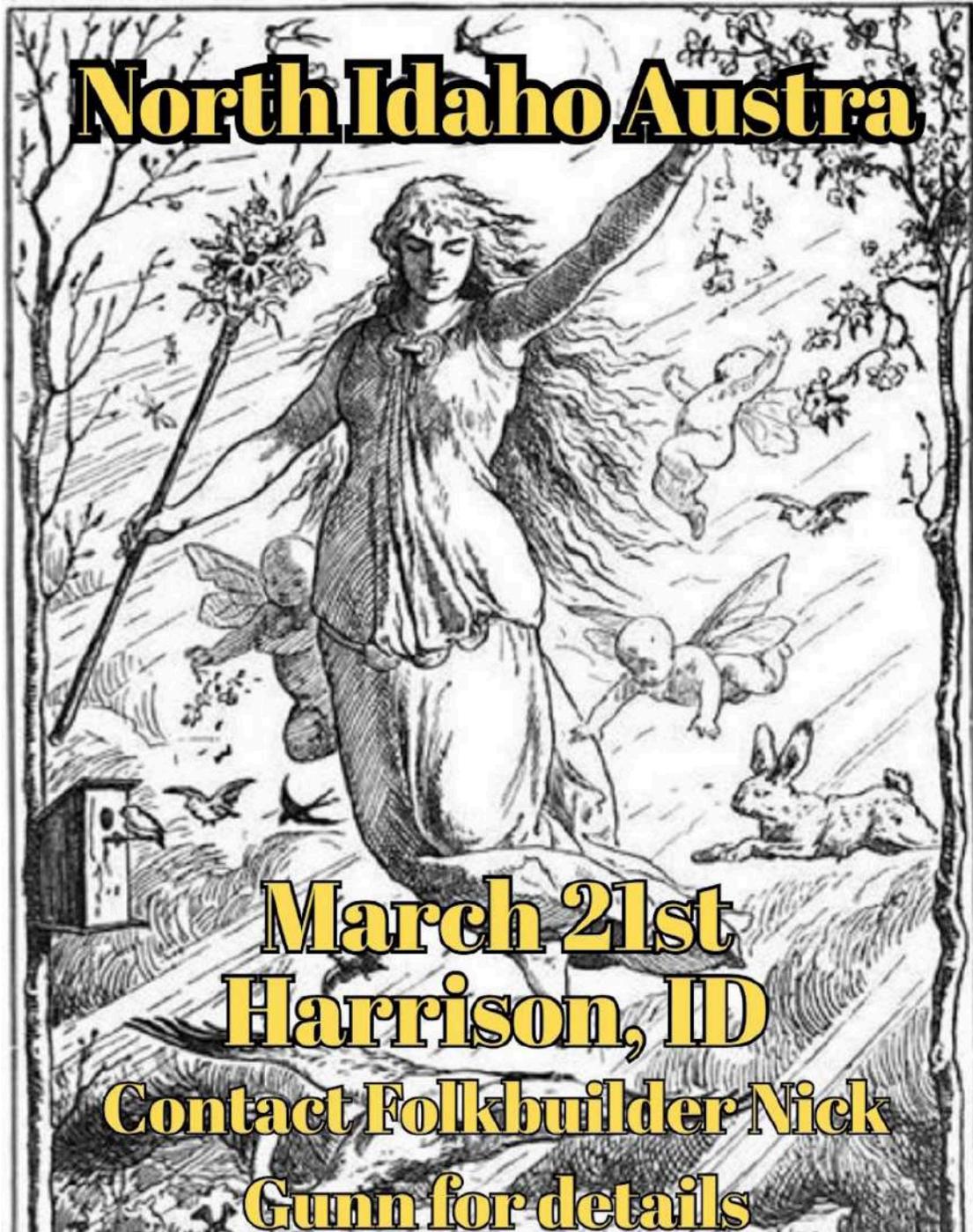
Blue Creek Bay Hike



A few weeks ago, me and a few members of the kindred decided to take an impromptu hike at a spot a stone's throw southeast of Couer D'Alene that had been recommended to me by a friend some time ago. There was a fresh blanket of snow on the ground, probably about an inch and a half but realistically the most we've had all winter. We were joined by a member from a ways out who I'd only previously talked to over the phone, as well as his four nephews. Hearing these boy's enthusiasm for our lore was a blast and honestly gives me a lot of hope for the future.

Overlooking Blue Creek Bay, I held Blòt to the local wights and it occurred to me that nobody had probably given them the proper respects they deserve before. At the very least, I can bet money none of our people have. I think a certain level of the soul sickness our people feel, at least in America, results from not giving the spirits of the land we inhabit any acknowledgement, whether that be through ritual or leaving offerings. I am guilty of this as are most people, and I want to change this going forward. I urge anybody reading this to make offerings to your local Landvaettir, whether you're out hiking or in your backyard or in your own home. Thank you for coming to my TEDtalk, till next time!

Upcoming Events



Folkbuilder Nick Gunn
ngunn@runestone.org

Montana

Moots





Folkbuilder Tyler Heinlein
theinlein@runestone.org

West Montana Happenings



This past month, we held our monthly day of remembrance for King Eanfrith of Bernicia and Eyvind Kinnrifa. Next up was our Dísaping that was held at the residence of the MacDonald brothers.

Upcoming Events

*Western Montana
Heroes
Remembrance
Dinner*



9th of Every Month

RSVP to rharlan@runestone.org





Folkbuilder Ryan Harlan
rharlan@runestone.org

Utah

Moot



Folkbuilder Tyler Heinlein
theinlein@runestone.org



Washington

Eastern Washington Disaping



We held our 2026 Disaping on Sunday, February 15th. I hosted the event in my home. In addition to our regular group, we were fortunate to have one of our AFA families from

Texas who is in the process of moving to Northern Idaho join us as well! We are looking forward to having them join the kindred when they relocate. We had wonderful food, wonderful conversation, and wonderful fellowship!

I was honored to perform my first Blót as an Apprentice Folkbuilder. Both Folkbuilder Nick Gunn and Apprentice Folkbuilder Annika Peterson were incredibly helpful and supportive! Even though I was a bit nervous, the Blót went smoothly. We celebrated the upcoming Spring and asked the Gods for bountiful harvests in exchange for our work and care in tending our crops and animals. I felt privileged for the opportunity to help connect our Folk to our Gods during this ritual.

Hail the Aesir!

Hail the Folk!

Hail the AFA!

Hail Victory!



Nathan Wiens
Apprentice Folkbuilder
nwiens@runestone.org

Reflecting on the Springs in Northern NY



In the woods, amongst the leaf litter, the Carolina Spring Beauties begin to bloom. Their delicate white and purple flowers easy to miss if you're not paying attention. Then the Yellow Trout Lilies come, all green and purple mottled leaves and bright yellow flowers against last year's decay.

Suddenly, from the ponds the Spring Peepers start up their twilight songs, and every evening is filled with their joyful peeps.



Then, everything happens at once! The Forsythia is in bloom along the roads, the untilled fields are green, and the farmers re-till their planting fields, filling the air with the aroma of fresh earth. In the woods the Trilliums and Dutchman's Britches are in bloom, and in the old orchards the apple trees are alive with blossoms, filling the air with their delicate scent.

Spring has come!

Spring comes late in Northern NY. Later even than in Quebec, sitting in the lowlands of the St. Lawrence River valley.

First, the snow melts revealing a sad world of brown; brown fields of dead grass, brown fields of dirt, and brown naked trees reaching up towards cold grey skies.

The harsh, persistent West wind blows steadily, and the only way you can tell it's warmer is that the once frozen driveways and barn yards turn to mud. Mud and the West wind and the grey skies continue until one day you notice a very slight green haze around the trees. It's so slight that at first you think your eyes are tricking you. Is that actually green?

But a week later it is green! And it's the brightest, cleanest, lightest green there ever was! It covers the woods like a haze and adds a hint of whimsical beauty even to the mud.

Then to wind changes. The ever blowing, ever consistent West wind. Before, it was cold with an underlying cold. A solid, consistent cold. Now, under the cold is a hint of warmth, of freshness, of something better almost here.



Annika Peterson
Apprentice Folkbuilder
apeterson@runestone.org

Men's Lore Study



Folkbuilder Nick Gunn
ngunn@runestone.org



Þórshof

Second Hof of the Asatru Folk Assembly





www.thorshof.com

Food Pantry at Þórshof



It was a cold and wet Saturday at Þórshof. Craig, a new attendee at Þórshof, was pulling in right as I did. 9:00 am. He and I took the time to get to know one another as we bagged up the groceries for this month's food pantry. Canned and boxed items, all generously donated by our Folk.

We don't let the weather throw a wrench in our work as we carried bags to the waiting line of cars. The locals all shared their appreciation for the work we do. The work you do...all those who volunteer... their time, money, and donated items so that we maintain our great relationship with Linden. It is through our food pantry and other charitable activities that this is possible.

Craig, who had driven all the way from Maryland, was a nice addition this month...doing his part to help us ensure that our neighbors are taken care of.

Words Are Wind...



