





# **Óðinshof**First Hof of the Asatru Folk Assembly

www.odinshof.org

November 2024

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### Donate to the AFA

# Words from the Alsherjargoði



The veil has thinned, and we do well to give special focus to our ancestors. In October, we all started this process with giving Blót to our Dísir. Winter Nights and Dísablót specifically have always been very special to me and have been where I have had some of my most visceral spiritual experiences. It is not possible to logically convince those

who have not shared the experience or who are determined to be unconvinced, but the ancestors are with us, they reciprocate our love and our attention and if we have open hearts and open minds, they have much to share... Once you know, you cannot unknow.

Hail the Álfar! Hail the Dísir! Hail the Heroes!



With this in mind, we have been hard at work seeking out our history and preserving that history for future generations. A shining star in this endeavor is apprentice Folkbuilder Chris Savich of Michigan. Thank you, Chris, for your exceptional work! We have been cataloging old publications such as *The Runestone*, we have recently gained access to the very first issues in 1972 through 1980, these will be uploaded to <a href="https://library.runestone.org/library/">https://library.runestone.org/library/</a> very soon! We have also been looking into the heroes of our faith from all times so that they get their proper recognition. A reoccurring theme is that Folk don't realize they are making history until events are long past. We are making history NOW, these are historic times. We must be aware of this and we must make the most of our time in Miðgarðr!

Hail the Æsir! Hail the Folk! Hail the AFA!

# Announcements, News, & Noteworthy

• 10/12/24 - Freyjalynn Mae Bailey was named before her Gods and Folk.

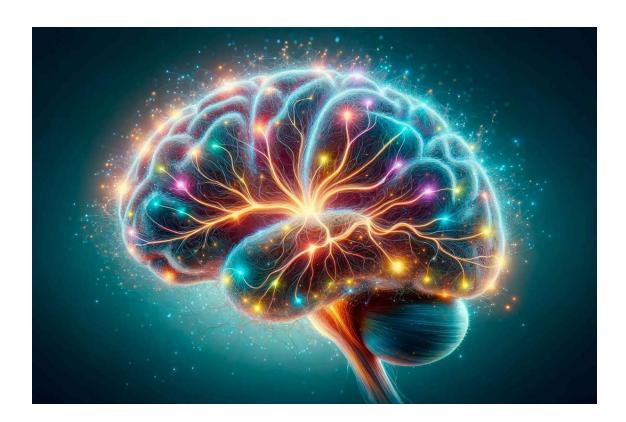
- 10/12/24 Milo Freyr Wilson was named before his Gods and Folk.
- 10/12/24 Ronald Boardman took his Oath as Folkbuilder of the Asatru Folk Assembly.
- 11/6/24 Goði Þorsteinn Guðjónsson of the Ásatrúarfélagið was recognized as a Heilagr Maðr.
  - His Day of Remembrance will be October 4th.



Matthew D. Flavel Alsherjargoði, Asatru Folk Assembly mattflavel@runestone.org

### Words from our Witan

### Minní, The Storehouse of Wisdom and Experience



Last month, we discussed the Hugr, or the logical mind, as part of the many components that make up the Aryan soul. This month, the theme continues as we discuss the Minní, memory.

First, let's define memory. Oxford defines memory as the "faculty by which the mind stores and remembers information, something remembered from the past, a recollection."

As you may recall, last month we discussed the two ravens Huginn and Muninn, who fly over Miðgarðr, relaying the affairs of men back to Lord Óðinn. Huginn (Thought, Logical Mind) and Muninn (Memory).

O'er Mithgarth Hugin | and Munin both
Each day set forth to fly;
For Hugin I fear | lest he come not home,
But for Munin my care is more.

— Grímnismál, stanza 20

The Minní, or memory center, of the soul plays hand in hand with the Hugr, our logical mind. When presented with a situation, we often recall previous experiences to help us take appropriate action. Sometimes it is the recollection of a past situation that ended badly or didn't work out and we alter our course.

There are good and bad memories; some we remember for victories, and others, failures. If you ask yourself which you recall the most vividly, I'd wager that you recall failure much more vividly. Why is this? In my opinion, it is so we don't fall into the same traps that have snared our progress in the past. I sometimes use memories of previous failures or of people who told me I couldn't do something better, and I put it in my fuel tank. To propel me forward. And once I accomplish something special, I'll reflect on those memories and have a feeling that I conquered something; I overcame a negative memory and added a new, better one.

Then, there is ancestral memory. There's déjà vu, the felling you have been here before, seen this before. This is ancestral memory. As we are the most recent representation of our Blood, we feel what they felt, see what they saw, experience what they did. How do we explain this? I think Stephen McNallen explains it best in his book, *The Philosophy of Metagenetics*. I encourage you to read it.

The collective unconscious is a reservoir of primordial images called archetypes. They are not exactly memories but are rather predispositions and potentialities.

What are these "primordial images," these recollections of a past you were not present for? They are the memory wells that we are connected to through our bloodlines, the experiences of our forebears echoing in our minds, in our souls, in our Minní.

Just as Odin left one of his eyes in Mimir's Well so that he could know the secrets contained in its watery depths we, too, must explore the personal and collective memory. We must come to know those parts of ourselves that are hidden from our sight, including those parts we would prefer not to face!

When done in a psychoanalytical context, this work of self-exploration is best accomplished through Jungian analysis. This is a highly specialized process and most of us are not able to undertake this work for ourselves.

Nevertheless, any of us can gain by becoming familiar with Jung's writings on archetypes, symbols, and dream analysis. You can take this work farther by keeping a dream journal and working with the unconscious content revealed while you sleep.

— Stephen McNallen, Asatru, A Native European Spirituality

While Witan Dan is not an expert on Jungian analysis, I do suggest that we keep a dream journal, as sometimes secrets are revealed in this state. Some may feel prophetic, others are a recall of a forgotten memory, maybe your own, but maybe that of your ancestors.

Our memories are the storehouse of Wisdom. Wisdom is gained through experience, and we store that experience to better inform our present and future.

Some memories are painful, but we must face them with courage and determination in order to drown them out by creating more and better memories. Memories are your history; by creating new memories, we create history. Go out and create history, my Folk.

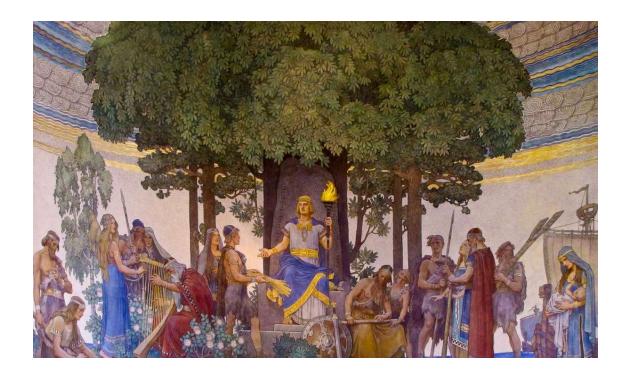
Hail The Æsir!
Hail The Folk!
Hail The Asatru Folk Assembly!
Hail the memory makers....



Witan Daniel Young <a href="mailto:dyoung@runestone.org">dyoung@runestone.org</a>

### Words from Our Goðar

Cosmic Order & Natural Law: Ásatrú Worldview



The two main "forces" that make up our entire cosmos, the two forces whose relationship is what creates entire worldviews, are cosmic order and natural law.

Cosmic order is the Æsir (not initially including the Vanir) in Ásatrú, or Yahweh/Jehovah/Allah in the Abrahamic faiths. It is the "supernatural," the heavenly, the higher truths of the world.

Natural law is the Vanir in Ásatrú, and simply the natural world in general. It is exactly what it sounds like—nature, land, and sea—basic truths.



As mentioned above, the relationship between these two primordial forces is what makes up the foundation of every worldview. For example, in monotheistic faiths, cosmic order should trample and conquer natural law. This is clear in Christianity, where this world and its laws and machinations are seen as a prison of suffering, nothing more than a punishment for the righteous Christian to pass through in order to get to their afterlife. Think of all of the "be IN the world, not OF the world" bumper stickers you see on the way to AFA events!

In modern atheism or "science" worship, cosmic order is absent, but natural law must still be subdued by man. This life is their \*only\* life, but nature is still seen as barbaric and evil.



In Aryan faith, and likely many other pre-monotheism faiths, these two forces compliment each other. Cosmic order is "higher" than natural law, yes, but it does not conquer it. It works alongside it, the two both being necessary and integral pieces to the tapestry that is the Nine Worlds. The only time in our stories where cosmic order and natural law clashed is represented by the Æsir-Vanir War, before the Vanir joined the Æsir. This is symbolic of cosmic order's true relationship with natural law; the two working together, with natural law almost being a part of cosmic order.



Witan Erickson wisely noted once that the worldviews that despise natural law are world-rejecting faiths, while Ásatrú is a world-affirming faith. We recognize that this life is good, that this life is worth living, and that our corner of Miðgarðr is worth fighting for.

The Æsir gave us this world and this life, with all of its creatures and its laws, so that we may make use of it and enjoy its many bounties! We do not hide from nature, and we do not look forward to some sort of apocalypse where our Gods will burn it all down. It is not only possible, but also morally correct, to both worship the Æsir AND love the world they gave us!

Goði Trent East <a href="mailto:teast@runestone.org">teast@runestone.org</a>



Declaration of Purpose II



### II. The preservation of the Ethnic European Folk and their continued evolution

If the Ethnic European Folk cease to exist, Ásatrú would likewise no longer exist. Let us be clear: by Ethnic European Folk, we mean white people. It is our collective will

that we not only survive, but thrive, and continue our evolution in the direction of the Infinite. All native religions spring from the unique collective soul of a particular race. Religions are not arbitrary or accidental; body, mind and spirit are all shaped by the evolutionary history of the group and are thus interrelated. Asatru is not just what we believe, it is what we are. Therefore, the survival and welfare of the Ethnic European Folk as a cultural and biological group is a religious imperative for the AFA.

What does this mean? In my mind this declaration should impact every one of us, impacting us deeply in our genetic memory. If you don't stand up for the continued existence of our Folk and win victories along the way, the entire human population is doomed to an insignificant, gray, and sorry existence. The benefits that our people have brought to the human population is exponential and indisputable in the advancement of the human population. We must remember and preserve at all costs our heritage and history. We are connected by our race and should be nothing less than proud of where we come from as Ethnic European Folk.



This is why we are here now as part of the AFA, to preserve our heritage and faith. As eyes become opened to this truth, we must embrace our race and culture, adapting to the current time we exist in by incorporating a modernity to the ways of our ancestors and practicing Ásatrú, not in the environment of our ancient ancestors, but in today's environment.



So, raise your children to know where they come from and to be proud of their race. Don't hide in the shadows with your faith, speak bright words in support of our Folk in the open so that the world can hear. Don't let fear run rampant in being proud of who we are. Help secure the present so that the next generations should be secure in their existence as a people without worry of destruction by those that would see us disappear into the annals of history.



Goði Nathan Erlandson nerlandson@runestone.org

*Interdependence* > *Independence* 



This train of thought began with a post online that 'Nation > Self' and to this I agreed and amplified that 'Interdependence > Independence.' This sent me down a path that required I completely change my topic for this month's article because of the foundational nature of this idea to our Folk and our faith.

We have been taught from childhood the importance of independence. Nowhere more so than in America. Most self-improvement ideologies put independence at the pinnacle; relegating communication, teamwork, and cooperation to second class status. Much of today's focus on independence seems to be a reaction to being dependent. Having others control us, "define" us, or even manipulate us. Because of this we see people, often for selfish reasons leave their marriages, abandoning their children, forgoing their church, and forsaking all kinds of social responsibility all for the prize of independence. Now fewer people than ever are even dating, let alone getting married and starting a family. And while being dependent is not a good thing - we, as a people, instinctually know independence is only a stepping-stone.

Everyone knows the story of the bundle of sticks as a visual symbol of unity. The Hellene interacts with the world as an individual. He's a separate person within a community or state. The Germanic individual only exists within the context of the tribe or Folk. He is the very embodiment of the tribe because he knows fundamentally, they are the doers of one another's deeds. This doesn't mean that strong wills and even more stubborn heads do not exist among individuals in Ásatrú; what it speaks to is the ever-present sense that kin will find their way to unity.



But how do we get there from here?

We begin our lives completely dependent on other people for our very survival. We must be fed, clothed, and sheltered. But over the years we learn to walk, to drive, to get the things we need; physically, emotionally, and financially. Until one day we are able to take care of ourselves. Something is missing though. We seek a spouse, start a family, join a community. But we are still acting as individuals in these roles by and large, because it has been so ingrained over course of our lives. But there is something older, a natural order that we can tap into and become more than we can ever be through independence.

In the recent past, we would mature and come to appreciate that nature (the Xartus in PIE) was in fact interdependent. Stephen Covey in his book, *The 7 Habits of Highly Effective People*, calls out this natural order that we know as Ørlög, or primal law. He describes this process of moving from dependence to independence and ultimately our natural state of interdependence as the Maturity Continuum.



If we are physically dependent from a car accident or some other physical limitation — we would need help to get around, or even with basic tasks like cleaning ourselves. If we are emotionally dependent, our sense of worth and security would come from the opinions of others. If you don't like me, it could be devastating. Lastly if we are intellectually dependent, we would need someone to do our thinking for us. Dependence is the paradigm of — you. You take care of me — it's your fault if I don't get what I need.

Being independent physically, we can make our own way in the world. Mentally we can think our own thoughts, and emotionally, our sense of worth would not be dependent on being liked or how we are treated. Independence is the paradigm of – I. I can do it – I am self-reliant. It is clear independence is greater than dependence. But it's not the goal. It is not how Wyrd is woven. Maybe it is the obviousness between being dependent and independent that keeps people from moving to the next stage of this Maturity Continuum; maybe it's that most people experience this transition at least in the physical sense.

That brings us to interdependence. Interdependence is the paradigm of - Frith. We can do it – we can cooperate – we can combine our luck and create something greater... TOGETHER. Our times focus on the pecuniary aspects of Fehu (f), but to our ancestors it was known to bind men together in great tasks which required steady purpose and unwavering loyalty. When we in the AFA speak of 'connections' in our motto, this is how it manifests; through interdependence.



Interdependence is a mature concept, a concept as old as our Folk. If we are physically interdependent, we are self-reliant, but we also realize that together we can accomplish far more than we could alone. If we are emotionally interdependent, we get our self-worth from within ourselves, but also understand the need for love, for giving, and for receiving love from others. And if we are intellectually interdependent, we realize that we need the best thinking of our Folk to join in solving the problems before us.

Interdependence is an expression of our Folk-soul. After experiencing Blót with your Folk, practice in solitude is magnified from the bond born of sharing ritual and bread; knowing those people are performing these same household rites. This expands to every aspect of our lives, of our families, and of our community... it's about connections.

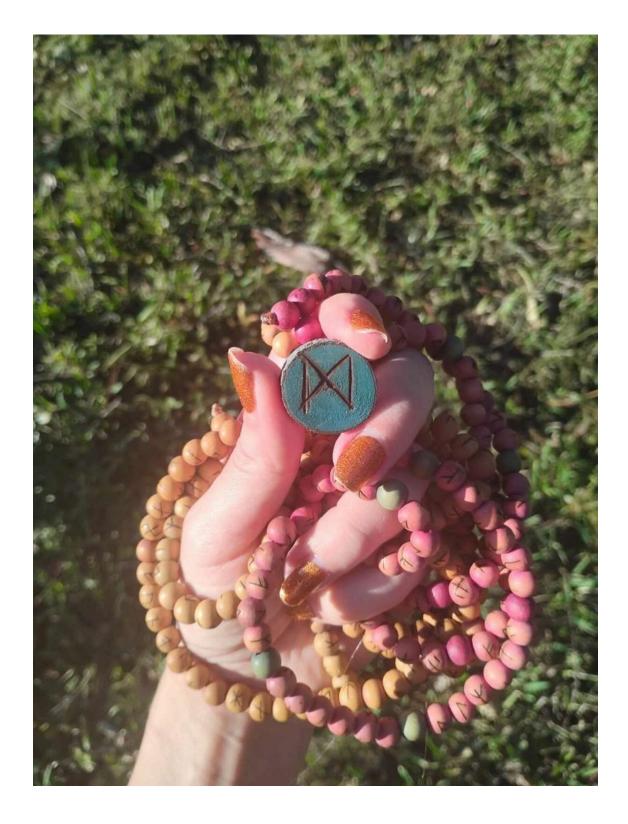


Goði Lane Ashby <a href="mailto:lashby@runestone.org">lashby@runestone.org</a>

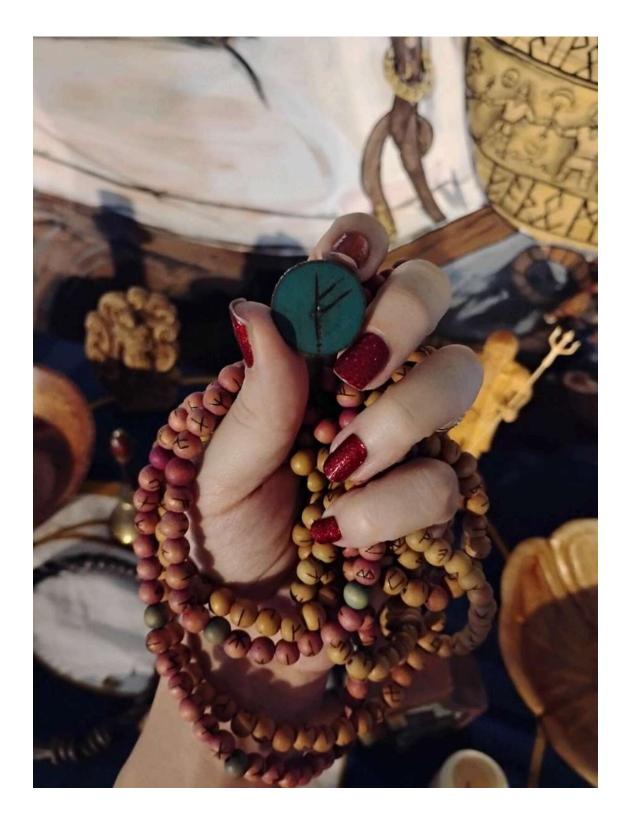
More Runic Thoughts



Regardless of what you go through, the very core of who you are will remain. You are made to build from within, and the external assignments from the outside are unnecessary. In fact, to truly build yourself it may be necessary to completely strip away all of that. Become who you are with what you truly are.



There is always the chance for an awakening. Each awakening offers an opportunity to reach up and grab the new. There is always the choice to be better, and those chances are always around you. Nothing can thrive in stagnation, growth and change need to occur. Whether or not you are in control of the change or simply affected by it depends on how you greet the new day.



You can have all of the money in the world, and still not be prosperous. A man who dies alone, dies alone. At the end of the day, your money won't light a candle for you in remembrance.

It's good to be comfortable, don't get it wrong. Money has purpose, but it shouldn't be your purpose. It is a tool, something useful, something to build with. Use it to brighten your future, and ensure that your name lives on.



Gyðja Anna Plourde

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# The Runestone - A Throwback

Sacred Trees, the Roots of Our Folk



Donar's Oak, once mightily grew, in the lands of our ancestors. Chopped down by Boniface, much as the sacred Irminsul, and many a sacred grove across Europe succumbed as well. Defaced by those bent on destroying the culture and faith of their ancestors and kinsmen, for the empty promises of an alien cult. The blow of the axes upon the trunks, matched only by the blow of axes upon the unwavering necks of those who refused to submit. But much as the Oak once felled, the old ways have sprouted anew from roots which remained untouched, hidden beneath the surface, biding its time for when the conditions are right. Awaken! Your roots run deep. Our past spouts anew. That which was, is again. From the mighty fecund Earth we spring, reaching towards the heavens, the children of the Sun rejoice! Wotan has risen, and the memories, once thought lost, are stirred. To be forgotten, our fate is not. The Gods of our Folk have been woken from an eon long slumber and shall not be bidden back to sleep. A flame has been kindled from ashes thought cold. Flames once kindled, need only be fed and tended. The foundation, upon which great things are to be built, was laid long ago. We need only be willing to work for it and remain Tru. Let lesser beings wallow in their baseness and be consumed by the status quo as their unbridled egos crash and burn.



Folkbuilder Ryan Harlan rharlan@runestone.org

Ásatrú Trúlögmál



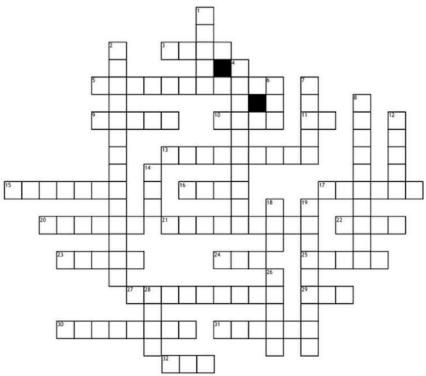
Ásatrú Trúlögmál: The fundamental beliefs of the Asatru Folk Assembly.

You can find it on our website at <a href="https://www.runestone.org/asatru-trulogmal">https://www.runestone.org/asatru-trulogmal</a>.

We have known for a long time that a clear expression of the fundamental beliefs of the AFA was needed and recently, we took the first steps in presenting that in a clear and straight forward way. Please know this is the first step and is by no means all-encompassing. The intention here is to express the very fundamentals of our religion in one place, in a way that is easy for our AFA family to reference as well as a document to explain our religion to those who ask: "What is it that you guys believe?"

Name:

# Ásatrú Trúlögmál Crossword



#### Across

- 3. His name means "Glorious"
- 5. Baldr is the light shines in the souls of his Folk
- 9. Aryan means
- 10. "shape, skin" The appearance one projects
- 11. "I" The self or ego
- "Outer yard, outside the fence or wall" Aryan Folk who are not yet Asatrú
- 15. Lofn is a special struggling in love
- 16. Of his flesh the earth was created
- 17. Means "Loyal to the Æsir"
- 20. The \_\_\_\_ is the foundation of community
- 21. Víðarr is known as the
- 22. The Aryan soul has \_\_\_ parts

- 23. Through interaction, our \_\_\_ is judged
- 24. "soul" The fundamental individual identity
- 25. "remembrance" Memory
- 27. Ása-Þórr is the divine
- 29. "lifeless body" The physical body 30. "luck" - Accumulated luck and
- spiritual potency 31. "someone who accompanies" - A protective guardian
- 32. She who protects the threshholds and exemplifies a women's responsibility to set boundaries

#### Down

- 1. The second son of Odin
- 2. Njörðr's name means \_

- 4. "Inner yard, inside the fence or wall" united with our AFA brothers and sisters before the Æsir through worship and sharing in the gift cycle
- 6. The best physician, Gylfaginning
- 7. He rules over the rain and the shining of the sun per Gylfaginning 24
- is a spiritual currency and has power, felt by friend and foe
- 12. After the first war, these Gods and Goddesses were assimilated into the tribe of the Æsir
- 14. "spirit, breath" The animating breath of life
- 18. The relationships built by the gift cycle increase as the cycle continues over the course of time. This exchange is expressed in this runic formula
- 19. Örlög means \_
- 26. Her name means "Beloved"
- 28. "mind" The analytical mind

I know you've read through it, so let's see what you've learned. Show off your skills!

Hail the Heroes of Asatrú that paved the way!

Hail the Asatru Folk Assembly!

Hail the Æsir!

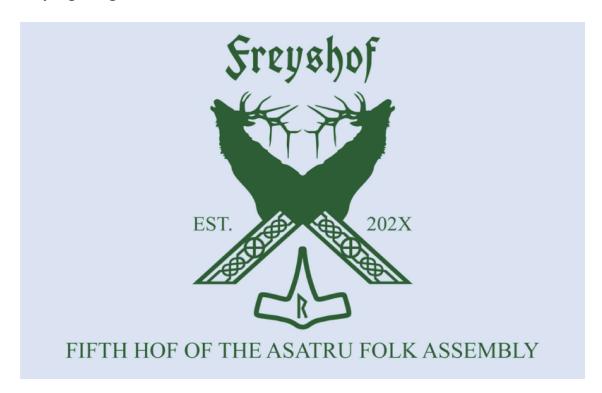


Alsherjargoði, Asatru Folk Assembly mattflavel@runestone.org

## The Quest for Freyshof

"Njördr in Nóatún begot afterward two children: the son was called Freyr, and the daughter Freyja; they were fair of face and mighty. Freyr is the most renowned of the Æsir; he rules over the rain and the shining of the sun, and therewithal the fruit of the earth; and it is good to call on him for fruitful seasons and peace. He governs also the prosperity of men."

- Gylfaginning

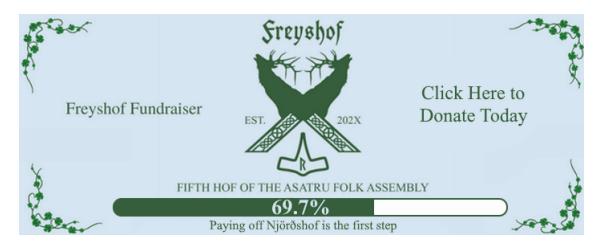


<u>Freyshof Fund – Asatru Folk Assembly (runestone.org)</u>

This sacred quest has had a great start so far! The generosity has been amazing, as always!

This is the list of things that need to happen before we can make Freyshof a reality:

- 1. We need to pay off Njörðshof.
  - The first of 2 loans have been paid off!
  - We now owe \$74,105 on our remaining loan.
- 2. We need to raise our monthly donation average by 9.5%.
  - This is membership dues/Hoftollar plus other donations.
- 3. We need to locate a suitable property.
- 4. We need to find lenders and build a war chest.



This is not a "quick" process so stay patient and resolute. As we progress, I will keep you all updated on our progress!

### Hail Freyr!



Matthew D. Flavel Alsherjargoði, Asatru Folk Assembly mattflavel@runestone.org

# Sigrheim: Home of Victory

Support the Home of Victory



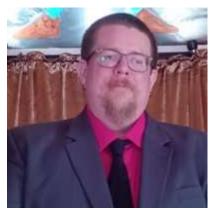
# Help Sigrheim get stocked and ready for our Folk!



**Upcoming Events** 







Folkbuilder Nicholas Rice <a href="mailto:nrice@runestone.org">nrice@runestone.org</a>

## **Victory Never Sleeps**



Victory Never Sleeps, a weekly podcast produced by the Asatru Folk Assembly, hosted by Alsherjargothi Matthew Flavel alongside weekly guests. The show doesn't stop until the questions stop rolling in. Come listen and learn about a variety of topics and truths relevant to our modern Asatru Folk.

Aesir. Virtues. Heroes. Doctrine. Beliefs. Cosmology. Runes. Holidays. Literature. Lore.

Help <u>support</u> the stream and keep the cameras rolling!

Catch us LIVE with new episodes on Wednesdays at 8pm Central / 6pm Pacific on YouTube, Twitter, Entropy, Odyssee, VK, Rumble, and Twitch. Audio versions drop on Spotify, Apple Podcast, iHeartRadio, and Amazon Podcasts on the Friday after the new episodes air.