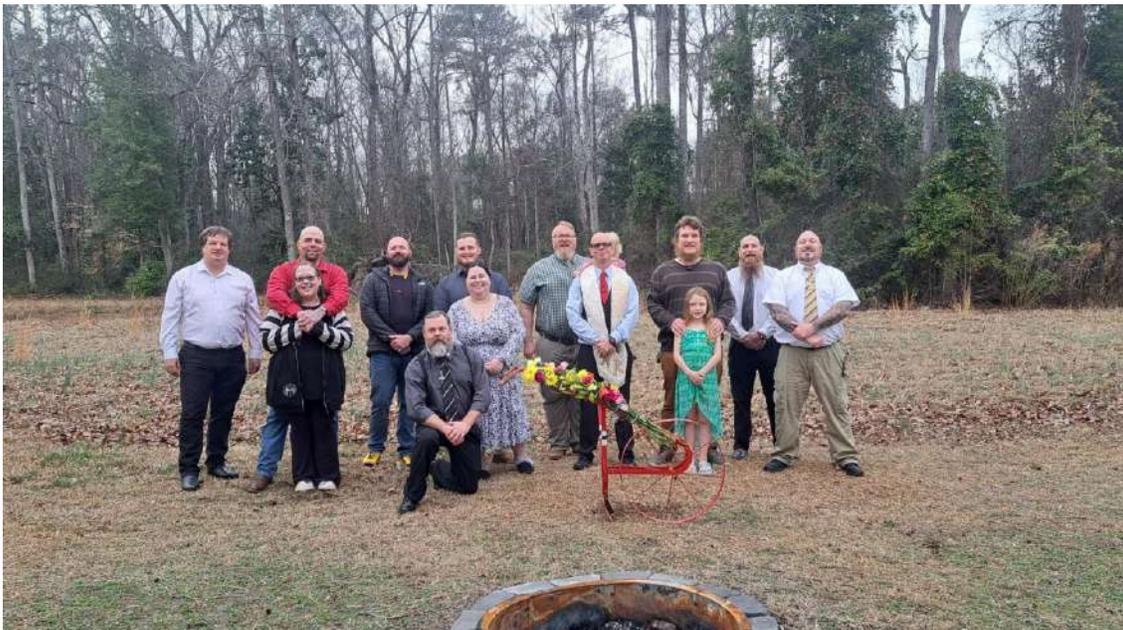
Spekingr Daniel Young
dyoung@runestone.org

Dísaping at Þórshof



We had experienced some temperatures in the 80's earlier in the week, but at Disaping, warmth wasn't on the thermometer. But it was found in the hearts of everyone in attendance.

We saw a few newcomers, one from Maryland, another from Virginia...by way of California. We saw our regulars, Nick, Tyler, Craig, Brian, and Tiana. All gathered in Frith to one another, and in Troth to the Æsir.



Our monthly topic at sermon was Frith... fitting with so many new comers. Our ladies bonded while ornamentation of the plow was underway, a nice sight to behold. Adorned with flowers selected by Jennifer, the plow was ready. We gave Blót to the Ásynjur and

to Freyr. We then processed behind the Hof to cut a farrow into the Earth, where we played seeds...seeds in the form of goals. Goals to be achieved by all, and harvested by the Folk who planted them.

Goals to be attained by deeds.

Deeds Are Iron.



Spekingr Daniel Young
dyoung@runestone.org

Upcoming Events at Þórshof





Monthly Members' Meetings

Þórshof

Monthly Members' Meeting

Last Tuesday of the Month at 8pm Eastern



**Links Emailed and Posted to MeWe
Contact any Folkbuilder for assistance**

Support Þórshof



Cleaning supplies, food pantry canned goods and pantry staples, beautification materials, and all sorts of things are up on our Amazon Wishlist if you'd like to donate to help keep the Hof running, comfortable, fun, and a fitting tribute to Miðgarðr's Protector.



Gyðja Heather Young
hyoung@runestone.org

Beautify Þórshof



Some paint here and there, caulking, replacing a door or two, making sure the windows are air and weather tight, keeping the gutters secure, a bit of landscaping. There's a lot that goes into taking care of our Hofs and making sure they are not only functional but aesthetically beautiful and worthy of being the homes and emblematic representations of our Gods as well as functional, safe, and pleasing places for our Folk to come too.

There's a bit of work that could be done to get and keep our Hof in tip-top shape, and we'd love to get to work on doing just that.

If you'd rather than cash, instead donate your time and muscles or maybe some of the raw materials, whether paint or caulking or anything else, please get with our Hof Steward Craig Flynn at cflynn@runestone.org and he'd be happy to help let you know

the kinds of things we'd need and coordinate getting it (or you) to the Hof.

We certainly appreciate any and all donations from our Folk.

Thank you in advance!



Craig Flynn
Hof Steward
cflynn@runestone.org

Beautify Þórshof



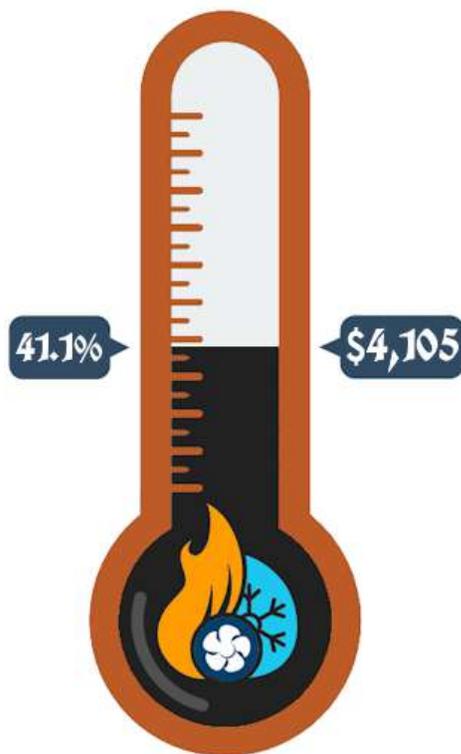
Donate at <https://store.runestone.org/product/hof-heat/>

Þórshof's fellowship hall has become a hearth for our Folk—a place where we gather for meals, rituals, celebrations, classes, and simple companionship. It's where new members are welcomed, where children run and laugh, where we share food, stories, wisdom, and the steady strength of community. But right now, that hall needs our help.

Our heating system is failing, and the full extent of the needed repairs is still being assessed. It may be fixable... or it may require a full replacement. Either way, the cost will be significant, and it's not something we can postpone.

RESTORE HEAT TO ÞÓRSHOF

Goal: \$10k



A hall without heat can't serve its purpose. It can't shelter families during gatherings. It can't provide the warmth—literal or spiritual—that makes Þórshof feel like home.

We are asking the Folk to help us keep this hall warm, alive, and usable through the cold months ahead.

Every donation, no matter the size, brings us one step closer to:

- Repairing or replacing the heating system
- Ensuring our hall remains safe and comfortable
- Keeping Þórshof open, active, and welcoming for every member of our community

Þórshof belongs to all of us. When we step up to maintain it, we honor Þórr and the Æsir, honor the space, and honor one another.

If you are able, please donate.

If you can't give, please share the fundraiser.

Together, let's keep the hearth-fire burning at Þórshof.

Donate at <https://store.runestone.org/product/hof-heat/>



Craig Flynn
Hof Steward
cflynn@runestone.org

Hof Steward's Address

February Work Days





Craig Flynn
Hof Steward
cflynn@runestone.org

North Carolina

Upcoming Events



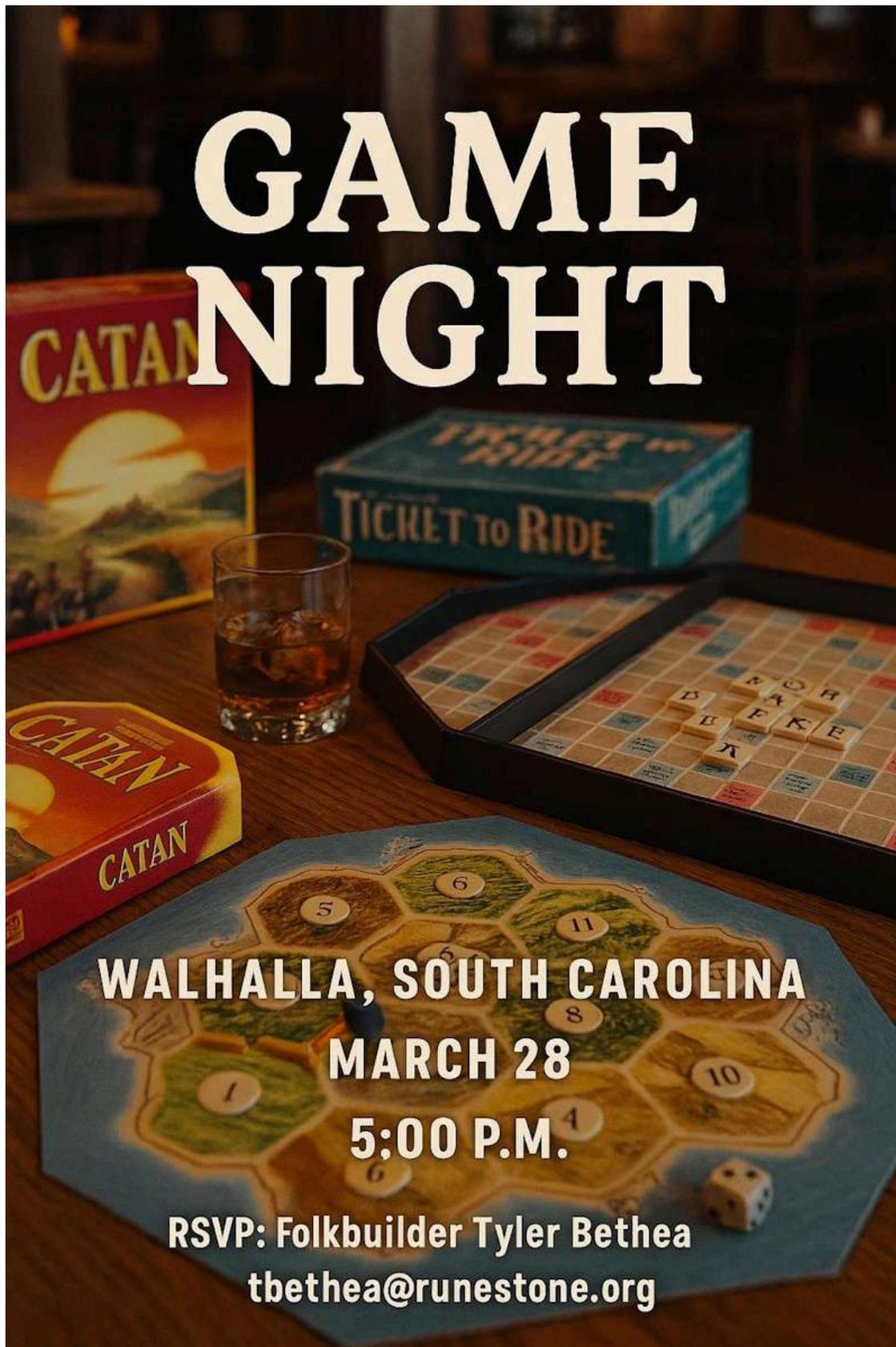
Folkbuilder Robert Shotwell
rshotwell@runestone.org

South Carolina

Moot



Upcoming Events



GAME NIGHT

WALHALLA, SOUTH CAROLINA
MARCH 28
5:00 P.M.