Check out the full playlist with 100's of hours of previous recordings on our **YouTube**.



We've got merch month over at the **Runestone Store!** Go check it out!



Matthew D. Flavel Alsherjargoði, Asatru Folk Assembly mattflavel@runestone.org

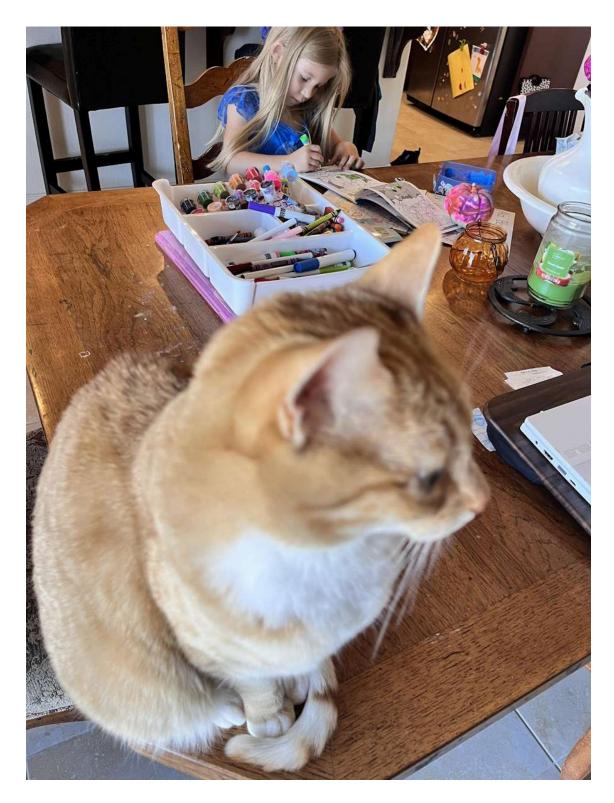
**AFA Asatru Academy** 

Check out the Asatru Academy at Asatru Academy.org



We've got merch month over at the **Runestone Store!** Go check it out!

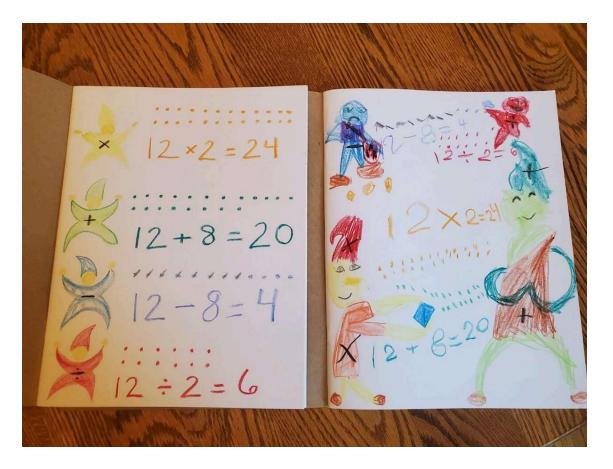
Academy Kids are Hard at Work!



Fall time greetings parents and students!

All our wonderful students have been working hard and learning this Fall, and we are so proud of them! Remember to get out there and enjoy the crisp Fall air! A very important part of Waldorf philosophy is experiencing and being outside! Soon our thoughts will turn to Yuletide and all the wonderful activities and family time that comes with it. We generally recommend our students take time off from school over

Yule and enjoy family and focus on spirituality. There is certainly a lot of it during this time!



Of course, we will have Yule-themed activities and schoolwork if you choose to use it. But spend this time making family traditions, enjoying the traditions of your family's unique Aryan ethnicity, whether that be Krampus, the Yule elf, Frau Holle, the Yule lads, Zwarte Piet, etc. An easy search will find a great deal of traditions from your ancestors' homeland, many of which are not explicitly Christian or are older traditions with a Christian veneer that can easily be peeled away.

Winter Nights Translate the runes
XXBNH GODLIT
MISIR DEST
BX+FIRM Bonfire
SKXX<1 7P 60 KV
Brat blot
CHMICH PUMPKIN
PMB W Eb
S <mrm↑&+ leton<="" ske="" th=""></mrm↑&+>
MS+STMR monster
\$<↑\$BMR october
MRS< mast
HELL STUMM + hall oreen

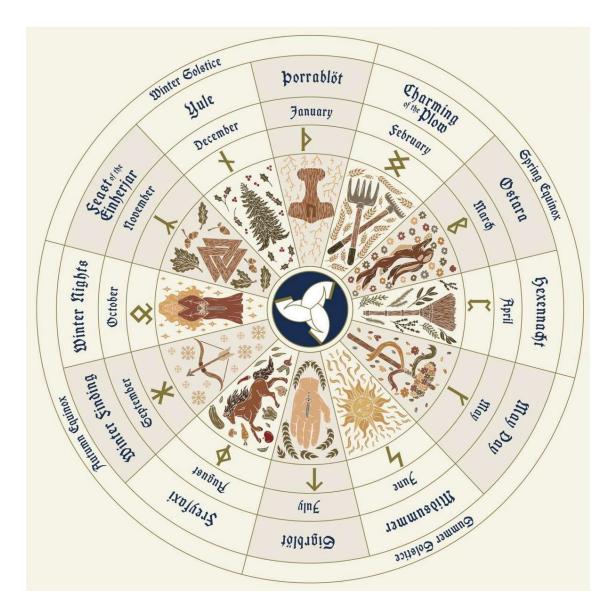


We hope all our students are doing well and are enjoying school! As always, feel free to reach out to myself or any of our staff. We now have two ladies who are focused on making sure your family is comfortable in the homeschool process and are there to help you and answer questions. Rachel Kinsler and Folkbuilder Heather Young are fantastic ladies and have your answers! Rachel specifically is a very experienced homeschooler and has a great wealth of knowledge and ideas to help you be successful.



Goði Rob Stamm
Dean of the Ásatrú Academy
<a href="mailto:rstamm@runestone.org">rstamm@runestone.org</a>

Remembrance & Holy Days



<u>Calendar – Asatru Folk Assembly (runestone.org)</u>

### 2024

Date	Observance
January 9	Day of Remembrance for Raud the Strong
January 20	Þorrablót
February 1	Day of Remembrance for King Eanfrith of Bernicia
February 9	Day of Remembrance for Eyvind Kinnrifi
February 17	Charming of the Plow
March 9	Day of Remembrance for Olvir of Egg
March 19	Ostara
(observed on 16th)	
April 9	Day of Remembrance for Jarl Haakon
April 10	Day of Remembrance for John Yeowell "Stubba"

Date	Observance
April 30	Hexennacht
(observed on 20th)	
May 9	Day of Remembrance for Else Christensen
May 1 (observed on 18th)	May Day
June 9	Day of Remembrance for King Athanaric of the Goths
June 20 (observed on 15th)	Midsummer
July 4	Day of Remembrance for Sveinbjorn Beinteinsson
July 9	Day of Remembrance for Alexander Rud Mills
July 20	Sigrblót
August 1	Day of Remembrance for King Osric of Deira
August 9	Day of Remembrance for King Radbod of Frisia
August 17	Freyfaxi
September 9	Day of Remembrance for Prince Hermann of the Cherusci
September 22 (observed on 21st)	Winter Finding
October 1	Day of Remembrance for John Gibbs-Bailey "Hoskuld"
October 9	Day of Remembrance for Meister Guido von List
October 15	Birthday of Founder Stephen McNallen
October 19	Winter Nights
November 9	Day of Remembrance for Queen Sigríð of Sweden
November 11 (observed on 16th)	Feast of the Einherjar
December 9	Day of Remembrance for Egill Skallagrímsson
December 20	Mother's Night
December 20-31 (observed on 21st)	Yuletide

# November



https://youtu.be/DNXUueB6S0s

# Day of Remembrance

Queen Sigríðr of Sweden | November 9th



Queen Sigriðr of Sweden, also known as Sigriðr the Haughty, was a proud and noble Ásatrú woman who knew her worth and kept true to her loyalty to the Æsir.

She had the honor of marrying the powerful King Erik the Victorious of Sweden, earning her the title of Queen of Sweden. With this marriage, she became the most powerful woman in all of Sweden, even acting as regent after King Erik's untimely death. She was described by Snorri Sturluson as "the wisest of women and prophetic about many things."

Because of her great reputation and wealth as a dowager queen, she was highly sought after by many nobles throughout Scandinavia. One of these was her foster brother Harald, who decided to visit her on his way to raid in the Baltic Sea region. After they shared a feast, Harald became sullen and embarrassed when Queen Sigriðr mentioned that her power in Sweden was comparable to his in Norway. After ruminating on this for some time, Harald decided to officially propose marriage to Queen Sigriðr, as a marriage between the two would give him power over most of Scandinavia.

She rejected his offer, as he was already married to a woman named Asta. However, Harald insisted this did not matter as he believed Asta was not worthy of a man of his station. Queen Sigriðr stuck to her guns, riding away to her castle. Harald followed her home with a retinue of soldiers, and they arrived to find another suitor—Vissavaldr of Garðariki. Queen Sigriðr housed them in the same quarters, fed them large amounts of drink, and then ordered her men to burn down the quarters and kill any survivors. This was meant to send a message to all petty kings in the area who would seek to marry her for the wrong reasons.

Queen Sigriðr was later being wooed by Olaf Tryggvason of Norway, a familiar figure to many of our heroes and the same Olaf who had forcibly converted his own Folk in the name of Christ by means of threat, torture, and murder, but she eventually agreed to marry him. To celebrate this, Olaf sent her a "gold" ring that he had won in some conquest, but Queen Sigriðr's goldsmiths discovered that it was only gold plated, making Queen Sigriðr distrust Olaf. When he later arrived in Sweden, he informed her that she must abandon the Æsir and convert to the foreign faith of Christianity in order for the marriage to be fulfilled. She immediately rejected this offer to betray our Gods, saying:

"I shall not abandon the faith that I have previously held, as have my kinsmen before me. I shall also make no objection to your believing in whatever god you like."

As expected, this enraged Olaf, and he first insulted her age and beauty then struck her across the face with a glove. Queen Sigriŏr reacted as calmly as possible and told him that his actions "may very well cost him his life." She already had reputation for being prophetic, and sure enough, Olaf the Christian was later killed by a united front of both Christian and Ásatrú Scandinavians at the Battle of Svold in September of the year 1000.

Queen Sigriðr is an example to all of our Folk for her unwavering loyalty to the Æsir, her Folk, and her noble ancestors. She is especially an example to the noble women of our Folk, as she remained steadfast and undaunted in her faith and personal convictions. She refused to marry any man who was not worthy of her station, as well as any man who would force her to abandon her longstanding troth with the Æsir!

May all of our people stand with our Gods, and may we all reclaim and retain our nobility no matter what lies ahead of us!

Hail Queen Sigriðr of Sweden! Hail Syn!

# Holiday

Feast of the Einherjar | November 11th (Observed November 16th)



One of the most recognizable motifs in Ásatrú is that of the Viking warrior. Helm, sword, beard, and blood—boys and girls have long been mesmerized by the stories of Valkyries and the eternal feasting and fighting of the Einherjar in Óðinn's hall, Valhalla. Pop culture has taken the Berserker and the Valkyrie and remade them hundreds of times.

Our ancestors lived in a different time, when fighting wars and general "viking" was necessary for survival. For a warrior, to die in battle was the greatest honor. Today, war is not necessary in the same way. Most people scoff at war, urge their children to "do better" or "be better." For those of us who practice Ásatrú, however, we recognize the importance and the value of the warrior. More important still, is the importance and the value of those who have fallen, the Einherjar.

Once a year, we set aside a day specifically to honor the Einherjar. We raise a horn to the fallen warriors to thank them for fighting for our people and our freedom. One way to celebrate is to set a place at the table for the Einherjar. Serve them the same food you are eating for dinner. Pour them a glass of wine or beer. When you are done, leave the plate outside under a special tree in offering. Another way to celebrate would be to visit the graves of veterans at a local cemetery and help to clean them up. Leave some decorations or a small flag.

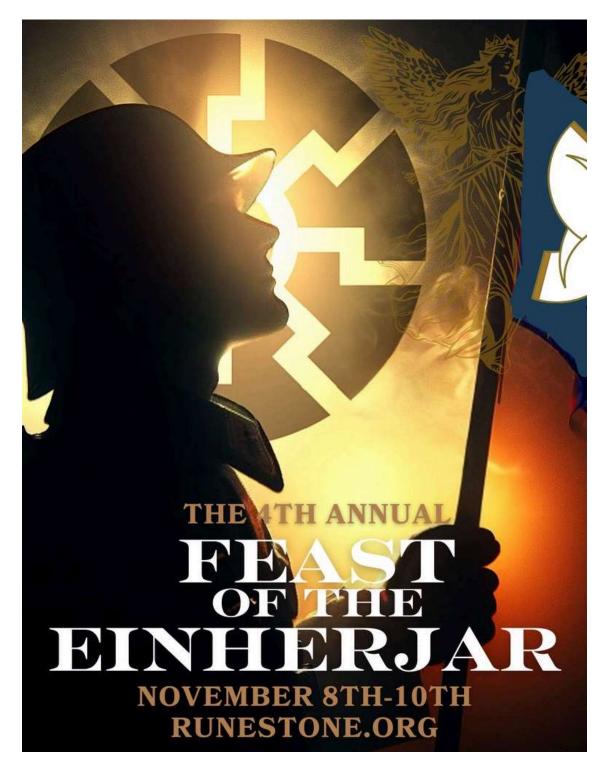
You don't have to have any veterans in your immediate family. It is a guarantee that somewhere down your ancestral lines you have family who fought in war, and just as likely, that some of them didn't return from the front lines. It is in your blood. So, raise that horn and raise it high. Remember our fallen.