RSVP: Folkbuilder Tyler Bethea
tbethea@runestone.org



Folkbuilder Tyler Bethea
tbethea@runestone.org

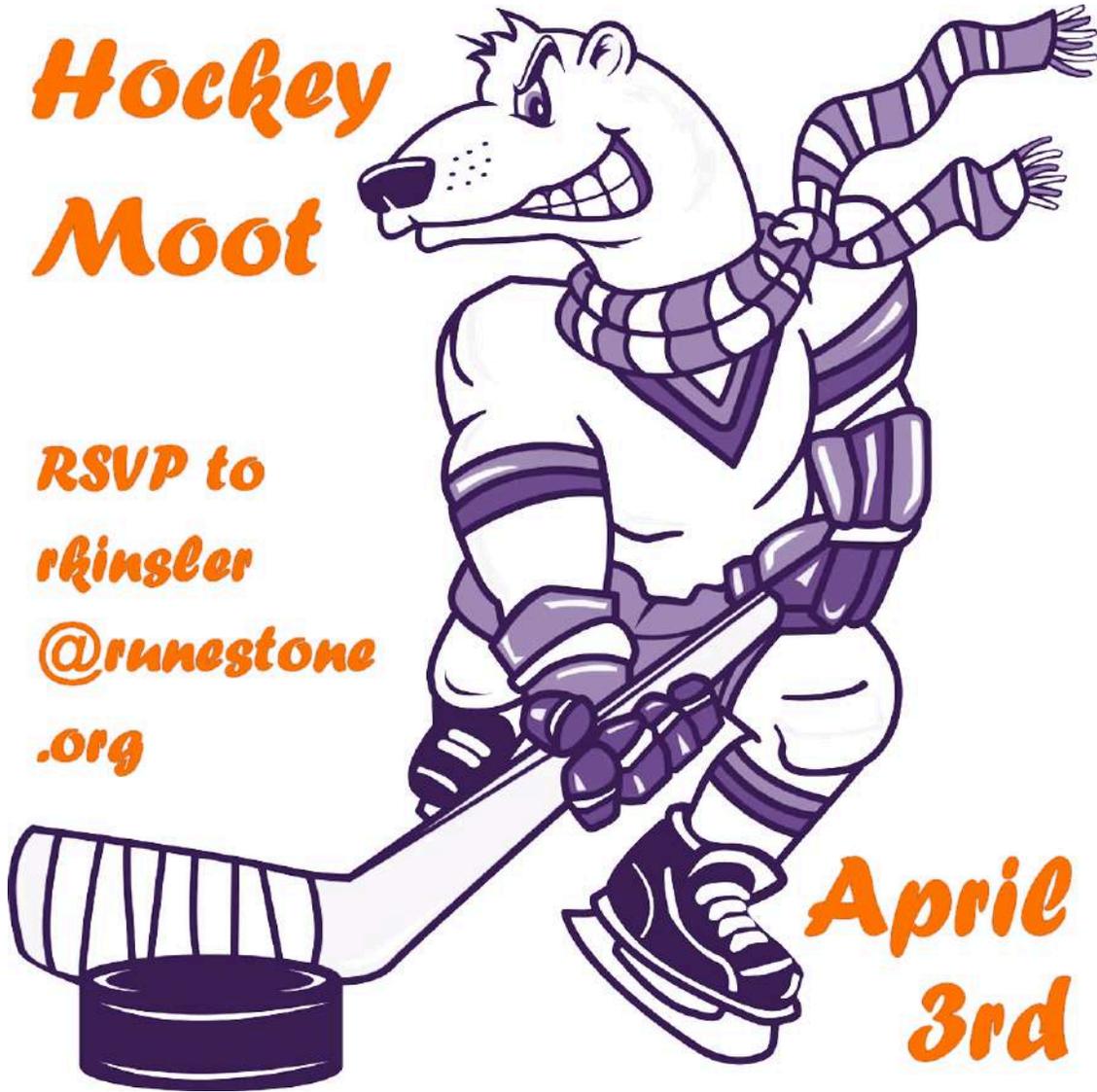
Tennessee

Contra Dance Moot



Hockey Moot

RSVP to
rhinsler
@runestone
.org



April
3rd

Upcoming Events



East Tennessee Sumarmal

*Come join the Kinslers as we
raise the Maypole, dance, feast,
share frith and blot*

*Saturday, May 9th
Arrival 1:00*

Please bring a dish to share

*RSVP Rachel Kinsler
rkinsler@runestone.org*



Rachel Kinsler
Homeschool Coach, Ásatrú Academy
rkinsler@runestone.org

Where the Cumberland Bends



Spring comes slow to the Tennessee hills—
not as conqueror, but as kin.

Frost loosens its grip from cedar and stone,
and the Upper Cumberland lifts its voice again,
silver and steady as a well-spoken oath.

Redbud kindles along the ridges
like hidden hearths flaring back to life.
Dogwood blooms hang white as altar cloths
in the shadow of limestone cliffs
older than memory,
older than the first skald's song.

The river swells with snowmelt rain,
moving as Wyrð moves—
unseen threads pulling toward green becoming.
Mist gathers in the hollows at dawn,
breath of the land rising like incense
before the unseen High Ones.

Here in these hills,
Miðgarð feels near and knowable—
earth under boot,
callus in palm,
wind in beard and hair alike.

Come, Folk.

Come tread the shale paths
where hawk-shadow circles overhead
like a silent valkyrja choosing none,
for this is a season of life.
Come stand beneath oak and sycamore
whose roots grip the soil
with the stubborn strength of Þórr's own hand.

The cliffs rise as warding stones.
The river runs like a living well—
not Mímir's, yet deep enough
to remind us that wisdom begins
with listening.

Bring bread.
Bring mead.
Bring the stories of winter endured.

Lay them down beside the greening fields
and feel how the land answers—

not in thunder,
but in leaf-burst and birdsong,
in the quiet promise of Freyr's blessing
over seed and furrow.

Spring has opened the gate.

Not with iron hinge or spear-shaft,
but with blossom and thaw.
The Tennessee hills receive you,
not as strangers passing through,
but as Folk returning to the Þingstead
of river and stone.

Stand here together.
Let laughter rise like smoke to Ásgarð.
Let the Upper Cumberland carry your voices
between cliff and sky.

For in this turning of the year,
beneath wide Southern heavens,
the old North wind still remembers us—
and the land, greening and generous,
welcomes its Folk home.

Welcoming the Allsherjargoði Out East



February marked for a monumental occasion. The Allsherjargoði and his family finally were able to move here to Jackson County, and join me in Tennessee to oversee and worship here at Sigrheim! After the stresses of moving all the way across country, they started with a nice hike with some of our local Folk on one of our beautiful trails, most of which, like this one, end at gorgeous waterfalls.



A good hike called for a good meal. And I was able to catch up with them where some hearty steaks helped to mark the end of a great weekend with Folk!



Folkbuilder Nicholas Rice
nrice@runestone.org

Enjoying Our New Home



We are so excited to be living in Jackson County, Tennessee! It has been great to be involved with so much local activity. On the 28th, we met at Sigrheim and gave Blót to the Ásynjur in the graveyard.

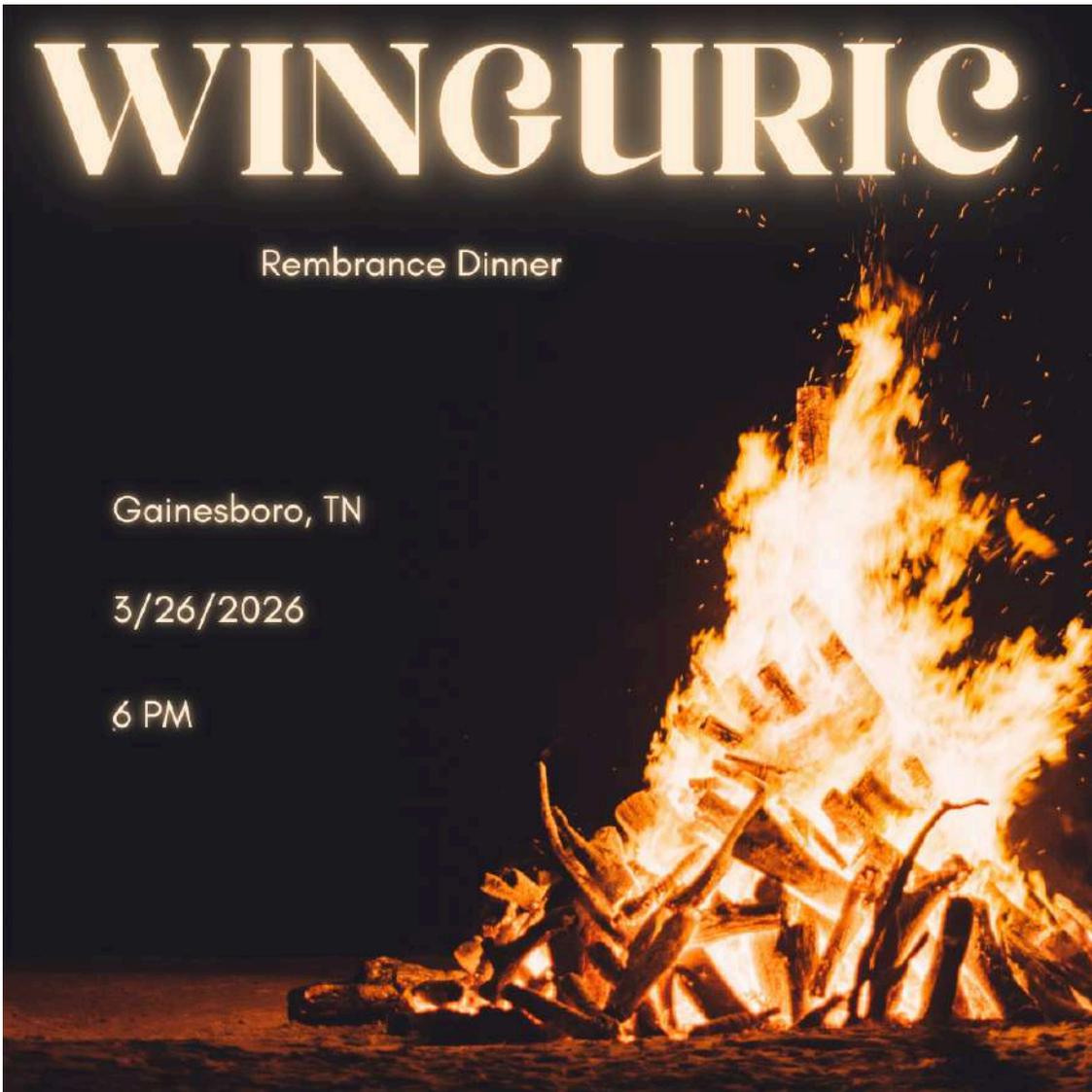
Following Blót, we came back to our home to enjoy, drinks, dinner, and company. Thank you to everyone who came out (some from 4 hours away!).

We look forward to seeing folks in March. We will be getting together at local restaurants for remembrance dinners on the Days of Remembrance in addition to observing Austra on the 28th!



Upcoming Events







Matthew D. Flavel
Allsherjargoði, Asatru Folk Assembly
mattflavel@runestone.org

Virginia

The AFA is You



“Who is the Ásatrú group around here?” he asked me as we sat down with the other folks who had joined us for the moot.

“Right here! And you!” I replied with a smile on my face as I gestured to the group.

This particular person had joined us at the local Moot as a relative to one of the members to check out the AFA. While he himself was not yet a member everyone in the group was happy to treat him as family, sharing their Ásatrú experiences, knowledge, and personal lives.

What a great gift it is to host Moots in the AFA where there is so much common ground between folks from the start. When people are willing to relax just a little bit, it encourages the whole group to do so and really get discussion and camaraderie going.

During the Moot, we decided on discussing a couple of Ásatrú books. Each person had the option of deciding between pulling a rune and discussing its meaning from a trustworthy source, or reading a line from the Hávamál. It was incredible to hear the depth of knowledge and wisdom from the men and women at the table. Not only did this prompt deep and meaningful discussion, but also friendships were created and solidified. Folks who live within 30 minutes of one another, and until now strangers, were having purposeful discussions of runes and our ancient lore.

Such a discussion is becoming normal among our Folk. This is what it means to be the “Asatru Folk Assembly” local group. Regular folks with lives of their own participating in the lives of others over a meal where your guard doesn’t have to be up for concern of fundamental worldview disagreement.

As we all filed out of the restaurant, we stood at the entrance. Where handshakes and introductions occurred just hours earlier, now hugs and phone numbers were being exchanged. Smiles were all around, but now deepened and full of meaning. Somewhere, I’m sure, the Gods smiled too.



Taylor Traficanti
Apprentice Folkbuilder
ttraficanti@runestone.org



Baldrshof
Third Hof of the Asatru Folk Assembly





www.baldrshof.org

Food Pantry at Baldrshof



Dísaping at Baldrshof





Dísaving at Baldrshof brought with it cold temperatures, snow, and new faces. After the conclusion of the Baldrshof food pantry, Spekingr Fassett brought the Hof alive with a dedication to Folkmother Else Christensen, Honored Ancestors, and Lord Baldr.

With a potluck feast, the Folk shared in conversation, stories, and Frith. Folkbuilder Ashley Erlandson brought the children together for some Dísaving kids crafts bringing the sound of little voices filling the hall.

Goði Erlandson performed Dísaving ritual to the mighty Lord Freyr, followed by Spekingr Fassett honoring Gefjon. Afterwards, the Folk processed outside to take part in Charming the Plow led by Spekingr Fassett.

The event wrapped up with a meaningful Sumbli before parting ways until we gather again to honor the Æsir together.

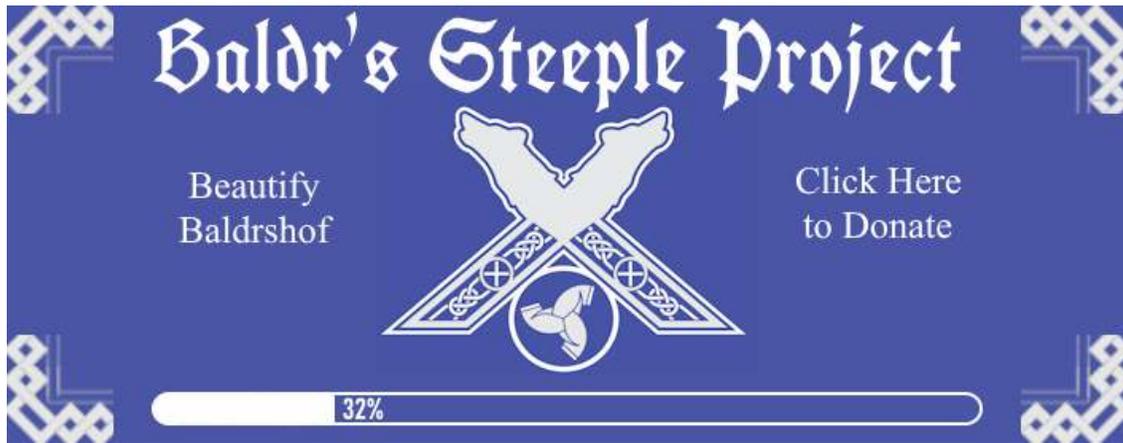


Goði Nathan Erlandson
nerlandson@runestone.org

Upcoming Events at Baldrshof

Einherjablót November 21st	Jól December 18th-20th	Þorrablót January 17th	Disaþing February 21st
Veitnætr October 17th	 Baldrshof 2026 Event Calendar		Austra March 21st
Haustblót September 19th			Nornanótt April 18th
Freyfaxi August 15th	Sigrblót July 18th	Míðsumar June 20th	Sumarmál May 15th-17th

Baldr's Steeple Project



We have a lot more to do, and we're determined to make it even more glorious and worth of Baldr! Help the project as you, whether that be through donations or coming out to the Hof to swing a hammer.

Baldur's Steeple Project > <https://store.runestone.org/product/baldrs-steeple-project/>

- Hail the Gods
- Hail the Folk
- Hail the AFA
- Hail Baldr



Goði Nathan Erlandson
nerlandson@runestone.org

Help Keep Baldr's Light Shining



Monthly Members' Meeting



Illinois

Upcoming Event



Missouri

Folkish Family Pizza Time



I'm so proud and honored to be part of this church for all these years. March 4th is my 15th anniversary with the Asatru Folk Assembly.

I am limiting myself to the Twin Cities metro area in MN because of medical issues.

I want to thank Founder Steve McNallen and Gythia Sheila McNallen.

Allsherjargoði Matt Flavel has done an amazing job leading our Church.

We had a awesome Folkish Family Pizza Moot with Northern Blood Kindred in White Bear Lake, MN. I plan to do more of these classic pizza Moots in the future.



Senior Folkbuilder Jason Gallagher
jgallagher@runestone.org

A Museum & Lunch

Wisconsin



For the Wisconsin February Moot, I had the Folk over at my place for lunch. Before the meal, Gyðja Ault led everyone in a ritual to Gefjon. For many who attended, they have not had a religious observance for a long time, and this Moot gave them an opportunity to partake in a ritual with their Folk. For the meal, I took the time to cook everything

from scratch, which everyone appreciated.

I am glad people took the time to drive to my place and share Frith with me at my February Moot, and I look forward to seeing everyone again soon.

Upcoming Event





Austin Merwald
Apprentice Folkbuilder
amerwald@runestone.org



Njörðshof

Fourth Hof of the Asatru Folk Assembly



www.njordshof.org

Food Pantry at Njörðshof



Dísaping at Njörðshof





As our premiere event, *Dísaping* (or Charming of the Plow) is near and dear to the heart of the proud Folk of Njörðshof! We have celebrated it four years in a row now, and it gets better each year!

While the event officially started on Friday the 20th, many leaders and local members arrived at the Hof on Thursday to touch things up and decorate for the event. Hof Steward John Voell, Master Folkbuilder Jordan Wells, and a member from Freyshof District squared away some cleaning and maintenance stuff while Madison decorated. More leadership arrived in the meantime: the Allsherjargoði and his daughter, the Lawspeaker, Folkbuilder Tracy Adler, and my fellow Spekingr Svan Herul.

Spekingr Svan and others touched up the mural of Lord Njörðr with gold leaf as the rest of us finished decorating and cleaning. Afterwards, we shared a quick dinner at the local

bbq place, as is tradition. From there, we returned to the Hof to hold leadership Sumbl.