# **Upcoming National Events**

Feast of the Einherjar | November 8th-10th



Get your tickets **HERE**!



Mark your calendars. Join your Folk in honoring our warrior ancestors and those that still fight for the Folk today! Meet us in South Dakota for the 4th Annual Feast of the Einherjar, November 8-10. Ticket includes all meals, lodging, Folk activities, and ceremonies.

Get your tickets **HERE**!



Gothi Nathan Erlandson nerlandson@runestone.org

# Winter Nights XIII - A Recap



https://youtu.be/RddutYgfSXo

On the weekend of October 13th, the Asatru Folk Assembly held our thirteenth Winter Nights national festival, this year at Othala Acres in New Hampshire! We had travellers, not just including Alsherjargoði Flavel, make over 900 miles to attend and even an international traveller from Canada.



On Friday, after Folk had started to arrive and make camp on the hill, Folkbuilder Mike Melillo led us in introducing the Folk to and welcoming the Ancestors, Wights, and Gods to our meta-ritual. Winter Nights, and all of our Ásatrú festivals, really are one large ritual each. We then learned and discussed the Alfar and Disir in a presentation led by Folkbuilder Jon Rock. After supper, Alsherjargoði Flavel led us in a rousing Blót to Lord Óðinn. We could see his eye in the sky after the Blót, so we know that Odin saw the assembled Folk.



After breakfast on Saturday morning, the children defeated the adults in a pool-noodle battle. We don't know how they did it, but the children must have a powerful battle-magic because our blows would not slay them, but their strikes felled us almost instantly. No matter how many times the adults rose up, the children could not be defeated. We adults plan to win next year, but the children remain unconvinced.



Next the ladies went inside for a private discussion on women's roles and culture in Ásatrú. Meanwhile, the men gathered for tests of strength and to share some mead. Four of the young lads of 5 and 6 years old were able to lift a very heavy steel anvil using teamwork! After lunch, Folkbuilder Mike Melillo led a discussion on home altars and home practice, which in many ways followed up directly on the previous days' presentation on the ancestors. The ladies then studied Osteomancy, or bone throwing divination, with Gyðja Catie while the men made preparations for the upcoming Folk Services. In those Folk Services, we welcomed two new babies to our Folk- Freyjalynn Mae and Milo Freyr! We also had the pleasure to accept the Folkbuilder Oath from our host, Ron Boardman. Ron has gone above and beyond, and I know he will continue to serve our Folk and Gods with piety, dedication, and distinction.



During supper, Witan Erickson awarded the benefit raffle prize of \$235 to our friend from Canada, Dimitri. Folkbuilder Boardmen conducted the benefit auction which raised over \$2500. The generosity of our Folk allows all children to attend for free, for family tickets to be especially low, and for all of our event tickets to be a great value.

After supper, Gyðja Erickson and Witan Erickson led the Folk in Blót to our Disir and Alfar. As Gyðja Erickson explained before the rite, our ancestral mothers and fathers are complimentary just as we living men and women are complimentary. They, and we, do not operate in a vacuum. This was the first Winter Nights where we have made Blót to the Disir and Alfar together as one rite, and it was well received by the Folk and, I believe, by those ancestors. More than one grown man was brought to tears.

To end Saturday night, we had Sumbl together in Folkbuilder Boardman's beautiful Blót house.



Sunday morning started with brunch as folks were breaking down tents and making some goodbyes. Folkbuilder Jon Rock led us in a Wayfarer's Blót to invoke Þórr's protection and to give Þórr's blessing for the journey home, as well as blessing the Folk's Mjölnir pendants. And with that the Folk headed home to Canada, Nevada, New Hampshire, Connecticut, Massachusetts, Ohio, Indiana, Pennsylvania, New York, Michigan, and West Virginia.



Thank you to everyone who attended, we truly enjoy your company and are honored to worship with you. Gyðja Catie and I would like to give special thanks to Folkbuilders Jon Rock, Mike Melillo, Tyler Sagert, and Ron Boardman, and most especially to the unsung heroes of this event—Jessica and Lily. We see all you do to support Tyler and Ron, and this event couldn't have been a success without you!

Maybe we will see you there next year? Look for information about Winter Nights XIV, in New Hampshire for a second year in 2025, very soon!



Witan Clifford Erickson <a href="mailto:cerickson@runestone.org">cerickson@runestone.org</a>

### **AFA Prison Ministry**



The importance of this AFA Prison Ministry is so much more than just for those who are actually incarcerated, it benefits not only them as followers of Asatru but their families and loved ones on the outside as they will see the noticeable change in their demeanor and demand that our faith commands for them to lead a noble life. We all are future ancestors and will help them be examples of our faith and not be a burden or a product of recidivism.

We are compiling letters from prisoners that are Educational, Empowering, and Encouraging along with special spiritual writings from our Gothar to create a quarterly newsletter to be distributed to inmates, institutions, and jails. Our mission is not about providing free books or literature to bored prisoners who simply want free stuff. We intend on making real-world change for the better of our folk.

""No packed rooms in the prisons; in each institution I have only a few people; occasionally about a dozen, but 5-6 is more common. I certainly do not want the Fellowship to be a club for cons, or ex-cons; the advantage is that when in prison the inmates have time to discuss and digest what they read, a point that often is lost to people on the outside in the hubbub of daily concerns" - Else Christensen

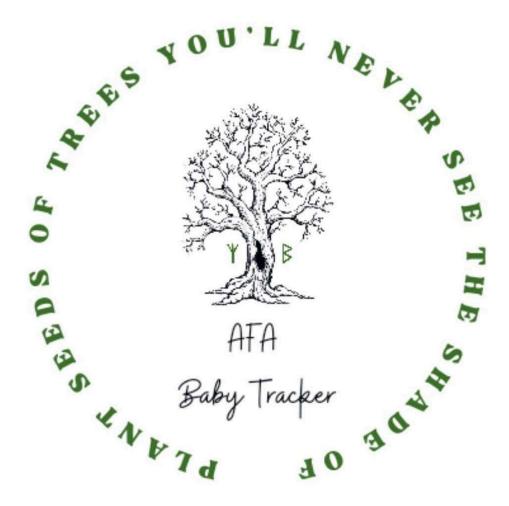
By the example of our Folkmother, Else Christensen, we will also be going into prisons as we are able to. Some of our Gothar and other leadership, will be going into the prisons to hold study groups, lead blot, and encourage continued growth in the folk inside.

If you have a loved one who is incarcerated or know of someone who is Folkish and will benefit from this ministry, please contact us at <a href="mailto:prisonministry@runestone.org">prisonministry@runestone.org</a>.



Or if you'd like to donate to this ministry, there's a donation earmark set up on our site <u>here</u>. The donations will be used to get small ritual items and books into the prisons and the hands of our Folk inside.

**Baby Tracker** 



To show the growth of our folk we present to you an ongoing baby tracker. We will be keeping track of how many children have been and are born within the AFA from 2022 and forward. The ongoing tracking is proof that we are building something sustainable for the future of our folk, which is a place for these children to grow up within and a place where they can feel proud of who they are!

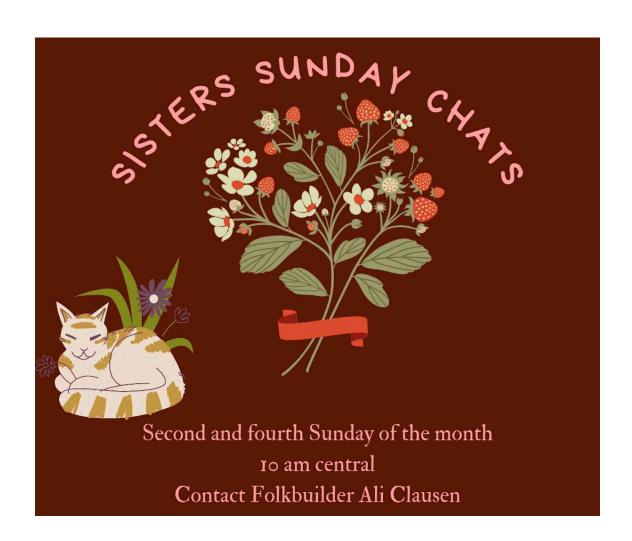
Total babies born in 2024: 25

Online Gatherings

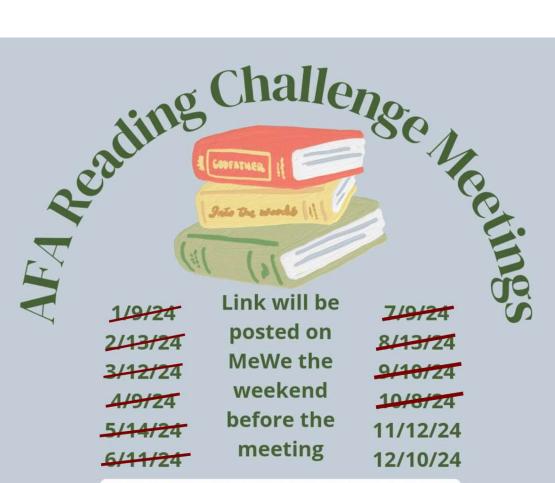
# THURSDAY 7PM CST <u>(5PM PST, 8PM EST)</u>

Being our most virtuous selves is not always the easiest task. As a community, we are home to many that have or are currently, struggling with addiction. Many traditional 12 step meeting, though so very respected, do not fall in line with what we as a people believe. Specifically, any step pertaining to the divine will or requesting the removal of any shortcomings. So, we run what we are calling the Virtue Recovery Meeting. Since we are an international organization, the best way for us to do this is via online. We hold our meetings every Thursday at 7pm Central. Join us!! Feel free to reach out to Folkbuilder Ashley McStocker with any and all questions!

AMcStocker@Runestone.org



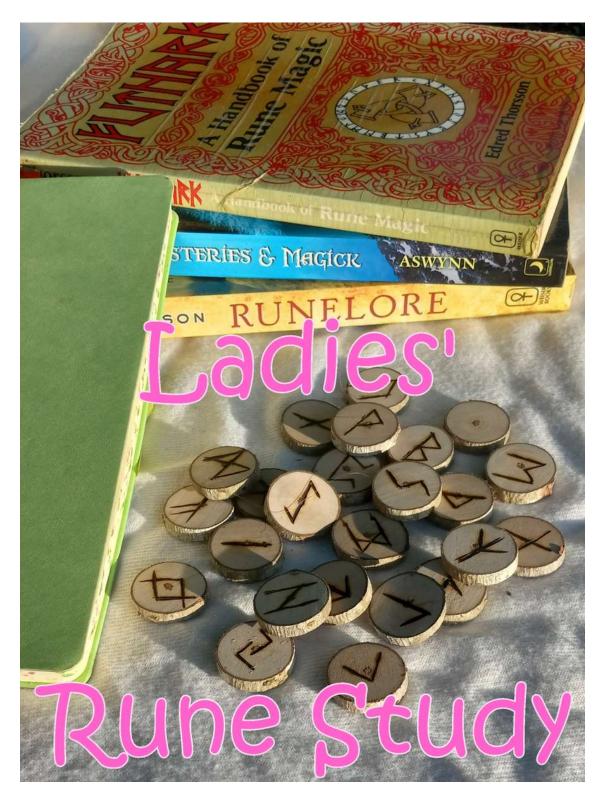




CONTACT FOLKBUILDER ALI CLAUSEN FOR DETAILS
ACLAUSEN@RUNESTONE.ORG OR ON MEWE

These meetings are family friendly so please, no politics or overly mature topics





Our Ladies' Rune Study is just getting started! We meet on Teams every other Saturday.

Contact with any questions you might have —  $\underline{aplourde@runestone.org}$ 

I hope to see you there!

# Lore Study with Cothi Jason Plourde

Join us every Tuesday night

6800 pm EST

5800 pm CST

4800 pm MST

The L3800 pm PST se Kings

2800 pm AKST

The link can be found in the AFA
Spiritual Excellence Group on Mewe.

For more information reach out to Cothi Plourde jplourde@runestone.org





Just For Fun

# The Poetic Edda

U K Z N E L N Ö R G N E A Ð I V K A L T A F O G K Þ G N T Þ Ö Ú Z H N Y B Ö B S G Ð Ð T K Ö H Y Z I N D R Ö Ö G B V Í N N Ŗ I M V Y Í D H B Z Í J S Á Ö F O B T H P Z V Y E O B Þ V F L Ŏ G Z Á F P R Ó Ð A Á O K T R V P V Ŏ Z P A U G H Á R B A R Ð S L J Ó Ð E A S K H N Ð E Í T B O Ö Ð Þ O A U Þ Ð Á O S N Á K I Z G H L V F L Ð G V Ö L N Ó V B Ö G Þ L T N M I L T I Ķ Ú H A I D S R Þ D Ö Þ Z Ó P P E Á D Þ A P H U L B Z I Ð P G A U J Ö A H Z Á E Í Ö R D I O F Í V A N M G Y Ð M Ú A Á K Þ E D Á N J Á T Á S R G F D N Ú L K Y Ú U R P F K R B M H J T I Ó S E Ð L U V Ö L S M B G E M Ö E S A E Í G Y K Ó R Á Ú Í N P I S B T V Þ S J I F T Z T T I M G L S J D B N I I L R A Ö G H G V Z N R I B M V Á B Ó E Y L N T Ú G S Ő Á Ð V A Ő N Ó N G N N G K H Þ Í R Ó K R A G A L I J Ö E F Í MR R E B Z E L J N A Á K I N U R Ö S V Ú H E Ð E G Ú Ó R D Ð Ų Á I Á L B F O A Í Z H Í L S F F Í H S V R I R Þ I G Y Í ÓMU I P H G B I Ú P M S N U Ő V L K V G Þ B Ő B K N B J Ð I G V Ð Á M G J O Ð D P Z Ő R T V Y Y V S Đ K N Õ Ó S Ú I N V G S Ó R I A Ö N Đ A S I E L Ó R R Ó L S T Á Ð K L Ú Ó Í I HMD S E V R G D Þ Ú Þ Á R S E R H A S L U Ú Ú G Ö S Ú P S T P R R Á Ó Ö Í Ð E I A P Þ Ö B P Í Y Á K A L A U V K H L Ö N Ó Ú Á G M Ö Ó R F A D A M A O V M Z M R Ú T Õ Y A I V Á Á G N Đ V A D U A J R Í G S Þ U L A J N F DM S D Ó P A Ö D K Y N R G I B M D D Ð I U N R R N Ó F I D I Ú U I E U P H S L V R D Ð T A Ó I H Ð O Y A K Ð O D F R E Z Ó T Í R I R Á Ö Ð U A N K V E N Á Ð I UML T N V A Á H L V D E S F I O Ð O Þ G D Z O Ð Þ R S B Z R F J P O M A Á Ð T R G Ö Í J K Á I E L Á M S I N M Í R G Ð Ð Ö U H K H H N Á D Á Ö K A A O A A S H Ð F P M Ð J L U Ö R Á O Y G Ö L Ð Y H R G E D I R F S Á S F S V O V Z B Ó R P T S A M T A M Í S F P N S S H U F D P N L D Ş L A J Þ L R O Á Á Ð A R F H N G I F T K G O O B Ó R S A U B Í L H R D RÚÓ Ő Á F Á B I DH F N L J DÚ A N I L D L S J P Ð N Ö O U R P A L M S Ú E L G Y F M N Ö J F L A S Í H D D Þ Ö Ó A O L V E P A K D G V L G E N A F P I Þ B Z P F S A U T I A B Y Þ P R V H B K Ð M Ö L Ð F P H S L Ó Ö Z Í A B D Đ Đ Ủ Á Ủ P E S G Y L I B Þ I I K H Á A H Ó I Ð I S U Í M Z R R B V E M I Z B S A Ú F R R P Í A Þ A V V Ð Z Z S S R V M Ö V Ð J G K I GU S H N O V O I R Ð M Ú Z Z E O Ó V L Ó S J D J D E Í Ð U Þ K B Ķ Ó D J D P J G Y J Þ R T Ú Y D F F A N G Y L R L D A B O V N K U Ó Ð S I M Ó R A Ó F P J U B E A I Z N NĐ Í BL TUM Þ ÁR AR PNNU Þ Þ VME J Á Þ O AM JR JBL F F Z V Ó H A G N U L F I N P Á R D Ó A Ð Þ R Þ Y O Á L ÁM S I N Ð Ú R Þ F A V Y R J IKKYBIIÁÖPDTÖMÐRPTRHIFIHÖLEÐÚBYGBÚIÚFN L S Z R N K V Á E T H M Ó Á H I R Þ A O R O N L S G F V U R Z N Þ S R M D G D T O G U Ð R Ú N A R H V Ö T R N V L Á M U F Í R D R G I S Ð Y O O U Ö Ð Ó A Į I J F J R Z O Þ F T G Y F D O S K I S P J Í B F Ö Þ G Ļ K U G E M E T D R Á B K A O O A M M A K S N I H A Ð I V K R A Ð R U G I S Ú O S G O Ú Á Y A



Hymiskviða Lokasenna Þrymskviða Völundarkviða Alvíssmál Baldrs draumar Gróttasöngr Rígsbula Hyndluljóð Svipdagsmál Grógaldr Fjölsvinnsmál Hrafnagaldr Óðins Sólarljóð Helgakviða Hjörvarðssonar Helgakviða Hundingsbana I Helgakviða Hundingsbana II Frá dauða Sinfjötla Grípisspá Reginsmál Fáfnismál Sigrdrífumál Brot af Sigurðarkviðu Guðrúnarkviða I

Sigurðarkviða Hin Skamma Helreið Brynhildar Dráp Niflunga Guðrúnarkviða in forna Guðrúnarkviða in þriðja Oddrúnargrátr

Atlakviða en Grönlenzku Atlamál en Grönlenzku Guðrúnarhvöt Hamðismál

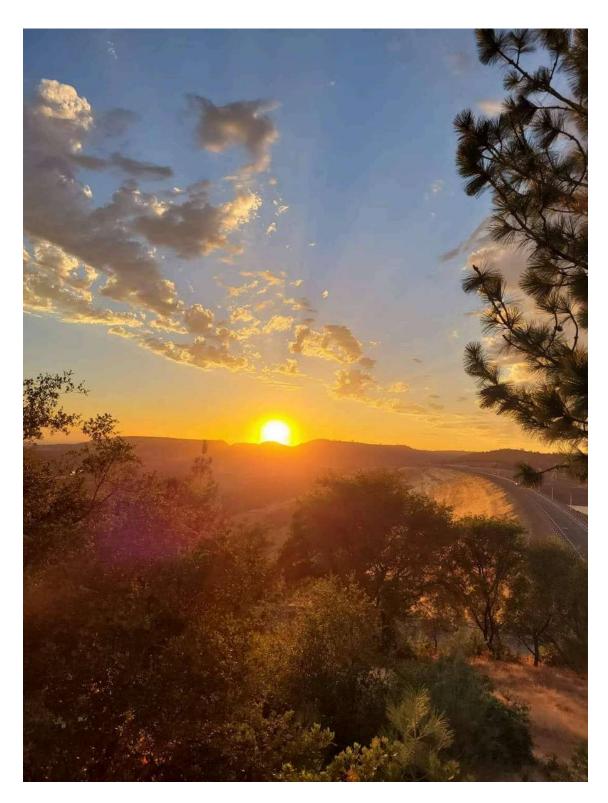
Völuspá Hávamál

Vafþrúðnismál Grímnismál

Skirnismál

Hárbarðsljóð

Where The Old Gods Dwell



This heartfelt folksong was written to honour our Gods and to inspire our Folk to keep pushing forward with nobility and purpose. With every chord and verse, it encourages us to hold fast to our values, overcome challenges, and strive for lasting victory. Sung with passion by Celine\_Faye, it's a tribute to our unity, resilience, and timeless connection with the Gods.

Sang by Celine\_Faye Written by Folkbuilder Ryan Skinner



https://youtu.be/2zE0gqcNW0Y

#### Where the Old Gods Dwell

[Verse 1]

Out in the woods where the old Gods dwell,
We find our path on the ancient trail.
With wisdom sharp as Óðinn's eye,
We live by the stars and the evening sky.
Our oaths are few, but in our core,
We guard them tight like Þórr's mighty roar.

[Chorus]

Simple life, with noble ways, Underneath the heavens' gaze. Ásatrú, we stand tall, With the land, one and all.

[Verse 2]

By Freyr's blessing, fields we sow, In nature's rhythm, our hearts grow. In harmony with the earth so vast, We learn from stories of the past.

Stand by duty, protect the kin, In unity, let life begin.

[Chorus]

Simple life, with noble ways, Underneath the heavens' gaze. Ásatrú, we stand tall, With the land, one and all.

### [Bridge]

With each new day, we greet the Gods,
From dawn till dusk, we bring their praise.
A future bright, with tales of yore,
In honour bound, forevermore.

### [Chorus]

Simple life, with noble ways, Underneath the heavens' gaze. Ásatrú, we stand tall, With the land, one and all.



Folkbuilder Ryan Skinner <a href="mailto:rskinner@runestone.org">rskinner@runestone.org</a>

Bill's Ásatrú Blótferð of Nearly 10,000 Miles





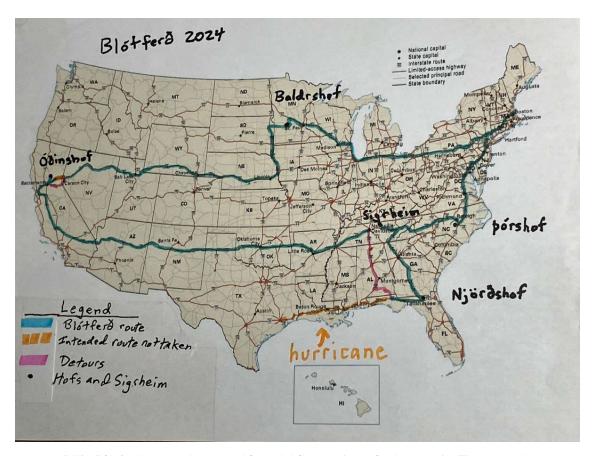
Thorgrunn's Grove at Óðinshof (Photo Credit: author)

In the September 2024 issue of *The Runestone*, Goði Trent East's article, 'Blótferð -- Ásatrú "Pilgrimage," and Why It Matters' jumped out at me. I was eating dinner in my car in North Carolina. Goði East explained what I was in the process of actually doing. I was about 6,000 or 7,000 miles into my own Blótferð (rough translation, a "sacrificial journey") to visit all of the Asatru Folk Assembly's Hofs and Sigrheim.

Based in California (and hopefully soon, in Nevada), I have been a member of the AFA for over a decade and a half. I recall when the AFA had no Hofs. I'll never forget the excitement of donating towards the purchase of Óðinshof, and then going to it for the first time, in 2015.

The last few years in AFA have been so exciting with the acquisition of the newer Hofs and Sigrheim. For a year or two, I have been thinking about visiting the other three Hofs and Sigrheim. I decided to combine this with attending a high school reunion back East and visiting people in the Midwest and South.

The Blótferð started in mid-August by going to Óðinshof. It was the day of Goði Thorgrun Odden's funeral. Thorgrun was a brave man, a loyal friend, and a wise mentor!



Bill's Blótferð route shown in blue highlighter (may look green). The route is clockwise, starting in California. Detours in pink (reddish) highlighter, due to fire blocking I-80, and to evading a hurricane(!). Planned, but not taken, paths in orange

### highlighter.

(Map and Photo Credit: Bill's Blótferð map by author. Base map of the United States, the interstate highways, and the capitals of the States, from GISGeography.com, US-road-map.)

The map shows my departure from Óðinshof on Interstate 80 (upper blue/green line) heading east. Because of a fire blocking I-80, I had to take awful Highway 50 over the Sierra Nevada mountains, and nearly got hit by a truck that went over the yellow double lines on a very narrow, two-lane, curvy, steep road.

My first destination was Baldrshof, via Interstate 80 from California to Nebraska and then north on I-29 towards Minnesota. But in Nebraska, the "service engine soon" light came on. Baldrshof Leadership helped me, even at this southern reach of the Baldrshof District! By telephone, Folkbuilder Jessie Shaffer and Goði and Folkbuilder Coordinator Nathan Erlandson gave me advice about the car, and Folkbuilder Allison McKee, advice about the locality. After getting the car fixed, I took a side trip to meet Ali and Folkbuilder Chris McDowell. It was such a pleasure to meet them!

Finally reaching Minnesota, Folkbuilder Jessie Shaffer went way out of her way to meet me at Baldrshof, so that I could go inside, and also to visit with her and her darling children. It was a great evening, and she kindly made us all dinner. Baldrshof is so beautiful! Baldr shines in the mural! Jessie's spectacular, giant Sonnenrad decorates the floor.



Ancestors' alter at Baldrshof, including photo of the late Goði Thorgrun Odden in the center

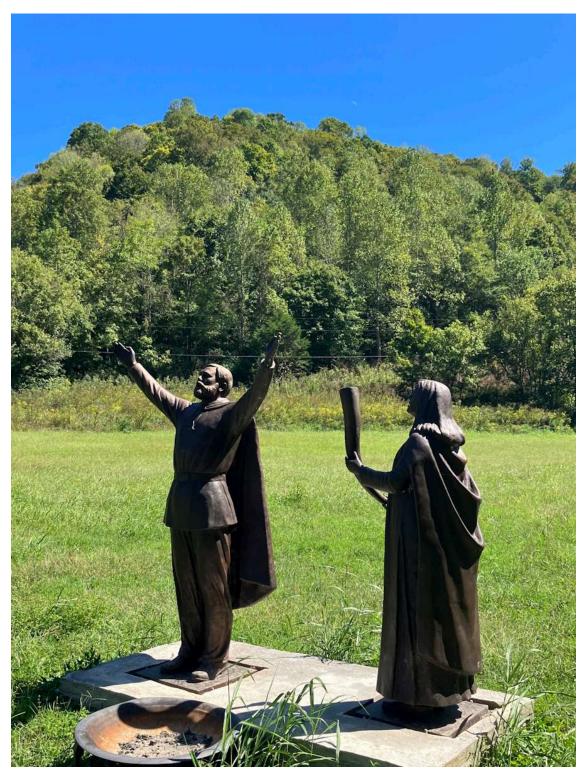
(Photo Credit: author)

Via side trips, I visited Witan Brandy Fassett and Goði Nathan Erlandson. Brandy gave me insights about Baldr, and incidentally, demonstrated her wisdom, courage, and inner strength! Nate inspired me deeply with his thoughts on the virtue of perseverance, his fitness level, and his understanding of Baldr's story!

The next big event was the high school reunion on the East Coast, which turned out great.

The next religious destination was Þórshof. There, I was mesmerized by the emotion in Þórr's face in the mural. Folkbuilder Robert Shotwell coordinated with me for the visit. Folkbuilder Tyler Bethea conveyed the spirit of deep piety of this Hof. It was great meeting them and others in the Hall!

At Sigrheim in Tennessee, I had a great visit with Folkbuilder Nicholas Rice, who does so much to care for Sigrheim. Driving along this vast property, I came upon the statues of Steve and Sheila McNallen, and Nick waiting patiently in his truck. Sigrheim is full of possibilities! Tennessee was my favorite Southern State that I traveled through, with its beautiful mountains and friendly people. A good choice for Sigrheim's location!