On Friday, folks began to arrive and prepare for the event. Goði Bodi Mayo performed our traditional Welcoming of the Æsir Blót, where we each introduced ourselves and invited our Gods to join us in the holy tide. Goði Jason Plourde gave a talk on wholeness, and we had dinner together before the Allsherjargoði performed his always excellent Blót to Lord Njörðr.



Saturday began with an excellent breakfast provided by Pam McCloskey, followed by our Folk feeding 55 families at our monthly food pantry. Next, the Goðar led a Q&A, answering any and all questions that the Folk had.



Following the Q&A, many of the Folk performed some kind of song or recital: the Lawspeaker quoted President Theodore Roosevelt's "man in the arena" speech, Jordan performed a song by Wolcensmen, Goði Mayo recited a sonnet by William Shakespeare, and I shared a quote about the Saxon people by Charles Dickens.

After the recitals, we had lunch while Spekingr Svan led the women and children in preparing the decorations for our plow. He then began our shared ritual by performing his half to the Ásynjur – each Goddess was honored with one of our women placing her flowers on the plow and saying a few words.





Madison placed flowers for Fulla, one of the Ásynjur she feels closest to, for example. After this, Spekingr Svan had three young unmarried men process the decorated plow around the Hof, before handing the reins to me in order to give Blót to Yngvi-Freyr. Following the Blót, the Folk and the plow were blessed with the gifts of Lord Freyr.

We continued Saturday with an excellent dinner prepared by Pam McCloskey, on beautifully decorated tables prepared by Madison East. The Lawspeaker led us through a successful auction, and the Allsherjargoði led High Sumbl, and I closed the Hof for the night.

Sunday was a quick finale to Dísaping, with a simple breakfast followed by Master Folkbuilder Jordan Wells performing our Wayfarer's Blót to Lord Þórr. Everyone made it home safe, and we are excited to see each other again at Austrá!



Spekingr Trent East
teast@runestone.org

Upcoming Events at Njörðshof



Njördshof Food Pantry

THIRD SATURDAY EVERY MONTH

10AM-11AM

12562 Roberts St, White

Springs FL 32096

If you're in need come stop by! Nobody is turned away!



VOLUNTEERS NEEDED

**3RD SATURDAY OF EVERY MONTH
KITCHEN DUTIES: COOKING
CLEANING PLANNING...**



**CONTACT ANNA OR PAM FOR
DETAILS**

Monthly Members' Meeting

NJÖRÐSHOF

MONTHLY MEMBER CALL

Fourth Monday of Every Month
8 PM ET, 7 PM CT



CONTACT ANY FOLKBUILDER
FOR THE LINK
LINK ALSO SENT VIA
EMAIL AND MEWE

Suggestion Box



SUGGESTION Box

We would like your input
what would you like to see served
for lunch at monthly events?

Your opinion matters
contact Pam McCloskey on MEWE



Njörðshof Wishlist



Florida

Welcoming a New Apprentice Folkbuilder

Please welcome Michael van Dyk of Florida as the newest apprentice Folkbuilder for the Njörðshof District! We are excited to see the success Michael will achieve in the coming months and years!

Hail Michael van Dyk!

Hail the AFA!

Hail Njörðr!



Michael van Dyk
Apprentice Folkbuilder
mvandyk@runestone.org

Central Florida Moot



Our Moot in February was a quick get together and dinner in Orlando. It was really nice to finally meet Will and Jessica. We had a great time and had a lot to talk about. They had been members for a while, but hadn't been able to make it out to any Moots and it was exciting that they also came out to Disaping. It's really exciting when we have new members join and they quickly feel at home within the group. I can't wait to see them and the rest of you next time.

Upcoming Events



Folkbuilder Tracy Adler
tadler@runestone.org

Georgia

Upcoming Events



**GERMAN FOOD
MOOT**

SAT, MARCH 21ST

12 PM ET
STONE MOUNTAIN, GA

RSVP AND DETAILS:
JWELLS@RUNESTONE.ORG

Georgia Folk will return to a local German food favorite that had been temporarily closed for a while. Join us on March 14th at 12 PM to enjoy some wurst or schnitzel, and then some time outside at Stone Mountain if the weather allows. I'll also take the opportunity to talk about one of our Heroes: Goði Ölvir of Egg, as this will be the weekend after his Day of Remembrance. You won't want to miss this Moot!



Folkbuilder Jordan Wells
jwells@runestone.org

Texas

Welcoming a New Apprentice Folkbuilder

Please welcome Blayke DeShane of Texas as the newest apprentice Folkbuilder for the Njörðshof District! We are excited to see the success Blayke will achieve in the coming months and years!

Hail Blayke DeShane!

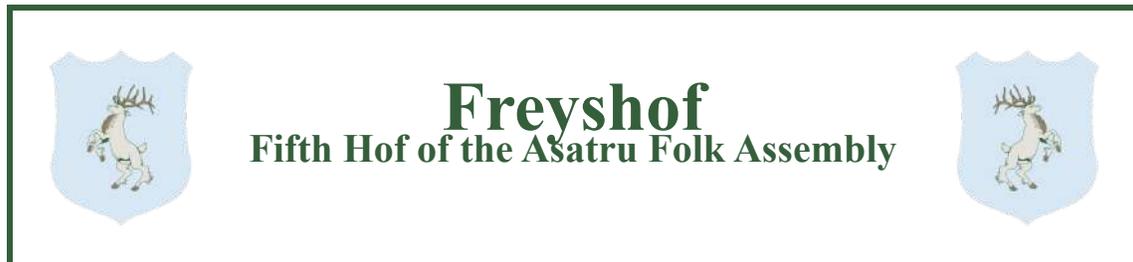
Hail the AFA!

Hail Njörðr!

Blayke DeShane
Apprentice Folkbuilder
bdeshane@runestone.org



Upcoming Events





www.freyshof.org

Food Pantry at Freyshof



Spekingr Clifford Erickson
cerickson@runestone.org



Well, we forgot to take a photo this month. But we did meet a new local named Pierre and Folkbuilder Joe Drotos made us a much improved sign (actual sign shown, not to scale). We also have been advertising in local social media groups and got 21 views. Hopefully we will be able to get some new folks fed (and AFA cards in each bag) very soon!

Dísaping at Freyshof



On Saturday, February 21st, the Folk gathered for our first Dísaping at Freyshof. It was a chilly day, but the sun shone brightly, a relief from the gloom and snow. The Plow was

carried into to sanctuary and placed on the dais before Freyr, and the sounds of children playing echoed all around.

Before Blót, the girls and women prepared the plow by wrapping it in ribbons and learning the small song that would be recited during Blót to charm the plow while Spekingr Erickson discussed the importance of Dísaping, and Blót, with the men. When the time came, we began Blót with the blessing of the horn. When procession was finished, the women ascended the dais and, while the men Galdr'd Uruz to build the masculine energy, the women called on Freyja to help prepare Freyr as he gets ready to join Gerð in the most holy union. The women sang their charm while they finished decorating the plow with flowers and small handmade runic charms.



“Deep digs the ox-iron, fertile furrows bloom rich.”



Gyðja Catie Erickson
cm.erickson@runestone.org

When the women were finished, they joined the men and Spekingr Erickson called on Freyr before leading them up to gather the plow. All the men were able to participate in the carrying of the plow out of the sanctuary and out into the yard where a long furrow was created, completing the union between Freyr and Gerð. All the Folk participated in giving the gifts of bread and red clover seed (the Hof flower) into the furrow, and we finished Blót by placing our hands on the plow and asking for the blessings of Freyja, Freyr, and Gerð.

When Blót was finished, the Folk gathered in the community room for a meal of twiced-stuffed potato cottage pie and good company. By the time the evening came to a close, even the children were ready for bed! It was a good day!

Please make sure to join us this month for Austrá! We look forward to seeing you!

Work Day at Freyshof



Upcoming Events at Freyshof



Freyshof Food Pantry on March 21



Austra at Freyshof on March 21

Helping Tend the Grove at Freyshof



Some things on this are big, some are small. Any donation is greatly appreciated!

Freyshof Amazon Wishlist > <https://tinyurl.com/FreyshofWishlist>

Monthly Members' Meeting

Freyshof

Monthly Members' Meeting

2nd Thursday of the Month at 730pm Eastern



Links Emailed and Posted to MeWe
Contact any Folkbuilder for assistance

Europe

European Book Study
Hávamál

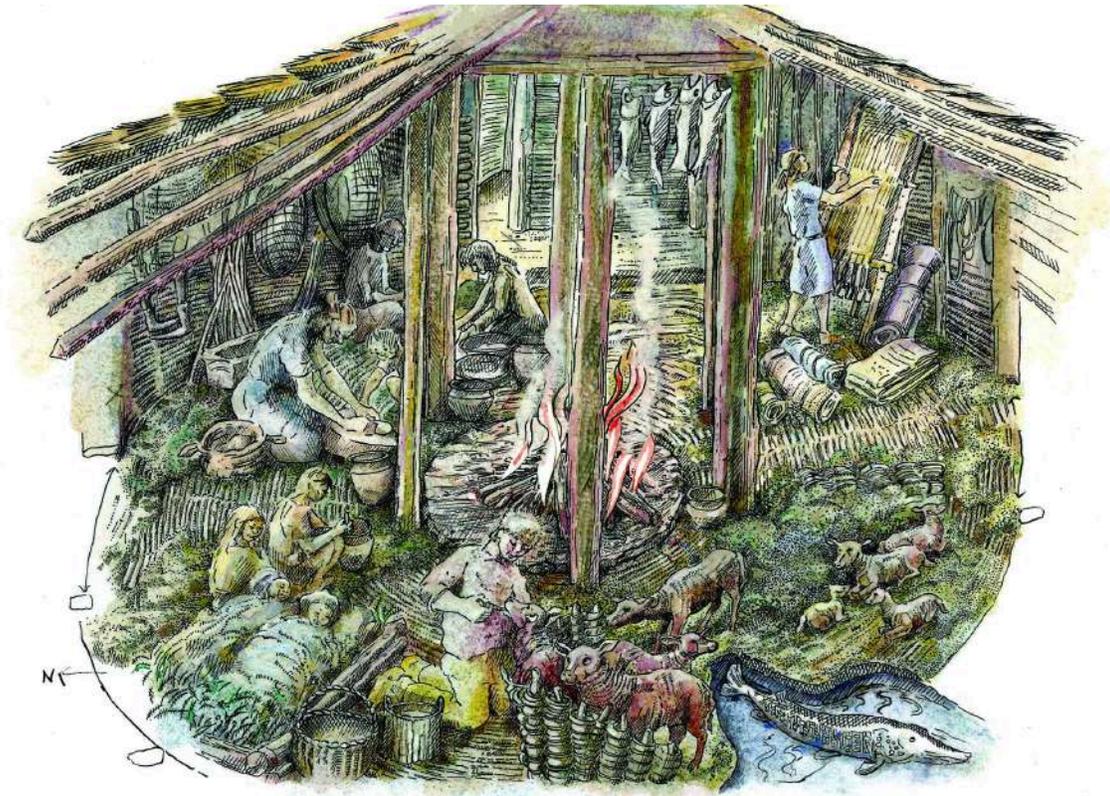
First Sunday of the month

18:00-19:00 CET
via
Teams

Contact elugnet@runestone.org

Indiana

Hoosier Households



Lately, Folc Irminsul of Indiana (my AFA kindred) have been hosting weekly Sunday Moots to give talks on cosmology/theology, honor "*lesser*" Gods and Goddesses, train in physical excellence, and to honor our ancestors. It is this final part concerning the Ancestral Household that has made me think about something. Our ancient religion started long, long ago, on the primordial steppe and probably before even that; the foundation of this ancient religion ultimately resides in the households of our forefathers and foremothers, in their hearths and burial mounds.

Just for curiosity's sake, let's see what the etymology is for "*household*" according to Etymonline:

Old English *hus* "dwelling, shelter, building designed to be used as a residence," from **Proto-Germanic** **hūsan* (source also of Old Norse, Old Frisian *hus*, Dutch *huis*, German *Haus*), of unknown origin, perhaps connected to the root of hide (v.) [OED]. In Gothic only in *gudhus* "temple," literally "god-house;" the usual word for "house" in Gothic being according to OED *razn*. Meaning "family, including ancestors and descendants, especially if noble" is from c. 1000.

Ah, so the deeper Proto-Indo-European roots of this word are lost to time. We do not know what it originally meant beyond from "*residence*" but we can clearly see it has

related descendant meanings of "*temple*" and "*family, including ancestors and descendants, especially if noble*" which both point to specific definitions formed earlier in European history before the Household religion was subverted. Perhaps this word once held a divine and familial usage, but over time such usage was only retained in certain cultures and in certain poetic ways such as those ideas held by the Germans and Norse. Rather than outright referring to the home as a temple, it was the entire corporate body of the family, which would insinuate that the household is indeed a temple, burial place, and residence for the ancestral spirits. Indeed, the household is the god-house; accordingly, so too is the household an aggregate of family members, noble in spirit. According to William Edward Hearns in "*The Indo-European Household*":

These spirits, together with their living descendants – whether natural, or adoptive – in their several ranks formed collectively that corporate body which, though it is known by a variety of names, I have called the household.



The Ancestral Household must be understood in all its parts, so let us start with the structure of this holy edifice. According to William Edward Hearn in “*The Indo-European Household*”:

On its visible and external part, the House Father stands conspicuous and supreme. His authority, however, is exercised under constant sense of his responsibility to his House Spirits (deceased house fathers and mothers) and is checked and regulated

thereby. By his side stands the House Mother, the functionary charged with the care of the holy hearth – the natural head, subject to her husband’s command, of the internal economy of the family; and above all, the mother of the House father to be. Then follow the sons, the hopes of the House; and after them, but on a lower footing, the daughters. If nature have denied the gift of sons, expedients may be adopted to supply the want; and the adopted, or otherwise recognized son, is accepted fully as though he were natural-born.

Something that gets repeated in the folkish spheres is “*what we do is our praxis*” meaning, our actions shape our customs, traditions, and religions. When people ask us “*where do you get your practices?*” we say “*the ancestors*” and when they ask “*where does your authority derive from?*” we say “*the House Father*” and if they ask where does the House Father receive his authority, we answer with “*Óðinn, the All-Father*”.

I really can’t stress this enough: the preservation of the Ancestral Household is more wholesome, life-affirming, and patriotic than any other practice available to Europeans. We supplicate to the Aesir, and honor the spirits of the land, but it is our ancestors who supply us with this connection to both Divine and Mundane.

Do not forget them. Honor them. They are the reason we are alive, gathering together in the Hofs of the AFA, building community together with Frith and honor. May we enter the ancestral halls one day together, my friends.



Folkbuilder Aidan McMillan

amcmillan@runestone.org

Throughout the Month





Ending the Month with Dísaping



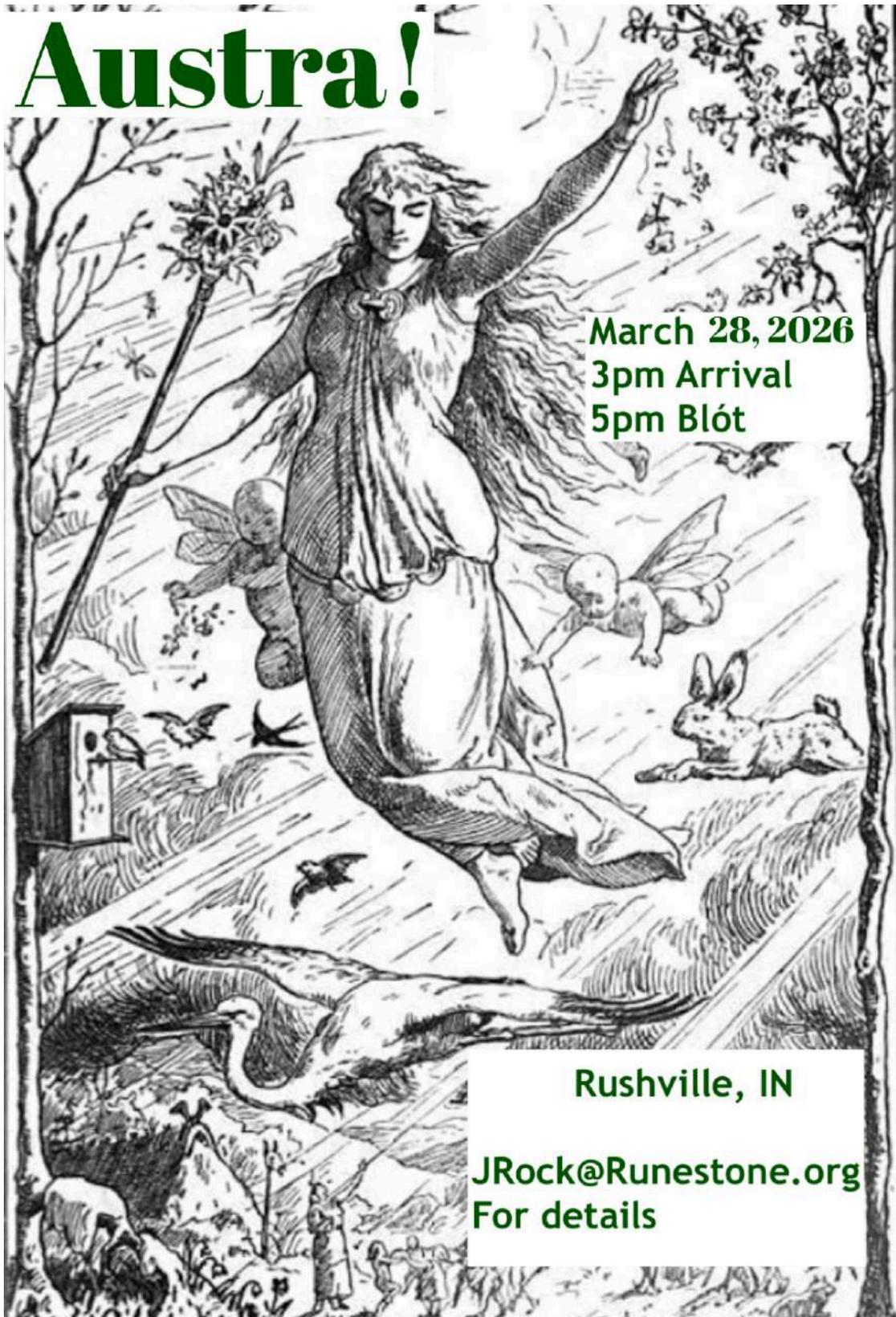
This year Indiana celebrated Dísaping in the warmth of unseasonably mild weather. The earth was roaring to life around us as we gathered to welcome the soon-to-be-coming Spring and to prepare our tools (and ourselves) to create Victory in the coming months ahead.



Upcoming Events

After our standard shared meal and Blót, we blessed the tools of our trades as well as the hands that wield them, so as to work our will in the world. Afterward, one of those workers (with a medical background) shared the knowledge of his labors with us in a demonstration of tourniquet and bandaging applications (a hopefully unrequired talent in our upcoming year).

Austra!



March 28, 2026
3pm Arrival
5pm Blót

Rushville, IN

JRock@Runestone.org
For details



Nornanott
Rushville, IN
3pm Arrival
5pm Blót
April 25, 2026
JRock@Runestone.org
for details



Goði Jonathan Rock
jrock@runestone.org

Massachusetts

Pub Moot



Michigan

Is It Spring Yet?