Statutes of Founder and Alsherjargoði Stephen A. McNallen and Gyðja Sheila McNallen, fire pit, and behind them, the hill where Tyrshof will be built (Photo Credit: author)

I next visited Njörðshof in Florida, which was a powerful experience. Besides that, this is a special site with characteristic Florida vegetation. Special thanks to Witan and Lawspeaker Allen Turnage! Later by text, Jessie joked with me hoping I had the chance to "feed the gator" at Njörðshof, but I hadn't known there was an alligator there.



Njordshof has a beautiful setting, including this area and pond in the front. Alligator did not come out for the photo.

(Photo Credit: author)

I intended to visit people in Texas. However, a tropical storm was forecasted to turn into a hurricane (Category 2) the next day, right where I intended to drive (orange highlighting on map). I had to evade the hurricane! Traveling north through Alabama (pink highlighting on map), my car pretty much outran the hurricane, which was traveling at 17 mph northward. The rain and wind did catch me in Tennessee and Arkansas, as I turned westward on Interstate 40 towards home.

Finally, I had the bittersweet experience of coming home to failing, tragic California, a month from when I left. The next weekend, I completed the Blótferð loop by attending Winter Finding at Óðinshof. However, the trip's drama was not over. On Sunday morning, the car battery needed a jump. Folkbuilder Ryan Skinner (with truck) and member Mike (with jumper cables) kindly solved the problem.

You'll notice a theme in this article: how the AFA Leadership came through for me! Everywhere I went, AFA Leadership was there to help make things work, to inspire me, and to visit and learn about each other. Special thanks to Folkbuilder Jessie Shaffer for the Baldrshof visit (which was the most time I spent at any of the three Hofs); along with her wit, wisdom, and laughter!

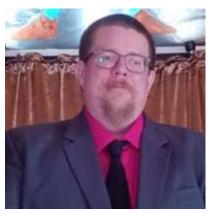
Altogether, the Blótferð was nearly 10,000 miles of driving. I went through 29 States. A lot of such a trip is rather mundane: driving, eating, sleeping, getting gas, adding oil to your car. But it's worth it! (Fortunately, I enjoy driving!) On your Blótferð, expect adversity, beauty, and surprises.

Like Goði East, I encourage you to go on a Blótferð. Perhaps, as for me, at the end of it, you will realize even more than you did before, that the AFA Folk provide sustenance to each other. That the Gods and Goddesses are present in your life and their lives. That there is fulfillment to be found with these people, these places, the ancestors, and the Holy Powers. And that you wish this fulfillment for the unawakened Folk. You want more of the Ethnic European Folk to come Home to Ásatrú. Moreover, you wish this fulfillment for the children of present and future Ásatrúar, and it gives you joy to see children being brought up following the Old Ways.

— Bill, member, California

# Calling All Folk Photographers





Folkbuilder Nicholas Rice <a href="mailto:nrice@runestone.org">nrice@runestone.org</a>

**Baby Blanket Project** 

The Women of the AFA are proud to be continuing this fine and noble work we call the Baby Blanket Project! We're committed to ensuring all new babies born within the AFA are gifted a handmade — knit, crocheted, or woven — baby blanket! It's just our little way of celebrating each new addition to our folk!

This project has been going strong since 2020 and has been a resounding success! The Ladies of the AFA have knitted, crocheted, and sewn beautiful baby blankets for over 120 of our littlest folk, with more on the way. They've been delivered everywhere from Alaska to Florida to California to Sweden!



If you are a member of the AFA who is expecting a baby, please let your Folkbuilder know so that we can get a blanket to you. If you would like to contribute, either financially or by volunteering as a baby blanket crafter, let your Folkbuilder know about that as well, and we will get you in touch with the right people. It's so rewarding to see your handicraft being loved by our precious wee-Folk!

Would you like a blanket for your newborn, or to donate and help with yarn costs (yarn is expensive!)? Please email <a href="mailto:babyblanket@runestone.org">babyblanket@runestone.org</a> today! Thank you!

Óðinshof

Food Pantry at Óðinshof



Winter's a-Comin'.

This month, upon entering our distribution warehouse, towering crates of veggies, fruits, and soups were missing. Instead, thigh-high pallets had a limited number of offerings. Between fewer food donations from corporate-grocers, to the increasing number of people needing to supplement their meals, it clearly proved these hard times we're living in.

But the IFM management, in their open-handed way, told us to take what we needed. Food for 72 families filled our car best we could, but the volume didn't begin to equal what we'd picked up a few months ago.



The monthly activity of filling bags after Saturday dinner went very well, but families would receive one bag instead of two. Come Sunday morning, the day was bright and welcoming as people began to drive in. Only one bag this month? The common response was, "We're happy for anything you can give us."

Simple words from grateful people. We helped sixty families stave off hunger this month. That represented 120 individuals. Next month, if we're lucky, they'll go home with the basics for a Thanksgiving dinner.



The holidays are upon us. As we close this year, know that we have done our best to bring that warm feeling of comfort to all who have ventured to Óðinshof. Coming up will be our magnificent Yuletide that envelopes everyone with the delights of the season. For our Óðinshof neighbors in Yuba and Butte Counties, we'll have surprises for them, too.



Gyðja Sheila McNallen <a href="mailto:sheila@runestone.org">sheila@runestone.org</a>



This month at Óðinshof, we celebrated Winter Nights, with one of my favorite non-Æsir Blótar, a Blót to the Disir.



On Friday night, a few of us trickled in to prepare for the weekend. Oma and Opa prepared delicious chili and cornbread for dinner with some delicious dessert as always. We had a very moving Óðinn Blót led by Founder McNallen and ended the night inside with Sumbl as fires were not permitted.



The next morning we got started bright and early with breakfast and Greeting to the Day. We had some social time, and then it was event time in full effect. We start each event with lunch and Greeting to the Gods in no particular order. Once that was completed, we gathered inside to get updates on the AFA from the Alsherjargoði and updates for Óðinshof from Gyðja McNallen. Next was time for the men's chat and the ladies' tea, which is always such a good bonding experience for all in attendance. At this time, we had a new member show up who had just joined that day! We gathered together and took our group photo and then carried on with the festivities!



After our talks, we had some free time and began dinner prep. Many hands make light work yet some how the dishes always seem never ending. Special thanks to everyone who took turns rotating in on dish duty! We gathered in for a nice dinner FULL of food. Bellies were full and laughs were shared. During dinner, Folkbuilder Ryan Skinner gave a speech on Hof Hero Meister Guido von List, and we held a small auction. Although it was small, the donations were very generous and two beautiful paintings done by two separate members were very sought after and bidding wars ensued.

Next, we prepared for Sunday's Food Pantry with half staying behind to bag food and half joining me in the kitchen to tackle dishes and put away food.



Then it was time for Blót. Gyðja McNallen has such a beautiful way of drawing in our mothers during Disir Blót that hardly anyone leaves with a dry eye. I personally have felt the warm embrace of my great grandmother during these Blótar. After Blót was done, we gathered around the fire and had an informal Sumbl.

Sunday was met with a wonderful Food Pantry and cleaning of the Hof. Another great event in the books!



Folkbuilder Sierra Chapman <a href="mailto:schapman@runestone.org">schapman@runestone.org</a>

### **Upcoming Events at Odinshof**



### 2024 Events at Oðinshof

January 20 Thorrablot

February 17 Charming of the Plow

March 16
April 20
Hexennacht
May 18
May Day
June 22
Midsummer
July 20
Sigrblot
August 17
Freyfaxi

September 21 Winter Finding
October 19 Winter Nights

November 16 Feast of the Einherjar

December 21 Yuletide

RSVPs are required. All guests must be preapproved.

On event weekends, Oðinshof is usually open from Friday through Sunday. Those events include a **Sunday** morning food pantry distribution and community outreach on Sundays. We invite you to stay for the whole weekend.

All proposed events are on the third weekend, except for MIDSUMMER which is the premier event for the Odinshof district. It's been moved to the fourth weekend to allow the food pantry to proceed as normal.



### SATURDAY, NOVEMBER 16

+ SUNDAY II/17 FOOD PANTRY



Honoring Our

Warriors

Álfablót

Spiritual Activities

# FEAST OF THE EINHERJAR AT ODINSHOF

Music

Feasting

Fun

HOSTED BY
DAUGHTERS OF FRIGG





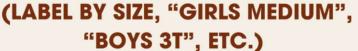


### WINTER CLOTHING SWAP

AT FEAST OF EINHERJAR\* 11/16/24



PLEASE BRING A LABELED BAG OF "GENTLY USED" WINTER CLOTHES TO SWAP AT THE HOF





Questions? Ask Olivia osutherland@runestone.org





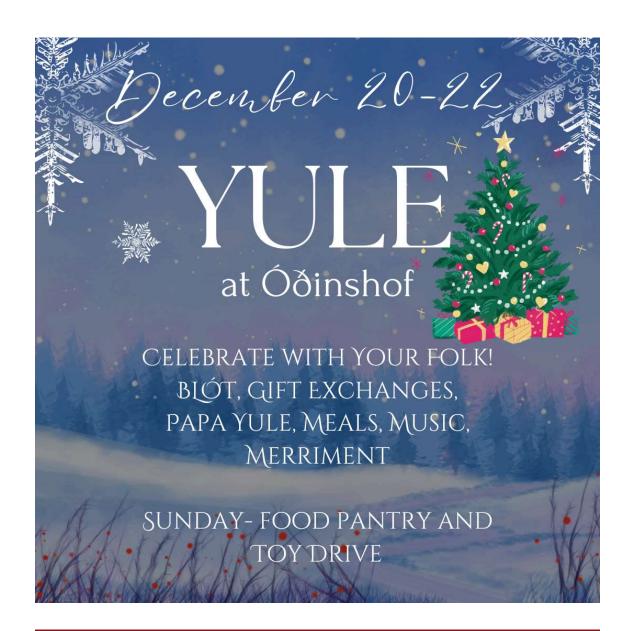


## ODINSHOF WANTS <u>YOU!</u>

Work Weekend and Food Pantry Dec 15 - 16

Food Pantry - Yule prep - Toy give away Kitchen - Tool room - Stage - Cemetery

BSUTHERLAND@RUNESTONE.ORG DODOM@RUNESTONE.ORG TEXT: 530-854-3244



Óðinshof Wish List



Óðinshof Member Ritual Requests



Baby Namings (Ausa Vatni), Coming of Age Rites, Wedding Ceremonies, Vow Renewals, and Óðinshof Cemetery Funerals are special rituals that our members may request to have conducted at Óðinshof!

### **How to Submit a Request?**

Please email all relevant information (your name(s), ritual type, requested Gothar, proposed date for ritual, etc.) to Folkbuilder Olivia Sutherland osutherland@runestone.org. Each request will be evaluated, and we will follow up with you about accommodating your request.

Thank You,

Mivia

Olivia Sutherland

Folkbuilder

osutherland@runestone.org





### Arizona

Additional Arizona Events



CONTACT: OSUTHERLAND@RUNESTONE.ORG

### California

Pumpkin Patch Train!



This month, the Folk went to a pumpkin patch, but not your ordinary pumpkin patch! To get to this pumpkin patch, we had to take a ride on an old-timey, early 1900's electric streetcar train.

The train ride was a pleasant 15-minute journey on original seats with vintage advertisements surrounding us—old ads for tobacco companies, cleaning products, and local businesses from days gone by.



After our short trip back in time, we arrived at our destination, welcomed by the thicket of massive eucalyptus that organizers had turned into an oasis of fall fun. There were all the great attractions children long for—straw bale maze/fortress with twists and turns, slides that led to pits of grain, zip-lines, jump house, air brush tattoo booth, and a challenging pumpkin sling-shot game. Great fun was had by all! Before we knew it, we were the last people leaving the eucalyptus grove on the last train headed back to the train depot.

All in all, it was a fantastic fall experience with our Ásatrú family. I hope to see you at the next one!



Brodie Sutherland
Apprentice Folkbuilder
bsutherland@runestone.org

**Upcoming Events** 

### DINNER MOOT SUTTER BUTTES BREWING

**NOVEMBER 9TH 6PM** 

YUBA CITY, CA

GERMAN BREWERY, GREAT FOOD

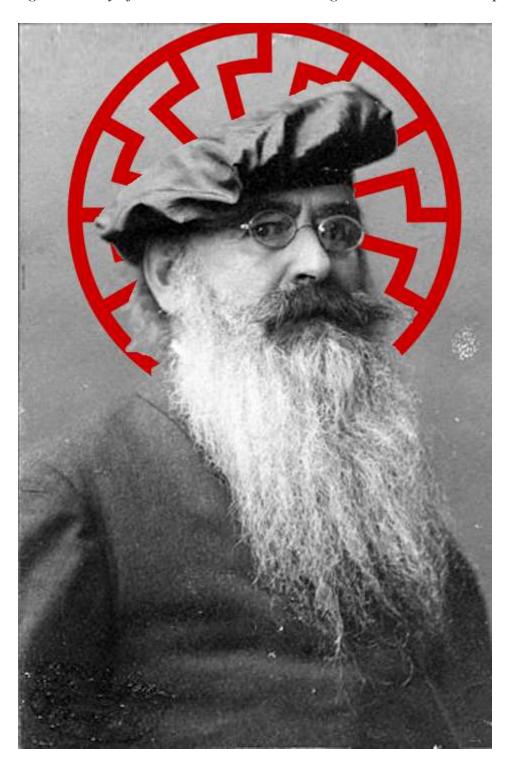
APPRENTICE FOLKBUILDER DANIEL ODOM DODOM@RUNESTONE.ORG -- 530-854-3244







Daniel Odom
Apprentice Folkbuilder
dodom@runestone.org



Our Ladies And Men Folk,

I wish to have a moment of yours to honour a man who was not just a scholar but a visionary and a hero of ancestral wisdom:

Guido von List. Born in 1848 in Vienna, List grew up in a prosperous family but followed his passion for mythology, history, and reconnecting with ancient traditions, especially our Æsir Gods.

List was more than a historian. He was a dreamer and poet who saw beyond the modern world and believed that ancient runes were cosmic guides to our destiny. After cataract surgery in 1902, he had an epiphany while blind and discovered what he called the Armanen runes, which he saw as the key to our ancestors' wisdom. His writings on these runes, like his famous book, *The Secret of the Runes*, laid the foundation for a spiritual revival that influenced us in Ásatrú and other movements.

Despite criticism and resistance, List stood firm. He believed that the values of honour, duty, and loyalty were timeless and essential for guiding future generations. He devoted his life to preserving the old ways and inspiring others to live with purpose and integrity.

Even after his death in 1919, List's legacy continues to inspire us. Today, we remember him not just as a scholar but as a hero who reignited the sacred flame of our heritage. Let us carry his wisdom forward and live lives of nobility, honour, and spiritual strength.

This is why he is the honoured hero of our Hof.

We carry on his teaching for the betterment of our Folk's future.

Hail to Guido von List. Hail to the Æsir. Hail to the future.



Folkbuilder Ryan Skinner <a href="mailto:rskinner@runestone.org">rskinner@runestone.org</a>

Get Out



In many ways, November starts the "most wonderful time of the year"-- a season of giving and getting together distinguished by longer nights and shorter days. We've made it past the surprisingly hot days of early Fall, and now our fireplaces are lit, or electric heaters have clicked on, and we must admit that something has changed.

We've all been hearing "Get Out and Vote" quite a bit recently, but what I urge you to do right now, with the election behind us as this issue goes to Press, is to simply GET OUT. Get out of the house and spend time with your Folk! If you live near a Hof, come to the Feast of Einherjar. If not, do your best to make it out to a moot or social gathering. If none of this seems possible for you, pick up the phone and call someone you care about. Don't spend these colder, longer nights alone. Embrace this time with others.

The Winter Blues are real, my friends, and they can affect anyone. From our young children to the elderly and everyone in between, Folk across the world experience higher levels of stress and negativity during these darker months. Holidays may bring both joy and sorrow. For those who've experienced a loss or specific trauma this year, struggles can be exacerbated and even become unbearable.

Please get out and check on your family, your friends, your Folk. You never know the impact that one little conversation or one warm meal together can make.

Everyone must get out! Even if you're by yourself, go take a walk. Be in nature, soaking up that apricity and Vitamin D. Talk to those who lift you up, and take a break

from those who don't. Set clear boundaries. Set new goals. Take your multi-vitamin. Get enough sleep. Turn up your favorite tunes and sing along. Take care of yourself.

If anyone needs immediate help for their Winter Blues, please call your local Folkbuilder or Goðar. The national crisis hotline is 988, and everyone should have that number handy if you come across an emergency.

Don't be a sad snowman. Be well and hang out with the Folk. With Love.



Folkbuilder Olivia Sutherland osutherland@runestone.org

German Lunch Moot



Last month, I hosted a German Lunch Moot. It was filled with great times, good laughter, and stimulating conversation. There were so many of us we took up two outdoor tables.

Unfortunately, the restaurant was having an Oktoberfest event I was not aware of only an hour and a half into our Moot, so we went up the street to the park, where we hung around enjoying the beautiful fall day and the laughter of the children playing.

### Apple Hill Moot!



Already this month, I hosted a moot at Apple Hill. We met at High Hill which was PACKED full of people. After a while of trying to call each other to figure out who was where, as there was a miscommunication about where to meet, we got the show on the road! We walked around looking at all the cool trinkets and vendors, many people had beautiful workings of Yggdrasil. We chuckled to ourselves that they may not understand the true symbology behind their artwork, but it was beautiful all the same. After a while, we decided to move over to a local brewery that had some mead and end our day there. It was nice sitting around decompressing with a glass of cider and mead just catching up with each other. Definitely a very relaxing day!

### **Upcoming Events**







Folkbuilder Sierra Chapman <a href="mailto:schapman@runestone.org">schapman@runestone.org</a>

**Empire Mine Moot** 



The Empire Mine Moot proved to be an ideal choice for a Sunday afternoon. Empire Mine State Park is located at the edge of Grass Valley, a famous town that came to life with the discovery of gold. Most aspects of the 49er gold rush can be seen at this site.

Even driving by, one can view buildings that appear to be lifted from the English countryside with their architecture of stone and brick. The museum is housed in one of these buildings, with storyboards that explain the mining process and history of the area. One room includes an amazing 3D model made out of wire that shows the whole mineshaft system down to a depth of 13,000 feet.



For us, the docent-led tour of the 19th century buildings and grounds made the trip worthwhile. We saw the splendor of that golden age, while being reminded that the elite guests heard the roar of machinery and cacophony of stamp mills crushing ore 24/7, with Christmas Day being the single day there was no noise.

Add in our picnic lunch under the pines, and the four of us agreed the day provided what we had hoped for. The docent-led tour of the mine yard waits for another Moot to this extraordinary site.

**Upcoming Events** 





Gyðja Sheila McNallen <a href="mailto:sheila@runestone.org">sheila@runestone.org</a>

### Idaho

October in North Idaho



October was an absolutely packed and dramatic month for many of us. My work situation prevented me from helping my brothers directly with their hurricane relief efforts on the ground in North Carolina, but the early part of the month saw me driving out to the middle of Montana to see Folkbuilder Heinlein off on his journey followed by coordinating donations on the home front. We posted up outside of a few willing storefronts across the greater Couer D'Alene area with a donation box hoping to raise awareness and accrue some supplies to send down south. Though we met with little success outside the AFA, a few interesting discussions were had, and I wouldn't consider it a wasted effort by any stretch. Things here in the inland Northwest have remained comparatively mellow for the rest of the month as is typically the norm. That said, activity has begun to pick up as we've seen a small but enthusiastic spike in regional membership over the last month that I expect to be a welcome portent of good things to come.



Two moots were held last month in the Spokane-CDA area; one at a fairly high-profile local distillery in downtown Spokane, and the other at the much beloved Cracker Barrel I'd heard so many good things about but had never been previously. It's getting colder and wetter with snow around the corner, so as winter rolls in likewise we move indoors. I'm a gin guy, so the distillery was a bit of a self-indulgent location choice in a way, but everyone who came had a great time. One of our members brought his girlfriend who was new to the faith and curious to learn more, and we had some worthwhile theological discussions that it sounds like made an impression on her. I have little reason to doubt she'll be coming home sooner rather than later.



Cracker Barrel saw two new families attend, and while discussion never got too heady, I had a wonderful time getting to know them and I think they'll be a great addition to our AFA family. These sort of restaurant moots paired with lore study are going to be what you can expect to see through the winter here in these parts. If you can make it, come on out!



Nick Gunn
Apprentice Folkbuilder
ngunn@runestone.org

Winter Nights in South East Idaho



I hope everyone is doing well as we approach the last couple months of this amazing year. Our Winter Nights Dinner Moot was fantastic. We had great conversation with Folk, shared an amazing meal together, and just enjoyed the company of like-minded Folk.



On November 17th, we will having our Folksgiving moot. I ask all who are coming to please RSVP as I make a lot of food for this one. We hope you all can come enjoy the wonderful company of our Folk. I know we are spread pretty far in this area but don't let that stop you from making the trip here, I promise you won't regret it. My home is also open to all those who need to stay the night due to the longer distances traveled and I make some amazing breakfast burritos for a little more incentive.



Folkbuilder Kyle Reader <a href="mailto:kreader@runestone.org">kreader@runestone.org</a>

# Montana

Hurricane Helene: Victory is Our Responsibility



I'd like to talk to you all about responsibility. Each of us has a litany of things in which we are responsible for in our own lives. We are responsible for the upkeep of our bodies, our strength and our health. We are responsible for our mental fortitude, developing our skills, our passions, and our knowledge. We are responsible for our spiritual growth. We are responsible for our financial well-being. The list goes on.

For many, the ability to maintain their own personal responsibilities is too great for the state they're in. They lack the ability to respond to these basic needs. They lack will power but rarely do they lack direction.

Most of us know what we need to do. We know that being obese is bad for one's health even if people don't know that the statistics put heart disease as the leading cause of death. We know that being in mountains of debt is bad even if people are unaware that the average American is in debt for over one hundred thousand dollars and carry almost ten grand in credit card debt alone. We know the problems and we know what the end goal should look like. Therefore, it's not accurate to say we lack direction.

Perhaps it's fair to say we lack skills or knowledge to get us further on the path. I often tell my guys that I've never seen a baby good at flat roofing. We all build skills from nothing utilizing experience and knowledge acquired through time. This start point shouldn't be viewed as embarrassing, but I do believe that if people felt embarrassed for staying at the start point, we'd have a lot less failures in this world.

By now, dear reader, you'll have noticed I do not mince words when it comes to expectations. This is due to the fact I believe that couching truths creates comfortable spaces for self-delusion to thrive. If I tell someone they're drowning in debt when we go over their finances, they are faced with a hard truth. However, if I tell them they have mild case of negative cash flow position and should address it soon, they can make some surface level changes and be stuck paying twelve percent on a burger for the next forty years of their life as they hopelessly pay off the interest never denting principal. Half-truths lead to failure, and if Victory is a virtue, then perhaps we should reexamine our relationship with failure.

For those men and women who understand these truths and are personally responsible, things take a much more positive turn. Once personal responsibilities are met, one can turn outward to our responsibility to our Folk. When our personal needs are met, we can aid our people. Skills and knowledge can be passed down. Aid can be rendered to our Folk in desperate need. When our people need a hand, there are hands to help. This cannot happen without first achieving Victory in our own lives, and the lack of people willing and able to help, costs lives.

Our broader people struggle from disease, addiction, poverty, abuse, predatory loans, violent crime, and much more. Sometimes natural phenomenon itself turns against our people even if they've transcended the above ailments and maladies. Sometimes the wind and rain comes and it washes away mountains. I've seen the devastation it can

cause and I'm grateful for the Aryan men and women who had the ability to respond and knew that because they had the ability, it was their responsibility to do so.





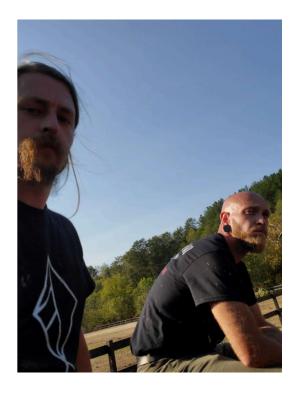
Because of our people's willingness to aid their brethren and their ability to sacrifice what they could, Appalachia received over eight thousand dollars of supplies that were desperately needed. This included food, water, medicine, blankets, sanitation, and more. Livestock and people alike received aid in areas that were overburdened with need. These items were either directly donated or bought with donations from forty-eight people. Less than fifty people made an impact on over a hundred families directly and over ten thousand families indirectly as water was restored to the greater Ashville area.



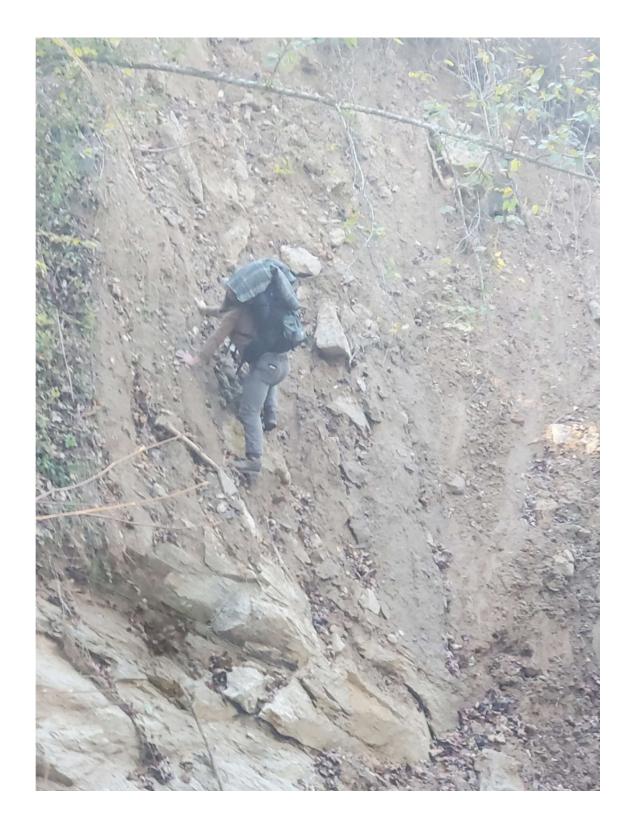
These generous members of our church contributed with their finances. Some members helped coordinate supply runs, work sites, and spreading the word—adding their time that they could spare remotely. Others still showed up in person to get the hard jobs done.