What is wiþ ðis crazy weather?
Ðe cold has come and gone, now cast
off like a gown into ðe garbage, chucked, grantiþ
us ðe chitter-chatter of birds all chasiþ eachoðer,
bluejays and red-breasted robins about
rolliþ and ridiþ þrough ðe sky, a ruckus
as ðey siþ their soþs so freely in style.
Ðen ðe frost all fall again, and freeze
ðe grass in a gown of snow, garbiþ
ðe streets and sidewalks too, all smeariþ
ðe town wiþ a ton of white on top.
What is wiþ ðis crazy weather?

Michigan Disaping

Upcoming Events

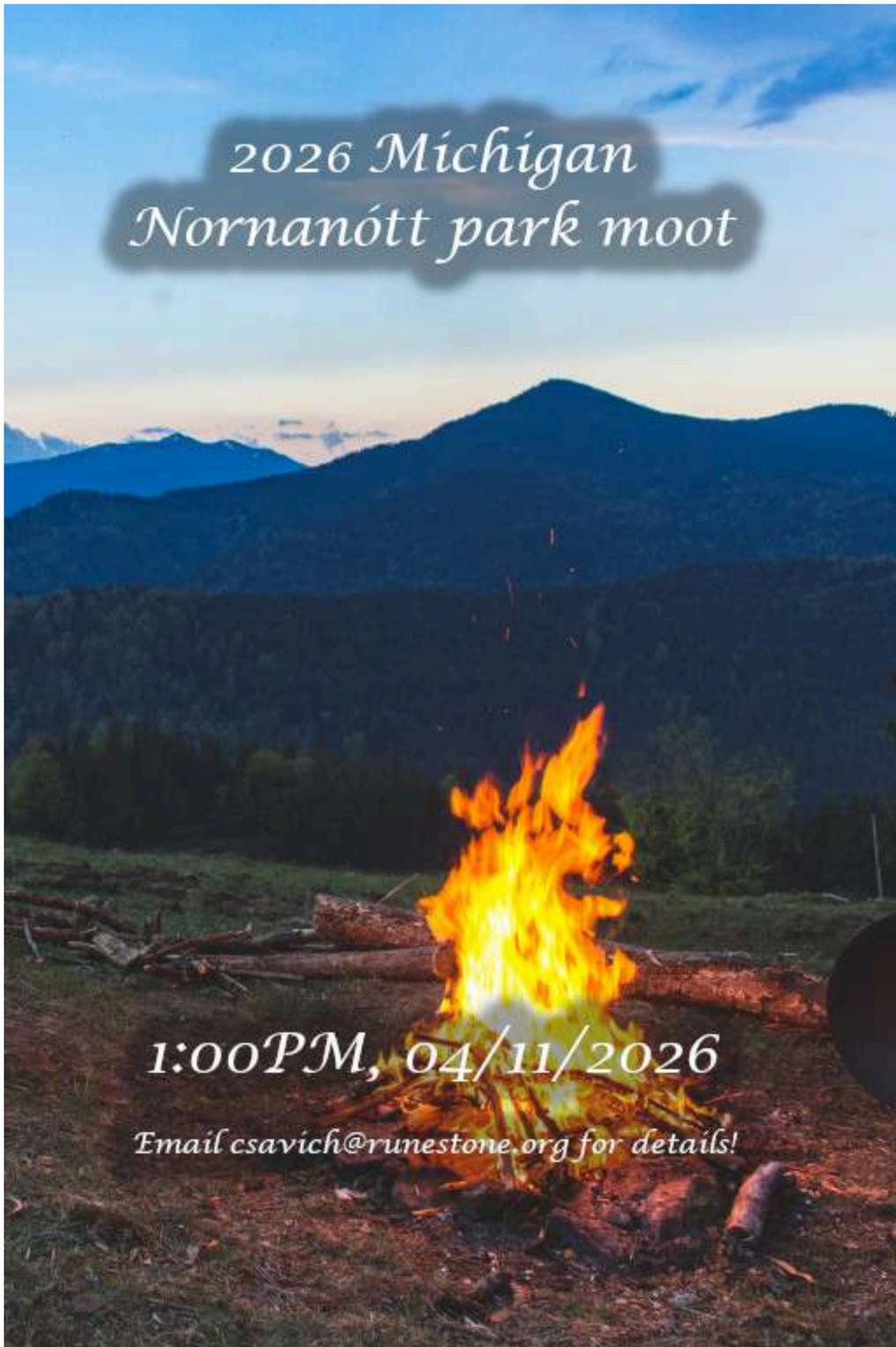




*2026 Michigan Austra
restaurant moot*

1:00PM, 03/14/2026

Email csavich@runestone.org for details!



Folkbuilder Chris Savich
csavich@runestone.org



New Brunswick

Upcoming Events

A promotional poster for an event. The background is a soft-focus image of white snowdrops in a field. The text is overlaid in a mix of serif and script fonts. The event name 'Austrá Blót' is in a large, elegant script. The date 'March 21st' is in a bold serif font. Contact information for Jordan Wardrobe is provided at the bottom.

New Brunswick
Austrá Blót
March 21st
Contact Apprentice Folkbuilder Jordan
Wardrobe for details
jwardrobe@runestone.org



Apprentice Folkbuilder
jwardrope@runestone.org

New Hampshire

Planetarium Moot



On Sunday, 15 February, I was joined at the McAuliffe-Shepard Discovery Center & Planetarium in Concord NH by the Crum & Sagert families, Eric Moore, and of course my husband, Andy!



We had a whole smack of kids running around, and I was thrilled! The kids were all very well-behaved, though I do understand the timing of this Moot interfered with nap time. Once we were all ticketed and in, we set about exploring the Discovery Center. We learned about weather phenomena & science of New England with information about Mt. Washington, the highest peak east of the Mississippi River and home to the highest recorded wind speed ever (231pmh, recorded 12 April 1934)! In my research, I have discovered that it is now the highest recorded wind speed in the northern hemisphere; in 1996, tropical cyclone Olivia down in Australia beat the record with 253pmh!!



Angela Robichaud
Apprentice Folkbuilder
arobichaud@runestone.org



We learned about lunar cycles, how astronauts use the toilet while in space, how the Boston Marathon has been run in space, how plants are grown aboard the International Space Station, and lots of other things. We got to explore actual pieces of various vehicles that have been to space, and generally had a lot of fun!

Following a very educational and informative afternoon, we all departed for a local Mexican restaurant for a late lunch. It was so very nice to spend time with our AFA Folk, our Kin, our family in faith.

Thank you all for joining in!

Upcoming Events



Folkbuilder Ronald Boardman
rboardman@runestone.org

Proud to Announce: Our Third Child's Naming During Nornanótt at Freyshof!



Greetings, Freyshof Folk!

My family and I are excited to share that we'll be coming down to Freyshof for Nornanótt on April 18th. Not only are we looking forward to seeing everyone and our newest Hof, but we'll also be having our third child—our first son—named at the event.

Baby namings, formally called AUSA Vatni, are my favorite ritual we perform in the Asatru Folk Assembly. Gyðja Catie had the honor of naming our first daughter at our home in New Hampshire, and Allsherjargoði Matt performed the naming for our second daughter during Austra at Þórshof.

If you're able to attend, it would mean the world to us to celebrate Nornanótt together

and introduce my son to our Folk, the Gods, and our ancestors. I believe he'll be the first baby named in the Hof, and I'm deeply honored for that to be the case.

Looking forward to seeing you all in just a few weeks!

Hail the Gods!

Hail the Folk!

Hail the Ancestors!

Hail the AFA!



Folkbuilder Tyler Sagert

tsagert@runestone.org

New York

New York Disaping 21 February



Syracuse area, New York, or more properly Cicero, New York saw members of the Asatru Folk Alliance gather for *Dísaping* Dinner and *Blót* on the 21st of February. I want to thank them for hosting events and doing the work. Rich, Maddie, and Daniel, you are appreciated.

We started with a *Dísaping* Dinner first at a local pub. We renewed friendships and brought to life fresh ones. Despite some last minute cancellations, we still enjoyed each others company while speaking of work, the snowfalls, and especially *Ásatrú* and the AFA.



After what seemed like a few minutes but in reality was over two hours, we found a trail with some woods and heavy bull rushes. The snow was deep so we setup plow, idols of Freyr and Freyja, and the usual Blót items. One of us had to leave for family obligation but we still held Blót to Freyja and Freyr as well as the rest of the Æsir for Dísaping. We faced the North after decking out the Plow with flowers and held our ritual under the grey skies. The spring felt a very long distance away but we know it was coming and felt hope in our hearts during Blót.

It was difficult parting ways after such a Frith-filled meal and Blót but all things must end. Off we went after joy filled farewells. New York is gathering monthly with the rest of the AFA so if you are in the neighbourhood, reach right out to us via the website and we'll get connected for Blót!



Folkbuilder Ronald Boardman
rboardman@runestone.org

Ohio

Same Fire, Different Paths

Prologue — The Hearth Is Lit



There are moments in a life when a person begins to feel the distance between where they stand and where they came from.

Not just in geography.

In spirit.

Many of us raised in the lands shaped by the old northern and western cultures carry a quiet sense that something ancestral still moves beneath the surface of modern life. It appears in the pull toward ancient stories, in the fascination with runes and sagas, and in the feeling that strength once meant something deeper than recognition or approval.

This series is not written as history alone.

It is written as remembrance.

A return to the fire that once stood at the center of our spiritual and communal lives — the hearth that bound people together long before borders, politics, and modern identities reshaped the world.

The traditions often called Norse or Germanic were never a single fixed system. They were living ways of being that changed from tribe to tribe, from valley to coastline, from one generation to the next. The gods were known by different names, honored in different ways, and woven into daily life rather than separated from it.

What remained constant was not uniform belief, but shared orientation: reverence for ancestors, respect for land and season, honor carried through action rather than proclamation, and community formed through oath and kinship.