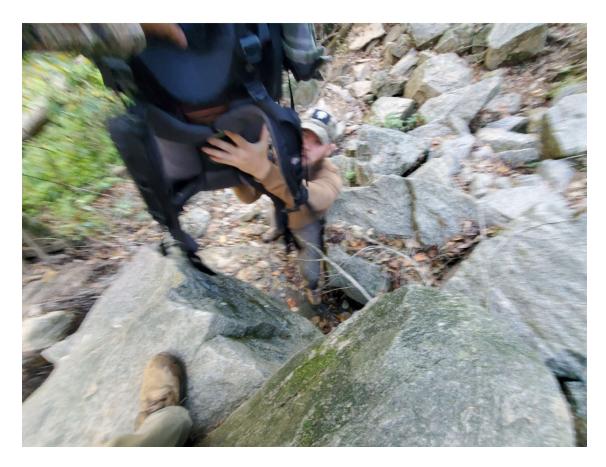




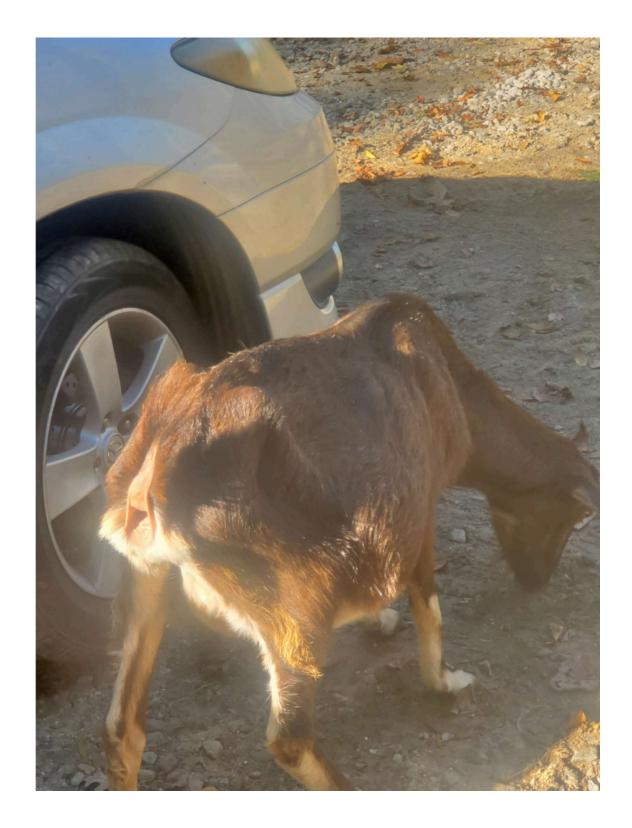


Through the efforts on the ground organized and run by The Odinic Order of the Ulfhidnar, we touched lives. Rotating volunteers in as others had to go home, we managed to keep an average of three people on the ground every day throughout the three-week period of aid. We had eight members in total who came out and rotated as best they could while still adhering to their responsibilities at home and from those eight people we provided over six hundred hours of service to our Folk. Half of which I'm proud to say came from myself and Appalachian man and Folkbuilder Tyler Bethea. Together we made quite the saga out of our efforts because we know that willpower and devotion to our people can turn tragedy into Victory.





The success of our relief effort for the victims of Hurricane Helene was due to two key elements. Firstly, the people of these mountains are hardy folk that understand personal responsibility and duty to their Folk. The community rallied together as best it could and, in the time there, I saw no one shirking their duty to their Folk outside of the cities.





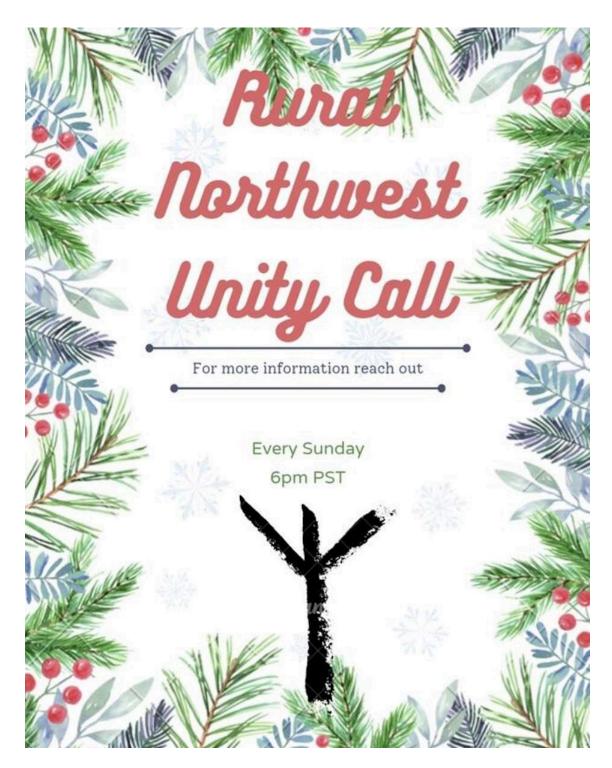
The second one is directly tied to the topic of this article. There were many people who wished they could come out or afford to donate and were unable to do so. I truly understand this position they found themselves in but I encourage them to keep striving in their personal lives and achieve the level of self-sufficiency they need to truly be responsible for their own well-being. We will always aid you in this endeavor, and that aid is only a phone call away.

That said, good intentions without action did not change lives. It was our people who stepped up that were in a position to do so.



10/23/24 Victory Never Sleeps, Episode 120 - Carolina Hurricane Relief https://youtu.be/LmV9rv60VNE

Those men and women sacrificed what they could in order to help alleviate their Folk's suffering. They took time off work, spent their hard-earned income, ferried supplies, and more because they knew they had a duty to do so, a responsibility. To those men and women, I thank you. Appalachia thanks you.





Folkbuilder Tyler Heinlein <a href="mailto:theinlein@runestone.org">theinlein@runestone.org</a>

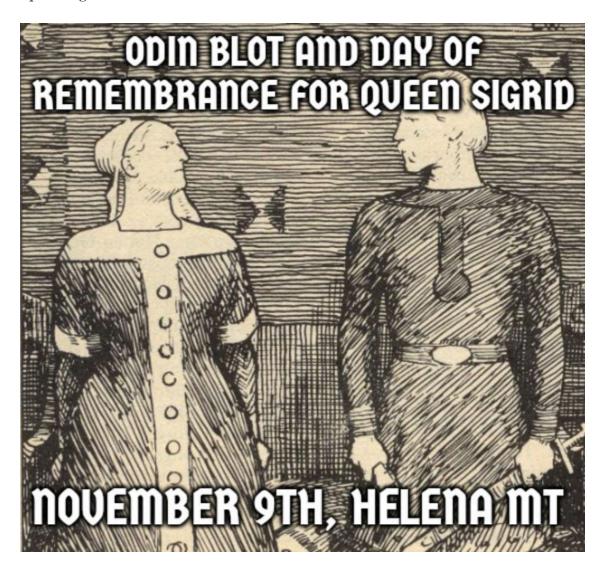


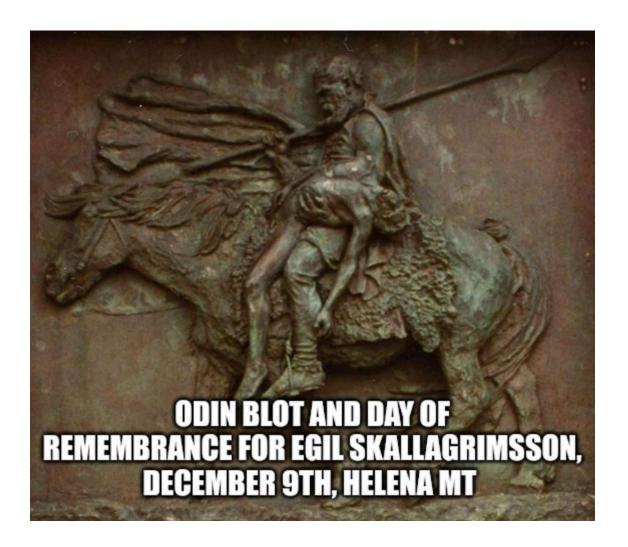
On Wednesday October 9th, a Day of Remembrance for Meister Guido von List and Óðinn Blót was held in Helena, MT. Members of the Lilla Ullevi Kindred and friends came together to honour Meister von List, and the one who gifted him his knowledge. Hail the Masters of the Runes!



Our Kindred's Winter Nights was held on October 26th. A small and intimate event, where we honored our Ancestors and the Disir, enjoyed each other's company, and watched on as the next generation played. We feasted and talked well into the night.

The veil is thin, and we welcome our departed loved ones, talk to them, and hope that they are looking on in approval. Hail the Ancestors and Disir!







Folkbuilder Ryan Harlan <a href="mailto:rharlan@runestone.org">rharlan@runestone.org</a>

## Nevada

October's Alsherjargoðic Dinner



Another wonderful dinner with wonderful Folk. These dinners are very special to my family, and I and are always very happy to have our AFA family around our table. Please join us is you are able on the 23rd for our next Alsherjargoðic Dinner. See you there!

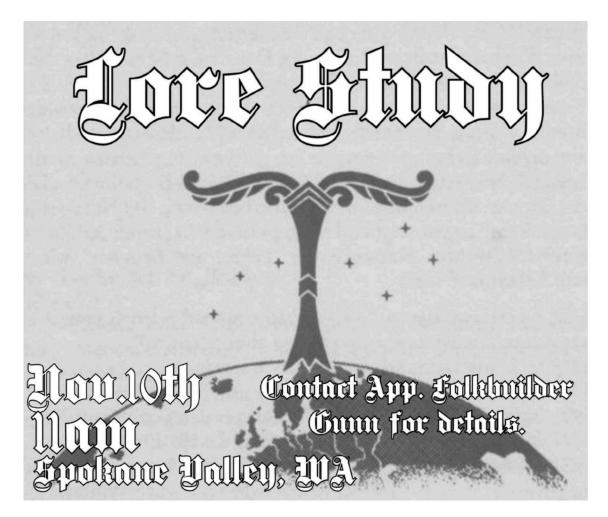




Matthew D. Flavel
Alsherjargoði, Asatru Folk Assembly
mattflavel@runestone.org

## Oregon

## Washington





Nick Gunn
Apprentice Folkbuilder
ngunn@runestone.org

## Be a Doer



We need you to volunteer for the AFA!

Yes, you. We have work to do and need folk who are artists, editors, writers, accountants, lawyers, publicists, reputation managers, professionals of all manner, technical support, web developers, system admins, tradesmen, craftswomen, and

more. See the list of amazing projects we have below. We will find a way for you to help our Folk.

Please email <u>volunteer@runestone.org</u> to help us make a difference in our world.

# Eir's Blessings



Everybody needs a little extra help sometimes. Women, being the frithy creatures that we are, are uniquely suited to the task of manipulating energy for the purpose of healing. Magic, you could say. Do you have a health concern and need a little extra energy? Are you battling with a depression or PTSD? Is your baby having a hard time with teething? Please reach out to us about these important concerns!

Once a month, women of the AFA get together to perform healing rituals all across the

globe. If you would like to be included, please send a message to let us know!

At the same time, Women of the AFA! If you are interested in helping to create a frithful, healing magic, please let us know! It's easy, but it makes a huge difference to those in our community who need our help!

You can reach us at <u>EirsBlessings@runestone.org</u>

## **Photo Donations**

We have a real need for hi-res photographs of our members' gathering, being active in their kindreds, and showing what it means to live Asatru!



If you are willing to donate some hi-res photos for

use in promotions such as the AFA Calendar, the AFA website, our publications, and more please email them to the AFA at <a href="mailto:photos@runestone.org">photos@runestone.org</a>. The larger the resolution the better, so please email them from the device where the photo was taken.

# **Folk Services**



For some, it may be a natural disaster. For others an unexpected change in health, and for some just an unforeseen chain of events. Whatever the case may be sometimes we find ourselves in a sticky situation, and although we try and to work and do our best to pull ourselves out, sometimes we may need the help of our Folk community to give us a hand up...

That's when our folks Services Program comes in. We give one-time monetary grants to those members in need. These folks are so grateful and we know that once they get back on track they will contribute to this fund. For those that are able, we are in need of funds so we can be prepared for when these situations arise in our community. If you're able please place a donation today. Even a

small donation adds up in the grand scheme of things and even \$5 or \$10 can help if enough people pitch in. If even a fraction of the folks who like the page did that each month, imagine the possibilities!

AFA Folk Services is intended to provide modest, one-time monetary grants to AFA members in dire need of basic services. It is also to be a source for referrals and information to help members get help beyond what the AFA can directly provide. For more information, please email <u>folkservices@runestone.org</u>.

Your contributions are earnestly solicited and of course, are tax-deductible! Please donate to Folk Services or one of our other AFA Fundraisers at <a href="http://www.runestone.org/donate/">http://www.runestone.org/donate/</a>.

Thanks in advance!

# **Last Will and Testament**

Recently, several members of our AFA family have passed beyond the veil. One was an old man in ill health, two were young men in the prime of life... all died with no legal will on record. Sadly, in two of these cases, our dead AFA members did not have their wishes respected regarding their funerals nor the final resting places of their remains.



We never know when tragedy will strike. We have a responsibility to our loved ones, we have a responsibility to our own legacies, to plan for our passing, and to make our wishes known. Planning for and contemplating our death is uncomfortable. Hopefully, we all have plenty of time for that down the road, but we can't count on that. Maybe we worry about expenses or hiring a lawyer. We all have excuses to put things off until later, unfortunately, sometimes the clock runs out before "later" happens.

We have found an amazing resource for our U.S. members to make legally binding wills in minutes online for **free**. This site also has resources to make Advanced Medical Directives and Powers of Attorney. It takes only **minutes** at <a href="https://www.doyourownwill.com/">https://www.doyourownwill.com/</a>.

Please make your will today.

The AFA would like to collect signed original copies of wills for all our members and store them. We want to ensure that when members of our AFA family die, their wishes are honored. Please send these to:

Allen Turnage PO Box 16027 Tallahassee FL, 32317



Witan Allen Turnage <a href="mailto:aturnage@runestone.org">aturnage@runestone.org</a>



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