The old religion did not exist as an abstract philosophy. It was lived. It was spoken beside fires, practiced in small gatherings, and carried through stories long before it was ever written down.

This series speaks from that northern Germanic and Norse spiritual perspective — not as a claim of ownership over the past, but as an acknowledgment of the tradition that shaped the path many of us now walk again.

No single tribe practiced the old ways in exactly the same manner. The customs of the Danes differed from those of the Saxons. The Norwegians honored different local spirits than the Swedes. Germanic peoples across forests and plains shaped their rites around the land they lived on.

Variation was not a weakness. It was proof that the tradition was alive.

For many today, the Asatru Folk Assembly serves as a living bridge between ancient

memory and modern life. It is not an attempt to recreate history perfectly, but an effort to walk in alignment with the old Germanic and Norse worldview — honoring the gods, ancestors, and values that shaped generations before us while standing firmly in the present.

Through gatherings, ritual, and shared learning, the AFA community seeks to rebuild what was once common: a sense of belonging rooted in heritage, religion and responsibility. The establishment of Hof's — sacred gathering spaces — reflects this movement back toward communal practice. Each Hof becomes a modern hearth, a place where people reconnect with tradition, honor the Æsir, strengthen bonds, and carry forward a spiritual lineage that might otherwise fade.

Five Hof's now stand, with more yet to be raised.

Same Fire, Different Paths is not written to argue with the world. It is written to speak to those who feel the pull of the old northern flame — those who sense that identity once came from shared memory rather than constant division.

The old stories tell us that a fire left untended will fade, but a single ember carried forward can ignite a new flame.



Michael Linger
Apprentice Folkbuilder
mlinger@runestone.org

Greetings, kin of the AFA!



I am Josh Wilson, a returning Folkbuilder in the Freyshof District, and I am truly honored and energized to be back among you.

Over the past month, I have been immersing myself in the evolving ways of Folkbuilding—adapting, learning, and growing—and I am steadily finding my footing once more. With each passing year since I left, one truth has become crystal clear: this is my home. This is our home.

There is a profound spiritual loneliness that settles in when we distance ourselves from our true spiritual family. Yet when we embrace it fully, that void transforms into deep connection, purpose, and strength.

Through the AFA, I have forged meaningful bonds with remarkable individuals from all over—people who are kind, uplifting, and committed to walking this path with integrity. This is no ordinary faith; it is a complete way of life. It shapes how we care for ourselves and one another, how we stride forward on the paths we have chosen, and how we rise each day to become stronger, wiser, and more honorable versions of ourselves than we were yesterday.

What sets our community apart is our unbreakable support system. We do not discard our weakest links—we lift them up when life's challenges bring them low. By

strengthening every link in the chain, we forge an unbreakable whole. Our bonds deepen, our individual lives flourish, and together we grow ever more resilient.

This is far more than a church or a modern religion in the conventional sense. It is a living tradition—a sacred way of walking in harmony with our ancestors, honoring the Gods, and building a future worthy of our blood and spirit.

So I say to each of you: Step forward boldly. Reach out if you need guidance, a listening ear, or simply a hand to steady you on the path. Come join us at our events, stand shoulder to shoulder with your kin, and actively participate in this shared life. Together, we continue the sacred work and vision of our forebears. Put your hands to the task—shape our future with purpose and pride.

The Asatru Folk Assembly stands strong. Let us build it together!

In February, we held a dinner moot in Ohio. It was a great first event for me, as I got to sit and talk with a sister I havent seen in so long. We ate, we laughed, and we had fun. This is first of many events to come.

In March, we have a Dinner Moot in Middletown, OH. So far it looks like we will have a good turn out, if anyone is interested please reach out to me and we will add to the headcount for the restaurant.

Im excited to be back and look forward to meeting new people.

Hail the AFA!

Hail the Doers!

Hail the Ancestors!

Hail the Gods and Goddesses!

Upcoming Events

Dinner Moot

Middletown, Ohio

March 29th @ 4PM

"He must early go forth who fain the blood
Or the goods of another would get;
The wolf that lies idle shall win little meat,
Or the sleeping man success."



To obtain details and to
RSVP please Email
jwilson@runestone.org

Hosted by:
Josh Wilson
Folkbuilder
Freyshof

In the golden light of Freyr's gaze, frith blooms like wheat in summer rain: not the
silence of absence, but the living bond where every heart finds room to thrive, every
seed its chance to rise, and frith becomes the richest harvest of all.



Folkbuilder Josh Wilson
jwilson@runestone.org

Pennsylvania

A Month of Moots







Upcoming Events

I will be hosting dinner
and Sumbel on
Saturday March 28th
and would be honored
by your presence.

The evening will be
unhurried, with dinner
first, followed by
Sumbel.

Please let me know if
you are able to attend.

In frith,
Jill

RSVP
jilliestorm@yahoo.com



Prince Edward Island

February PEI Moot Recap



February is usually a month spent avoiding the cold and staying in the warmth, and we had the pleasure of taking up a table at the Pilot House in Charlottetown, Prince Edward Island for a Moot.

First, I must say the food and beverages were both delicious, and reasonably priced. There was the usual pub foods one would expect but also sea fare common to the Province. There was a generous selection of commercial as well as craft beers available, as well as ciders.

We discussed the origin of the Hávamál, as well as our favourite passages and why we felt they pertained to our present day. My personal choice is Stanza 43, "Be a friend to your friend and also to his friend, but never be the friend to the enemy of your friend." Jackson Crawford's Translation. I chose this stanza because the conflict and division being created by those in power give us the opportunity to form real kinship amongst our Folk in a way that peace never can.

There were other more light-hearted talks about various aspects of music, including new releases, genre preferences and recommendations. We also exchanged ideas about various grey areas in history, more speculation than much else.

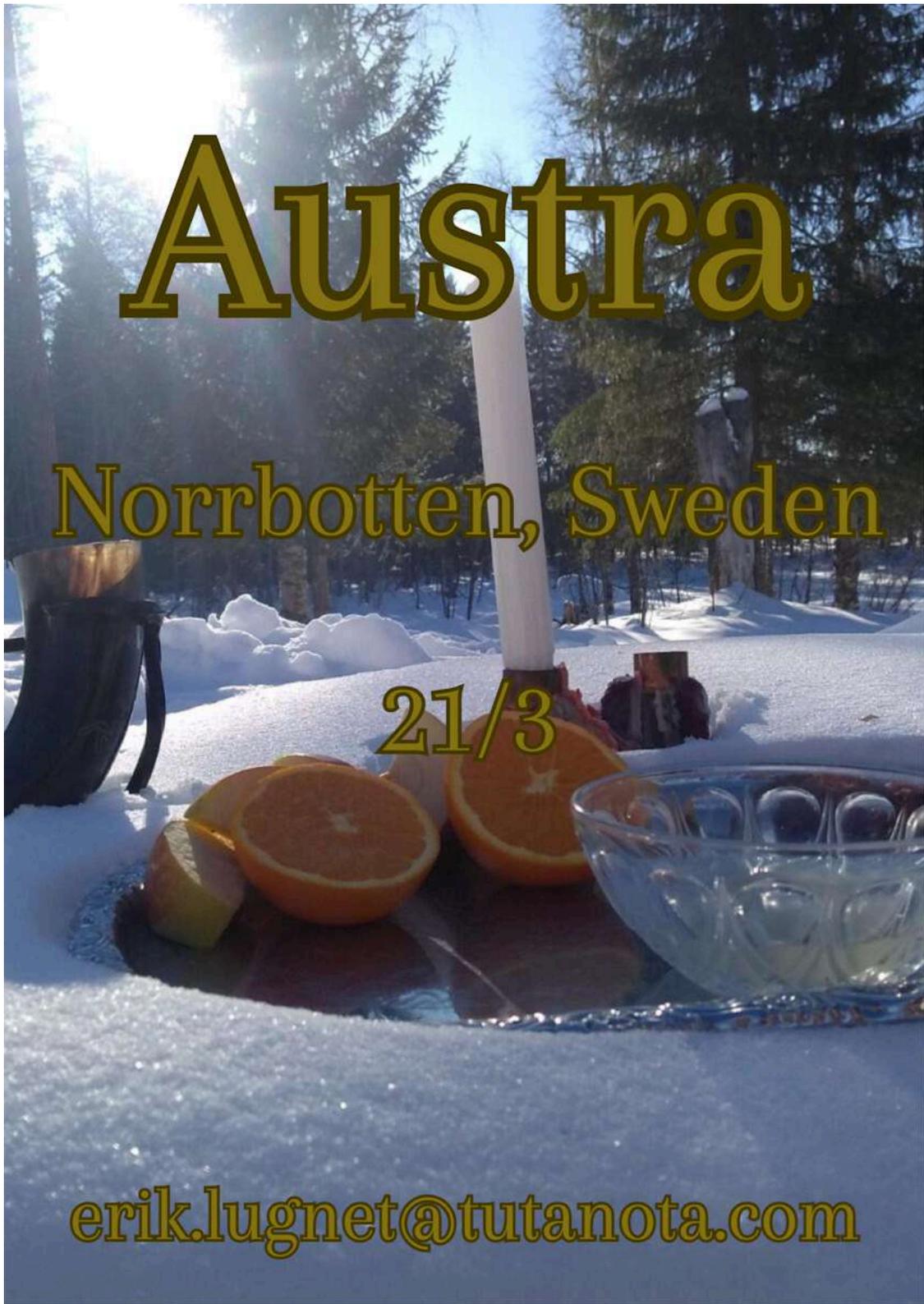
Jordan Wardrope



Apprentice Folkbuilder
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Sweden

Upcoming Events



Upcoming Events



Oliver Hamnebo
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Austra Blot Mars 21



Rökstenen Ödeshögs

📍 ohamnebo@runestone.org

🌐 Kontakta folkbyggare Oliver Hamnebo



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